



BIKE TO WORK DAY 2026

Event Overview and TPB Proclamation

Zachary Baldwin, Southwest Business Improvement District
Chair, Bike to Work Day Steering Committee

National Capital Region Transportation Planning Board
April 15, 2026

Background

- Bike to Work Day is a regional event co-organized by TPB's Commuter Connections program and the Washington Area Bicyclist Association
- TPB staff facilitates Bike to Work Day Steering Committee
- Coincides with National Bike Month and Bike to Work Week
- Celebrates bicycling as a clean, viable, and healthy way to get to work
- Focuses on bike commuting, aligns with Commuter Connections' TDM mission of promoting sustainable and cost-effective commute modes
- First mile/last mile

Friday, May 15, 2026

Local Pit Stop Events

- Bike to Work Day's 25th Anniversary
- 107 “pit stops” located within 23 COG jurisdictions
- Participants given free T-shirt and bike raffle entry
- Pit stops also offer refreshments, swag, and other raffle entries
- Convoys are led by experienced volunteer bike commuters to help reduce barriers for first-time cyclists



DC NW - West End American College of Cardiology pit stop

Special Guests and Pit Stop Activities



DC SW Capitol Hill at House Office Buildings pit stop



Prince George's County - Largo/Kettering/Perrywood pit stop

Marketing Support

FREE EVENT
BIKETOWORKMETRODC.ORG
 REGISTER FOR
 FREE T-SHIRT* & BIKE RAFFLE
 WORKING FROM HOME?
 BIKE TO YOUR LOCAL PIT STOP & BACK HOME
 FREE REFRESHMENTS & GIVEAWAYS
 AT PARTICIPATING LOCATIONS, WHILE SUPPLIES LAST

BIKE TO WORK DAY 2026
FRIDAY, MAY 15
25TH ANNIVERSARY

Register for free at BIKETOWORKMETRODC.ORG
 800.745.7433

Visit biketoworkmetrodc.org for pit stop locations and times.
 *T-shirts available at pit stops to first 5,000 registrants.
 Pit stops in D.C., Maryland, and Virginia!

The Bike to Work Day event is a program of the Metropolitan Washington Council of Governments and is funded by MDT, MDOT, VDOT, and USDOT.

#BTWD2026

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EVENTO GRATUITO
CAMISETA GRATIS* Y EL SORTEO DE UNA BICICLETA
REGÍSTRESE HOY EN BIKETOWORKMETRODC.ORG
 REFRIGERIOS Y OBSEQUIOS EN LOS LUGARES QUE PARTICIPAN HASTA AGOTAR EXISTENCIAS.

DÍA DE LA BICICLETA PARA IR AL TRABAJO 2026
VIERNES 15 DE MAYO
25TH ANIVERSARIO

Regístrate gratis en BIKETOWORKMETRODC.ORG
 800.745.7433

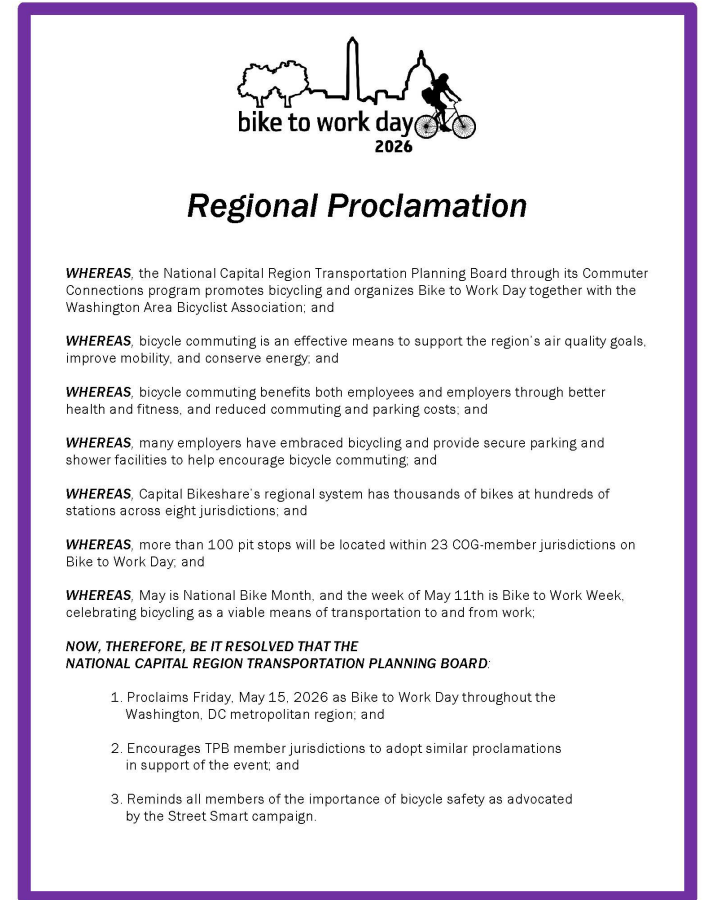
Visita biketoworkmetrodc.org para más información acerca de los paradas localizadas en la ruta y los locales. *Camisetas disponibles en las paradas en la ruta a los primeros 5,000 participantes que se registren. Paradas en la ruta en D.C., Maryland, and Virginia!

El evento del Día de la Bicicleta para ir al trabajo es un programa de Metropolitan Washington Council of Governments y está financiado por MDT, MDOT, VDOT, y USDOT.

#BTWD2026

TPB Regional Proclamation

- Recommendation for TPB to proclaim Friday, May 15th as Bike to Work Day throughout the region
 - ✓ Supports regional cohesion by focusing on one regional event date
 - ✓ Generates awareness for media outlets
 - ✓ Inspires local jurisdiction proclamations
 - ✓ TPB members invited to attend local pit stops



COG/TPB Staff Contact Info

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