

# Korean Community Service Center of Greater Washington



# Mission

KCSC's mission is to assist and empower Asian Americans and new immigrants to become well-adjusted and fully contributing members of the United States through social services, education, advocacy, and development of resources.

# Vision

To promote the well-being and quality of life of Asian American community members.



**52**  
years



**12,000**  
Asians served



**250+**  
Volunteers

# OFFICE LOCATIONS



**Annandale Office  
Headquarters**

7700 Little River Tnpk.



**Centreville, VA  
Office**

15451 Lee Hwy #1110



**Gaithersburg, MD  
Office**

Quince Orchard Blvd.



**Silver Spring, MD  
Office**

700 Buckingham Dr

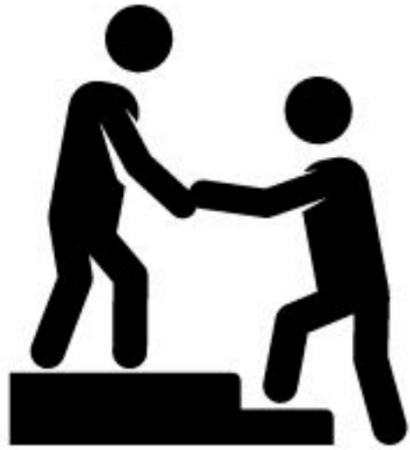


**Columbia, MD  
Office**

8865 Stanford Blvd



# + Our Services



Social Services



Health Promotion



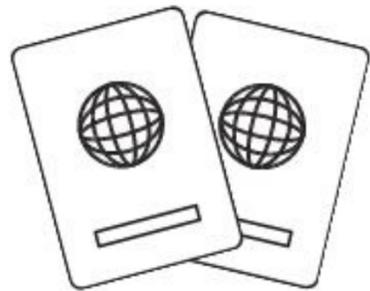
Family Enrichment



Victim Services



Mental Health Services



Immigration Services



Education Classes



Senior Empowerment

## SOCIAL SERVICES

- Social Security Benefits
- Medicare
- Medical Assistance for Adults and Children
- SNAP/FSP (Food Stamps)
- Housing and more..



## VICTIM SERVICES

- Individualized case management
- Counseling
- Legal assistance in collaboration with community legal organizations
- Awareness education on domestic violence, sexual abuse, and teen dating violence
- Domestic violence prevention seminars and workshops
- KCSC 24/7 domestic violence hotline (1-888-987-4561)

# KCSC Programs

## 1. Social Services

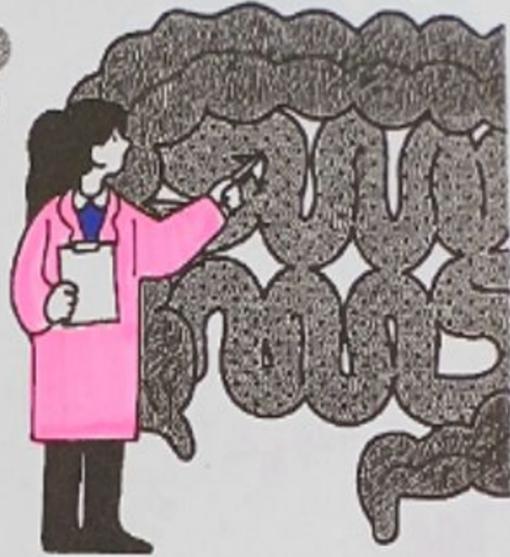
## 2. Health Services

- Community Health program  
(Annual Health Fair, Free Medical Counseling, Cancer Screening, Dental Care, Vaccination, and etc.)
- Mental Health Program
- Public Health Research Program

## 3. Family Services



# 50세 이상 누구나 무료 대장암검진 받고 선물 챙기세요!



## 이벤트 안내

문의 ☎ 1577-1000



검진기관 찾기

**일정** 2024년 5월 1일 ~ 7월 31일

**대상** 대구·경북 건강보험가입자(피부양자 포함)

**방법** 이벤트 기간 내 대장암검진(분변잠혈검사) 받으면 자동 참여

**사은품** 1,000명 추첨하여 CU편의점 모바일상품권 5,000원권 제공

**당첨자발표** 2024년 9월 중, 모바일 상품권 문자발송

※ 문자발송을 위해 문진표에 휴대전화번호 반드시 기재 요망

## 채변통 사용방법



1 대변용기 뚜껑에  
달라있는 스푼을  
이용하여

2 3군데 떨어  
엄지손톱 크기  
경도로 채취하고

3 치가운 곳에  
보관하여 병원에  
제출합니다

50세 이상은 매년  
무료 대장암 검진을 권장합니다!

**검진연령** 50세 이상(남녀공통)

**검진주기** 매년(분변잠혈검사)

※ 분변잠혈검사 양성 - 대장내시경 무료 (수면비용 별도)

## Who We Serve are People with language barriers

"Can you understand this letter?"

You're now looking at a letter in Korean about free cancer screenings.

**Feeling confused?**

That's what many in our community with **language barriers** face every day.

- They are excluded from equal access to healthcare due to language barriers and fear of not understanding the system.



## Who We Serve are People without Insurance

- **Many Asian immigrants face financial barriers and often remain uninsured.**
- **Tend to skip regular checkups and only seek care in emergencies.**
- **Results in higher medical costs, delayed diagnoses, and greater mental stress and isolation.**

I've been in the U.S. for over 35 years, **but I've never had a proper health check-up. Without insurance,** I rarely received real medical care. Before I found out about KCSC's programs, I just endured the pain and got by with over-the-counter medicine.

# Who We Serve are



# People with Cultural Barriers

## 1. Stigma Around Mental Health

Mental illness is often seen as a personal weakness or family shame, not a medical issue.

## 2. Respect for Authority (Doctor = Absolute)

Patients may not ask questions or express concerns, even when they don't understand.

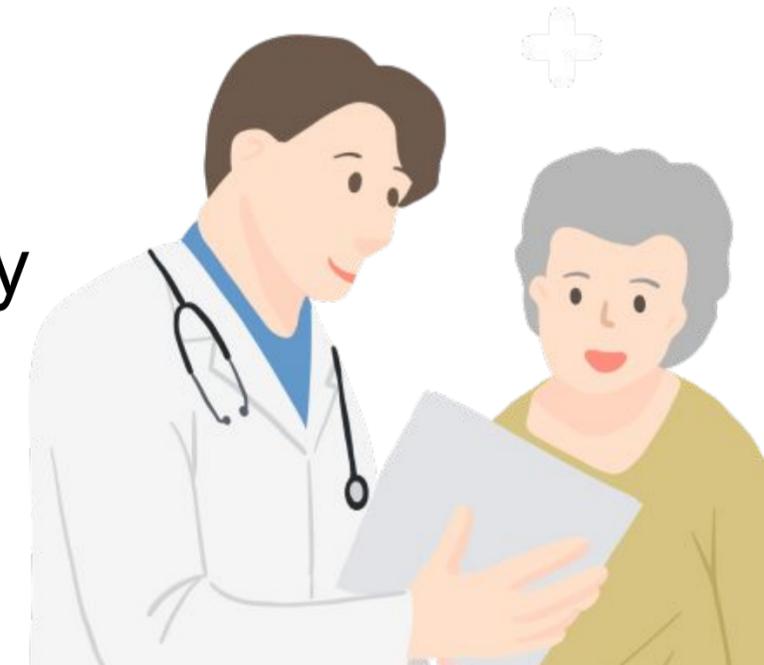
## 3. Preference for Traditional Remedies Over Western Medicine

Some may choose herbal medicine or acupuncture instead of seeing a doctor.



## 4. Family-Centered Decision Making

Patients often rely on family members to make health decisions and may delay care without them.



We believe health is a right,  
not a privilege.

We serve the immigrant communities  
with culturally sensitive care, education, and support.



What we do...

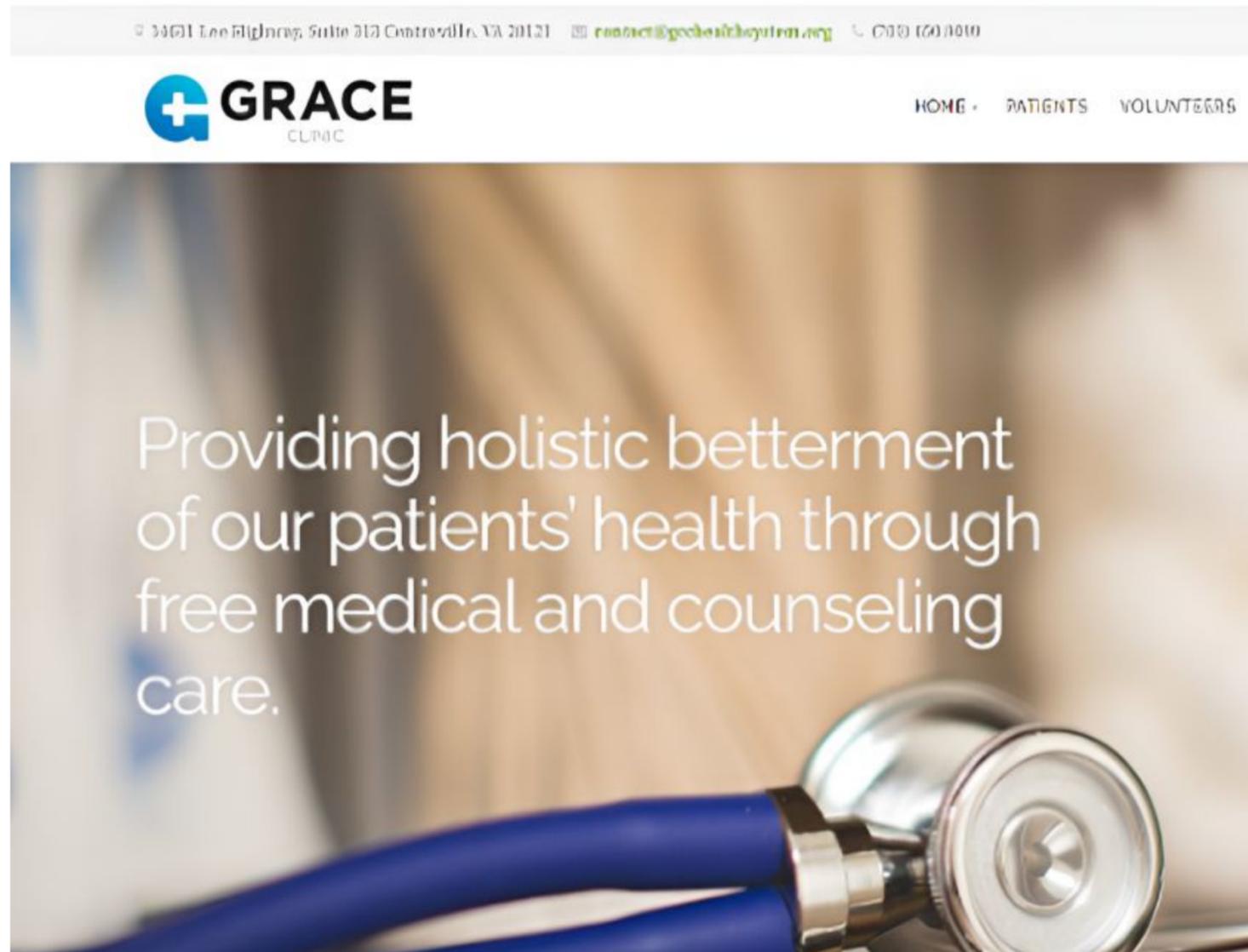
# Annual Health Fairs

1700+ services



# What we do...

Community Clinics **700+ patients**



Fairfax Co. VA

Montgomery Co. MD



Howard & MoCo. MD

# What we do...

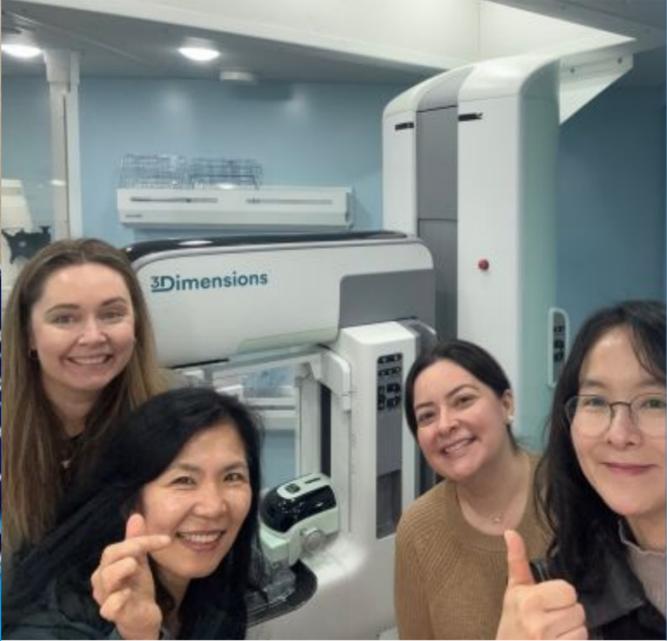
# Free Cancer Screening Events



Virginia Hospital Center  
Arlington Health System



Inova Saville Cancer Screening  
and Prevention Center



What we do...

# Health Education Seminars / Workshops

800+ participants



Health Literacy  
Seminars and Workshops



Nutrition & Exercise  
Education sessions



Free Psychiatric Services

Dr. Lisa K. Chun이 제공하는

## MD 주민을 위한 정신과 진료 무료 서비스

매달 마지막 주 화요일  
오후 3시 - 5시

모든 진료는 Zoom 화상 미팅을 통한  
Tele-health로 진행됩니다!

**사전 예약 필수!** 복지센터 담당자를 통해서 진료 예약을 하셔야 합니다.

**신청 자격:** 연방 정부 빈곤선 250% 미만 (4인 가족 기준 연소득 \$80,375 미만)

**예약 및 문의**  
광숙 하친슨, Mental Health Counselor  
703-354-6345, khutchinson@kcsogw.org

Dr Lisa K. Chun  
리사 킴 박사는 존스 홉킨스에서 훈련받은 보드 인증 일반 정신과 전문의이다. 16세 이상의 청소년과 모든 연령대의 성인을 대상으로 포괄적인 정신과 치료를 제공하며, 불안, 우울증, ADD/ADHD, 양극성 장애 등 다양한 정신 질환 치료를 전문으로 한다.  
대학 치료(심리치료)와 약물 관리(약물치료)를 제공하며, 기존 치료사가 있는 경우에는 협력하여 통합적인 치료를 진행한다.  
모든 진료는 영어로 진행되며, 한국어 통역이 필요한 경우 통역 서비스를 신청할 수 있습니다.

## 정신과 진료 서비스

북버지니아 지역의 저소득 무보험 한인을 위한  
**무료 정신과 진료 서비스**는  
배영훈 정신과 전문의께서  
VA 센터빌에 위치한 클리닉에서  
제공해 드립니다.  
**\*반드시 복지센터를 통해 사전 예약하셔야 합니다.**

### 자격 요건 및 예약 문의

**자격 요건**  
연방 정부 빈곤선 250% 미만  
(4인 가족 기준 연소득 \$80,375 미만)

**일시**  
매주 화요일 오전 (사전 예약 필수)

**예약 및 문의**  
광숙 하친슨, Mental Health Counselor  
703-354-6345, khutchinson@kcsogw.org

# What we do...



## Mental Health Program

**700+ counselling**



Individual & Couple Counseling

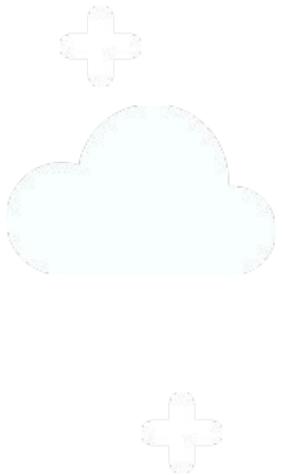


Play Therapy (Art Therapy)



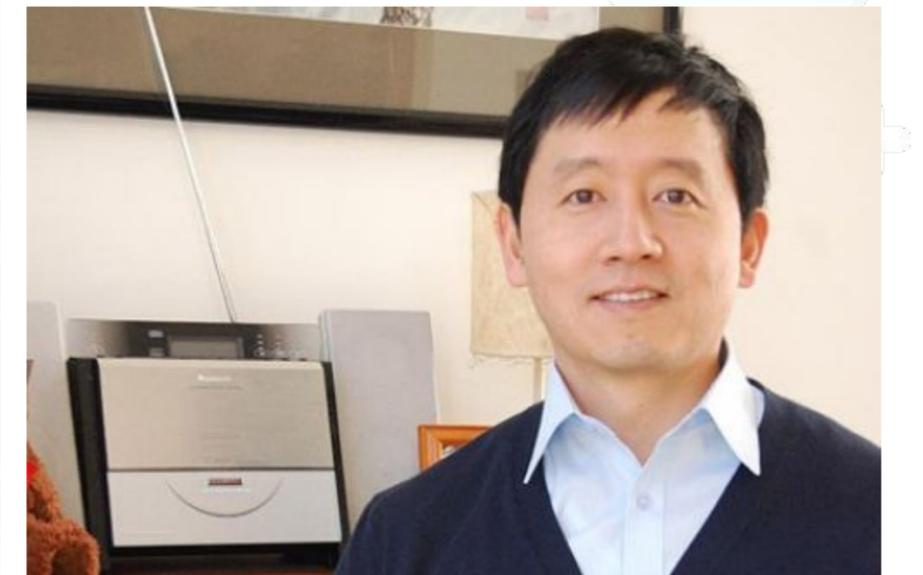
# What we do...

# Mental Health Program



Mental Health Awareness Seminars & Workshops

# Volunteers to support our programs



What we do...

Research and Advocacy for Health Equity



REACH (Racial and Ethnic Approaches to Community Health)

# What's REACH?

Fiscal Year 2023



- Racial and Ethnic Approaches to Community Health (REACH) is a **CDC-funded program to reduce racial and ethnic health disparities**
- KCSC is one of only two **community-based organizations** among 50 funded nationwide
- KCSC leads **culturally appropriate** programs for **Korean & Chinese American communities** in the DMV area
- Program period: 2023–2028



# KCSC REACH Program Components



**Nutrition 1.  
Food Service  
and Nutrition  
Guidelines**



**Nutrition 2.  
Fruit and Vegetable  
Voucher Incentives  
& Produce Rx**



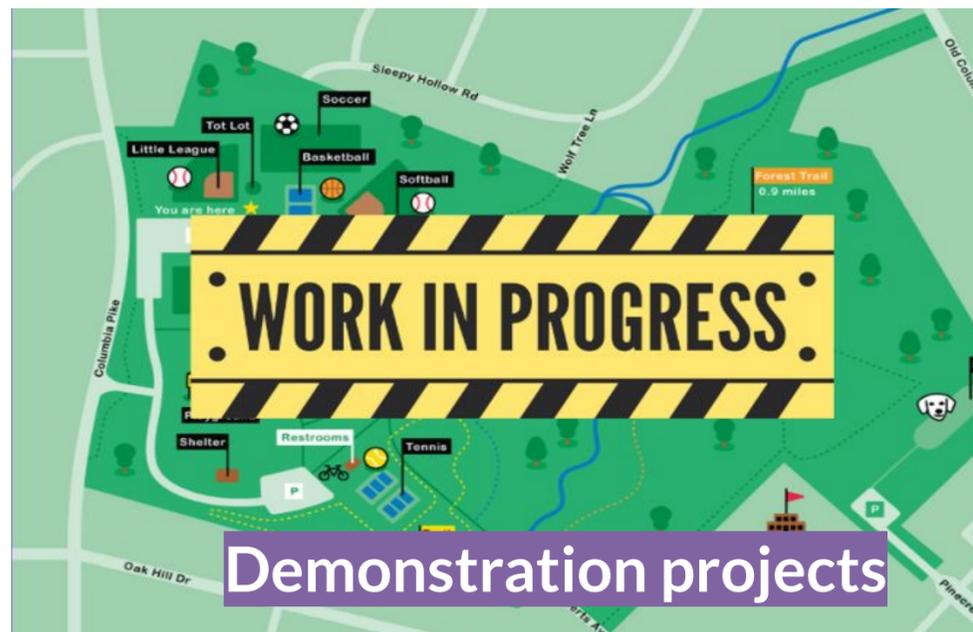
**Community  
Design for  
Physical Activity**



**Family  
Healthy Weight  
Program**

# Community Design for Physical Activity

Support new or improved plans and policies, activity-friendly districts, and/or other activities to create walkable and bikeable communities, making physical activity a natural part of daily life.



## Safe Streets and Roads for All (SS4A) Grant Program

### Program Overview

The [Infrastructure Investment and Jobs Act](#) (IIJA) established the Safe Streets and Roads for All (SS4A) competitive grant program with \$5 billion in appropriated funds over 5 years, 2022-2026. The SS4A program funds regional, local, and Tribal initiatives through grants to prevent roadway fatalities and serious injuries. Approximately \$1 billion is still available for the next funding round.

The SS4A program supports the U.S. Department of Transportation's [National Roadway Safety Strategy](#) and our goal of zero roadway deaths using a [Safe System Approach](#).



Combine, SS4A funds are being used to support demonstration projects in over 2,000 communities in all 50 States and Puerto Rico. Through this important program, we are empowering Tribal, local, and state leaders to improve lives and reduce serious injuries on our roadways. [all SS4A videos](#)

## Advocate for & Support Policy and Plan Changes

# Food Service Guidelines

Evidence-based standards that help organizations offer healthier, more nutritious food and beverage options across their facilities.



**3** Partners

**3** Guidelines Adopted

**+150,000**

Impacted community members

# SNAP Incentive &

A program that provides additional funds to SNAP shoppers so they can purchase more fresh fruits and vegetables.

# Produce Rx

Health care professionals write produce prescriptions for patients. Patients can use the prescriptions either in the health care setting or in their community.



5

Cooking Demo across VA and MD

475

Participants

90%

said they're more likely to purchase local produce and try the recipes



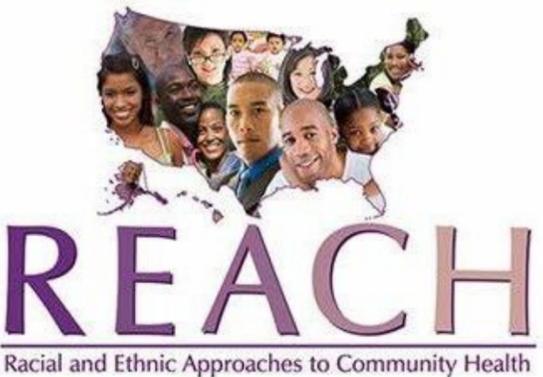
Tel: 703-354-6345, Email: hspark@kcscgw.org

New Produce Rx:

Manna Food & Lotte Mart

# Family Health Weight Program

Evidence-based standards that help organizations offer healthier, more nutritious food and beverage options across their facilities.



The program will be expanded to additional sites in Howard County, Montgomery County, and Fairfax County.

<b>3</b>	<b>Partners</b>	<b>-2.9lbs</b>	<b>Average Weight</b>	<b>+7points</b>	<b>Lifestyle Scores (Out of 100)</b>
----------	-----------------	----------------	-----------------------	-----------------	--------------------------------------

