National Capital Region
Transportation Planning Board

November 12, 2026

National Capital Region Freight Plan Update

TPB Freight Subcommittee Meeting



Agenda

- Introductions & Project Objectives
- Project Schedule
- Stakeholder Engagement Strategies
- Policy and Plan Synthesis
- Next Steps

Introductions

CPCS Team



Kristen Scudder, CPCS

Project Manager



Donald Ludlow, CPCS

Project Director



Jia Yuan, CPCS

Project Coordinator

RSG the science of insight®

Dr. Alison Conway, Independent Consultant

MWCOG Team



Janie Nham, MWCOG

Project Manager



Tom Harrington, MWCOG

Project Director



Ceriann Price, MWCOG

Project Coordinator

Meeting Goal

In today's meeting, we want to:

- Discuss the project objectives, schedule, and approach
- Clarify the role of the TPB Freight Subcommittee in the development of the Freight Plan
- Share project progress thus far
- Gather committee input on project direction

Meeting Logistics - Mentimeter



Throughout this session, please share any thoughts, reactions, feedback, or questions.



Responses will be anonymous, and you can submit as many as you'd like.



The inputs will be used as talking points for future discussion and as feedback for the study.



Results will be presented on the final discussion slide.

Scan the QR Code to Submit your Feedback

INSERT QR CODE

Mentimeter – Multiple Choice

What sectors do you represent?

- Public
- Private
- Non-Profit
- Other

What has changed since the last Freight Plan?

- Continued growth in e-commerce and last-mile deliveries
- Post-pandemic shifts in supply chains and freight demand
- Increasing congestion and pressure on key freight corridors
- Growing competition for industrial land and freight-supportive uses
- New freight opportunities from air cargo expansion to regional development

Project Objectives

*Deliver a **clear freight vision, well-defined objectives**, and a **focused, implementable strategy** that responds to emerging challenges while sustaining system efficiency and regional competitiveness.*

The planning process will:



Develop an Updated Freight Plan



Conduct Data-Driven Freight Analysis



Align with Federal Requirements



Evaluate Freight Policy Issues



Demonstrate Economic Importance of Freight



Engage Stakeholders

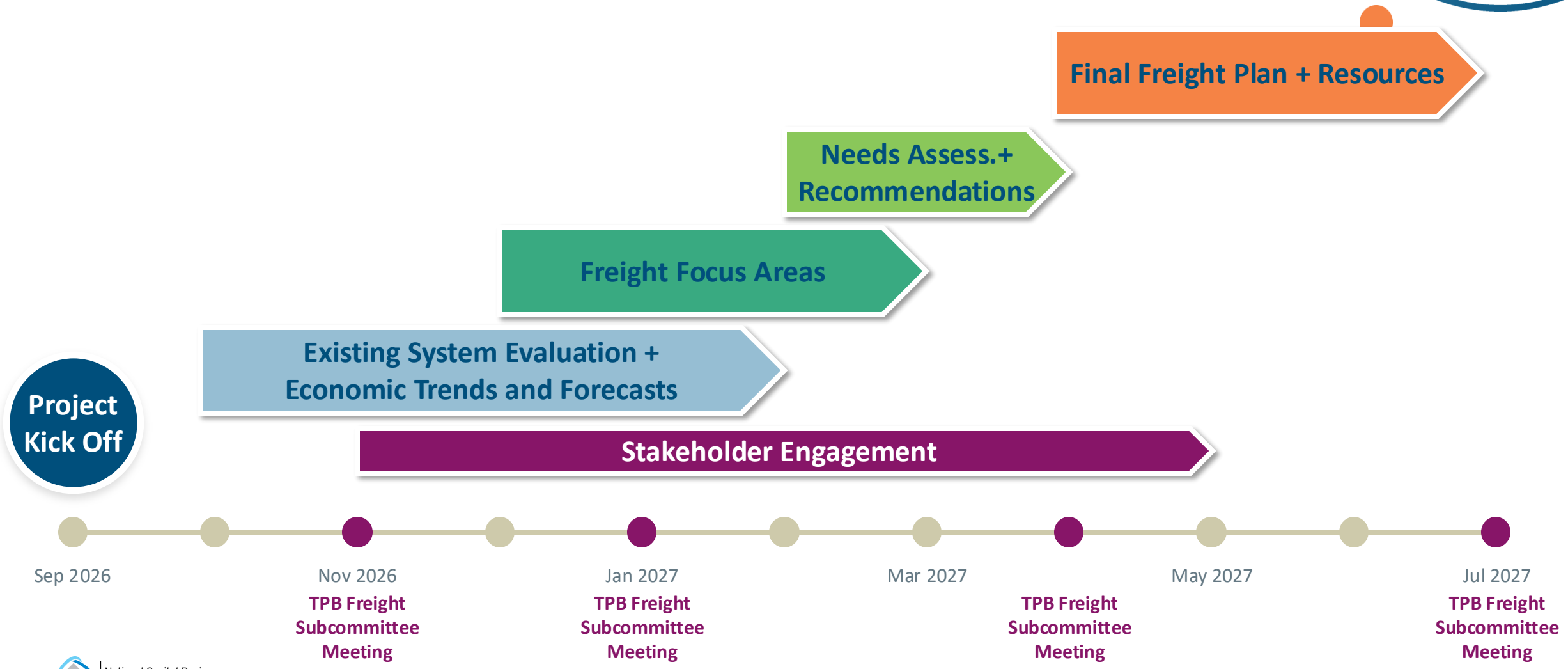


Develop Public-Facing Tools

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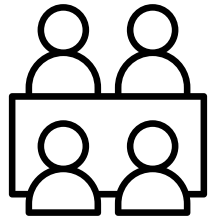
Project Schedule



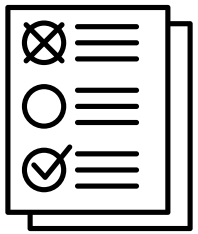
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- **Stakeholder Engagement Strategies**
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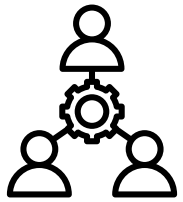
Stakeholder Engagement Strategies



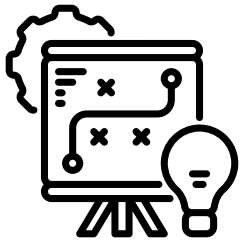
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Freight Subcommittee Meetings



1
Online Questionnaire



2
Targeted Stakeholder Meetings



Coordination with other Committees

Stakeholder engagement will be conducted throughout the project.

The Role of TPB Freight Subcommittee

Help us stay aligned with the bigger picture.

Expectations:

- Provide **context and strategic guidance** during the TPB Freight Subcommittee Meetings
- Aid the project team with **local data and coordination**
- Provide **verbal or written comments** on study findings and deliverables
- Advise on **recommendations**, ensuring their **alignment** with other relevant planning items and policies

Freight Subcommittee Meetings



November
2026

Meeting 1

Present the project scope, vision and goals, expected deliverables/outcomes, and stakeholder engagement strategies for committee feedback.



January
2027

Meeting 2

Share freight and economic profile analysis.

Gather input on trends and regional needs.



April
2027

Meeting 3

Review identified regional needs and proposed plan recommendations and strategies



April or July
2027

Meeting 4

Present final plan results and recommendations with the committee

Key Stakeholder Categories

Public

- State Transportation
- State Economic Development
- County Transportation
- County Planning
- County Economic Development
- Airports
- Regional Planning
- Local Enforcement

Non-Profit

- Professional Associations
- County Chambers
- Business Improvement Districts
- Professional Associations
- Freight workforce representatives

Private

- Railroads
- Parcel and last-mile delivery
- Shippers and distributors
- Food and grocery distribution
- Warehouse, distribution center, third-party logistics operators
- Industrial real estate and economic development organizations
- Truck carriers and logistics providers
- Mining and Aggregates

Mentimeter – Open-ended Question

What agencies and organizations would you suggest we reach out to for this freight plan update?

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Visualize 2050: TPB Goals

- Safety
- Affordable and Convenient Mobility Options
- Well-Maintained Infrastructure
- Environmental Protection
- Travel Time Reliability
- Resilient Region
- Efficient System Operations
- Livable and Prosperous Communities

Policy and Plan Synthesis – Issues Require Regional Coordination



Truck Parking

Long-term and staging truck parking supply coordination; corridor-level supply monitoring; coordinated local land-use policy .



Freight Rail Capacity

Long Bridge, the Washington-Richmond corridor, and the Northeast Corridor



Freight Routing and Operational Information

Consistently communicate truck routes, restrictions, closures, construction, emergencies, and oversize/overweight routing across jurisdictional boundaries.



Freight Data and Performance

Improved freight data, common performance evaluation, and regional or interstate information sharing.

The jurisdictions share core freight priorities and practices but have distinct areas of emphasis.

Policy and Plan Synthesis – Shared Priorities and Practices

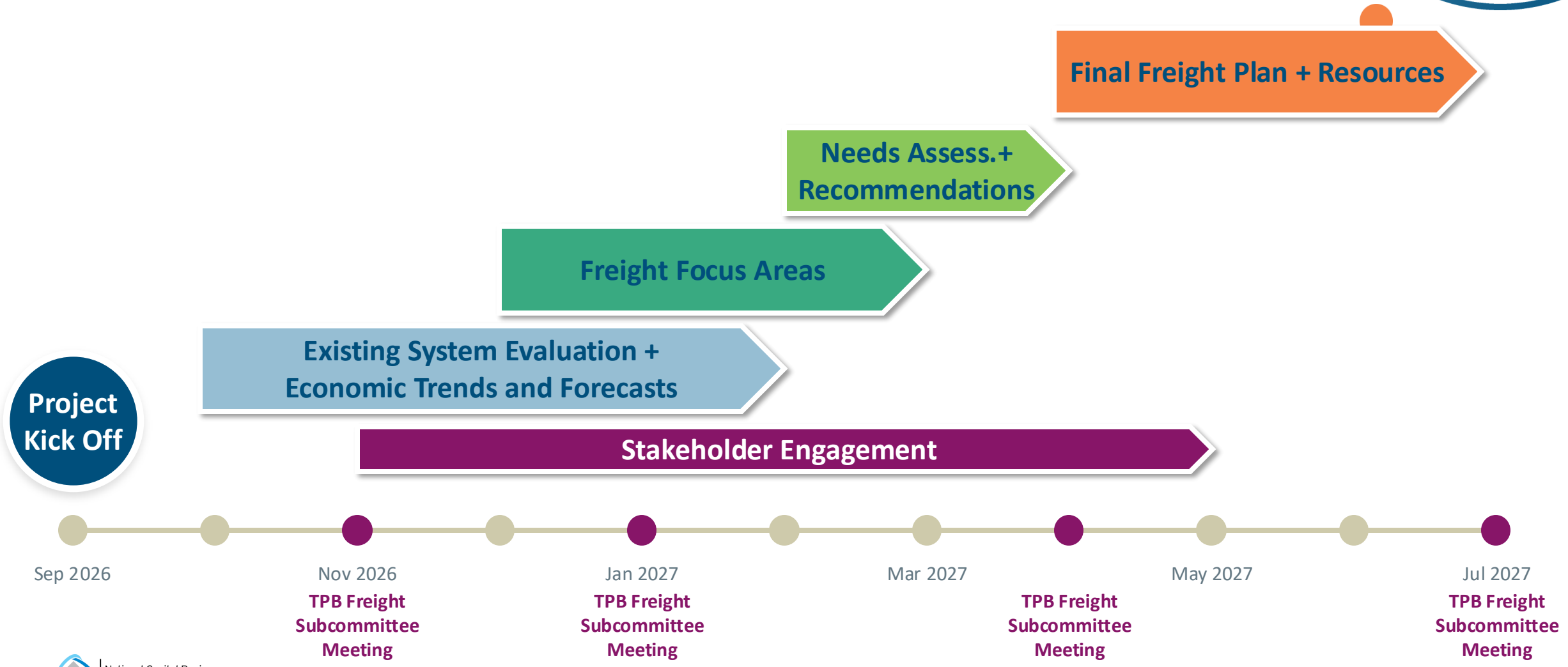
A review of 25+ freight and modal transportation plans across the MWCOG region revealed four common priorities and practices.

	TPB Goals							
Shared Priorities and Practices	Safety	Well-maintained infrastructure	Travel time reliability	Efficient system operations	Affordable and convenient mobility options	Environmental protection	Resilient region	Livable and prosperous communities
Corridor Reliability and State of Good Repair		✓	✓	✓			✓	✓
Truck Parking Supply Shortage	✓	✓	✓	✓		✓	✓	✓
Rail Capacity on Shared Networks				✓	✓		✓	✓
Freight Data and Technology	✓	✓	✓	✓	✓	✓	✓	✓

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Project Schedule



Focus Area Mentimeter - Ranking

We will hone in on 1-3 key challenges and issues that impact the freight movements in the region. Can you help us prioritize and select the topics to focus on?

E-commerce trends
Curbside management and last-mile delivery
Safety and security (i.e. Hazmat, etc.)
Intermodal facilities
Truck parking
Resiliency of freight transportation network and supply chains
Interactions of freight rail and commuter/passenger rail
Community impacts of freight
Labor trends, practices, and training
Connected and autonomous vehicles (CAV) and trucks
Truck and rail electrification/de-carbonization
Other disruptive technologies

MentiMeter – Open-ended Question

Which of the following trends or changes do you see shaping freight movements (i.e., how much freight moves, where it goes, and how it is transported) in the region? Please rank your top three

- Population and household change
- Employment and productions changes
- Costs and development patterns
- Trade and sourcing shifts
- Delivery and vehicle technology
- Environmental and resilience factors
- Other

Thank you!

For questions on the update to the National Capital Region Freight Plan, please contact:

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OR

Janie Nham, MWCOG
MWCOG Project Manager
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November
2026

Meeting 1



January
2027

Meeting 2



April
2027

Meeting 3 (OPTIONAL)



April or July
2027

Meeting 4