

**Regional Mental
Health & Substance
Abuse Training
Initiative**

*How to Identify and Assist
an Individual with
Co-Occurring Disorders:
Strategies to Maximize
Success*



**Friday, October 3, 2003
9:00 a.m. — 3:15 p.m.**

Sponsored by

**Metropolitan Washington Council of
Governments**

Co-Occurring Disorders Committee

*CEU's through DC Metro NASW & Contact
Hours Provided*

Metropolitan Washington Council of Governments
777 North Capitol Street, NE
Suite 300
Washington, DC 20002-4239

Return Registration Form To:

Metropolitan Washington Council of Governments
Regional Health, Substance Abuse and Mental Health
Programs

777 North Capitol Street, NE, Suite 300, Washington,
DC 20002

(202) 962-3204 (Fax); (202) 962-3275 (Phone)

Contact Hours & CEU's through DC Metro NASW

Registration Fee: **\$35.00** per person

Please enclose check payable to **MWCOG**.

**Registration is limited and available on a first
come first serve basis**

Name

Address

Email

Telephone

Fax

Training Objectives

Participants will be able to:

- Understand the essentials of providing effective dual diagnosis assessment
- Identify and implement treatment strategies
- Apply working knowledge of assessment and treatment planning with case vignettes
- Understand the issues involved in referring clients to additional services

Who Should Attend

- Mental Health Therapists
- Substance Abuse Therapists
- Social Workers
- Dual Diagnosis Therapists
- Other Treatment Providers
- Managed Care Corporations
- Public Health Practitioners
- Case Managers



Directions

Metropolitan Washington Council of Governments
777 North Capitol Street, NE, Suite 300
Washington DC 20002
(202) 962-3275

Metro Red Line - Union Station
First Street Exit, 1 ½ Blocks to G Place,
Left on G Place
777 North Capitol Street, NE,
Corner of G Place & North Capitol Street

How to Identify and Assist an Individual with Co-Occurring Disorders: Strategies to Maximize Success

Training Agenda

- 8:30 Registration, Continental Breakfast, Networking
- 9:00 Welcome & Introductions
*Gary Lupton,
Chair, COG Co-Occurring Disorders Committee / COG Substance Abuse & Mental Health Committee*
- 9:15 Presentation: Assessment Essentials
Gary Lupton, LPC, LMFT, LSATP, CSOTP
- 10:30 Break
- 10:45 Case Study Work Session I
- 11:45 Lunch
- 12:45 Presentation: Treatment Planning
*Ed Hendrickson, LMFT, LSATP
Arlington County Alcohol & Drug Treatment Program*
- 2:00 Break
- 2:15 Case Study Work Session II
- 3:15 Evaluation and Closing

About the Presenters

Edward Hendrickson, LMFT, LSATP is a clinical supervisor with the Arlington County Alcohol and Drug Treatment Program. Mr. Hendrickson has provided treatment, supervision, training and consultation in the area of substance abuse since 1971, and has specialized in the area of co-occurring disorders since 1982. He has authored a number of publications on these subject areas. He served as Co-Chair of COG's Committee on Co-Occurring Disorders for over ten years and he and a colleague received an achievement award from the National Association of Counties in 1991 for their work with clients with co-occurring disorders.

Gary Lupton, LPC, LFMT, LSATP, CSOTP is a mental health manager for Fairfax/Falls Church Community Services Board, Office of Mental Health Services. He is the Site Director for the Mount Vernon Center for Community Mental Health where he oversees several programs. He serves as the Chair to two COG committees (the Co-Occurring Disorders Committee and the Substance Abuse and Mental Health Committee). Mr. Lupton has extensive experience in working with people with co-occurring disorders in outpatient, residential, and correctional settings. He also has a small private practice in Stafford County, Virginia.

About the Sponsors

The COG Co-Occurring Disorders Committee was formed in 1990 by public and private professionals representing the substance abuse and mental health fields. Together they seek to: a) increase awareness of co-occurring disorders; b) promote and develop treatment resources for the dually diagnosed clients throughout the region; and c) provide for state-of-the-art education and information among professionals in the field.

For information or to join the Committee, contact Marilyn Schmal, LPC, LSATP, Arlington County Division of Behavioral Healthcare (703) 228-4855.