

Regional Activity Centers Map

based on the COG Round 10.0 Cooperative Forecast

Approved May 14, 2025 by COG Board of Directors

District of Columbia

- 1. Monumental Core
- 2. Southwest Waterfront
- 3. Downtown DC
- 4. Downtown East DC
- 5. West End
- 6. Golden Triangle
- 7. U Street/Howard University
- 8. Adams Morgan/Dupont
- 9. Georgetown
- 10. Friendship Heights/Tenleytown
- 11. Former Walter Reed/Upper Georgia Ave
- 12. Petworth/Parkview
- 13. Columbia Heights
- 14. North Capitol Crossroads
- 15. Convention Center/Shaw
- 16. NoMA
- 17. New York Ave NE
- 18. Brookland/Catholic University
- 19. Rhode Island Ave Metro
- 20. Takoma Metro
- 21. Minnesota Ave and Benning Road Metro
- 22. H Street
- 23. Capitol Hill
- 24. Capitol Riverfront
- 25. Stadium-Armory
- 26. Anacostia/Poplar Point/St. Elizabeths

Montgomery County

- 27. Metropolitan Grove
- 28. Germantown
- 29. Clarksburg
- 30. Frederick Ave Corridor/Lakeforest Mall
- 31. Olde Towne Gaithersburg
- 32. Shady Grove
- 33. King Farm/Shady Grove Metro
- 34. Glenmont
- 35. Kensington
- 36. Wheaton
- 37. White Oak
- 38. Takoma/Langley Crossroads
- 39. Silver Spring
- 40. Bethesda
- 41. Medical Center/NIH
- 42. Grosvenor
- 43. North Bethesda
- 44. Twinbrook and Rockville Pike
- 45. Tower Oaks
- 46. Rock Spring
- 47. Rockville Town Center
- 48. Montgomery College-Rockville
- 49. Falls Grove and Research Boulevard
- 50. Life Sciences Center/Crown Farm
- 51. Kentlands

Prince George's County

- 52. National Harbor
- 53. Oxon Hill
- 54. Branch Ave
- 55. Suitland
- 56. Naylor Rd-Southern Ave
- 57. Greenbelt
- 58. UMD Purple Line
- 59. West Hyattsville Metro
- 60. Port Towns
- 61. Hyattsville Crossing
- 62. College Park Metro
- 63. New Carrollton
- 64. Landover Metro
- 65. Capitol Heights-Addison Road
- 66. Morgan Boulevard
- 67. Largo Town Center
- 68. Landover Gateway
- 69. Bowie
- 70. Laurel
- 71. Westphalia Town Center

Arlington County

- 72. Ballston
- 73. Langston Boulevard
- 74. Washington Street/East Falls Church Metro
- 75. Virginia Square
- 76. Clarendon
- 77. Rosslyn
- 78. Court House
- 79. Columbia Pike
- 80. Pentagon City
- 81. Pentagon
- 82. Crystal City
- 83. Shirlington
- 84. Bailey's Crossroads-Western Gateway

City of Alexandria

- 85. Eisenhower West/Landmark/Van Dorn
- 86. AlexWest-Beauregard
- 87. Potomac Yard
- 88. Old Town Alexandria/Old Town North
- 89. Braddock Road Metro
- 90. Carlyle-Eisenhower East

Fairfax County, Falls Church and City of Fairfax

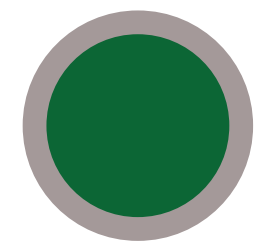
- 91. Centreville
- 92. George Mason University
- 93. Fairfax City
- 94. Fairfax Center
- 95. Dulles/Route 28 Corridor
- 96. Town of Herndon
- 97. Wiehle-Reston East
- 98. Reston Town Center
- 99. Herndon Metro
- 100. Vienna Metro
- 101. Town of Vienna
- 102. Merrifield
- 103. Tysons
- 104. McLean
- 105. West Falls Church/West Broad Street
- 106. East End/Seven Corners
- 107. Annandale
- 108. Beltway South
- 109. Franconia-Springfield
- 110. Beacon-Groveton
- 111. Huntington-Penn Daw
- 112. Bush Hill/Van Dorn Street Metro
- 113. Hybla Valley-Gum Springs
- 114. Lorton
- 115. Fort Belvoir North

Loudoun County

- 116. Leesburg Core
- 117. Ashburn Station/Loudoun Gateway
- 118. Route 28 Central
- 119. Dulles Town Center
- 120. Route 28 North
- 121. North Ashburn
- 122. Route 28 South
- 123. Arcola

Prince William, Manassas and Manassas Park

- 124. Gainesville
- 125. Sudley
- 126. Innovation Park Town Center
- 127. Downtown Manassas
- 128. Manassas Park
- 129. Yorkshire
- 130. Fetter Park/Dumfries
- 131. Quartz District
- 132. Potomac Town Center
- 133. Potomac Mills
- 134. The Landing at Prince William
- 135. North Woodbridge Town Center
- 136. Potomac Shores



Regional Activity Center



High Capacity Transit



Future High Capacity Transit



Highway



Metropolitan Washington
Council of Governments

Each half-mile circle represents the approximate location of a Regional Activity Center. Some circle locations have been adjusted to increase map legibility and avoid overlapping.

Multi-Jurisdiction RACs

District of Columbia and Montgomery

- 10. Friendship Heights/Tenleytown
- 20. Takoma Metro

Montgomery and Prince George's

- 38. Takoma/Langley Crossroads

Arlington and Falls Church

- 74. Washington Street/East Falls Church Metro

Arlington and Fairfax County

- 84. Bailey's Crossroads-Western Gateway

Falls Church and Fairfax County

- 105. West Falls Church/West Broad Street
- 106. East End/Seven Corners

Frederick County

- 137. Brunswick
- 138. The Golden Mile
- 139. Urbana
- 140. South Frederick
- 141. Northeast Frederick
- 142. Downtown Frederick
- 143. Ballenger Creek

Charles County

- 144. La Plata
- 145. Waldorf