



BIKE TO WORK DAY 2025

Event Overview and TPB Proclamation

Hamzat Sani
Chair, Bike to Work Day Steering Committee

National Capital Region Transportation Planning Board
April 15, 2025

Background

- Regional event co-organized by Commuter Connections and WABA
 - TPB staff facilitate the Bike to Work Day Steering Committee with 200+ members
- Coincides with National Bike Month (May) and Bike to Work Week (May 12-18), as designated by [The League of American Cyclists](#)
- Celebrates bicycling as a clean, fun, and healthy way to get to work
 - Focus on bike commuting aligns with the Commuter Connections mission of promoting sustainable and efficient commute modes
- Grown to 100+ local “pit stops” since regional event launched in 2001

★ Event Date ★
Thursday, May 15, 2025



Local Pit Stop Events

- Participants cycle to a pit stop on their way to/from work
 - Receive free t-shirt, refreshments, raffle entries, bicycle literature, and other swag
- 108 pit stops for 2025 event
 - Located throughout 23 COG jurisdictions
 - Participants pre-register at biketoworkmetrodc.org
- Convoys led by experienced volunteer bicycle commuters help reduce barriers for first-time cyclists



2024 NoMa Wunder Garten Pit Stop (NoMa)





2024 Eastern Market Pit Stop




2024 Greenbelt Aquatic & Fitness Center Pit Stop



2024 Alexandria City Hall Market Square Pit Stop

TPB Proclamation

- TPB staff recommend the TPB proclaim **Thursday, May 15, 2025** as Bike to Work Day
 - Supports regional cohesion by honoring one event date
 - Generates media awareness for news stories
 - Inspires local jurisdiction proclamations
 - TPB members invited to attend local pit stops



Regional Proclamation

WHEREAS, the National Capital Region Transportation Planning Board through its Commuter Connections program promotes bicycling and organizes Bike to Work Day together with the Washington Area Bicyclist Association; and

WHEREAS, bicycle commuting is an effective means to support the region's air quality goals, improve mobility, and conserve energy; and

WHEREAS, bicycle commuting benefits both employees and employers through better health and fitness, and reduced commuting and parking costs; and

WHEREAS, many employers have embraced bicycling and provide secure parking and shower facilities to help encourage bicycle commuting; and

WHEREAS, Capital Bikeshare's regional system has thousands of bikes at hundreds of stations across eight jurisdictions; and


WHEREAS, more than 100 pit stops will be located within 23 COG-member jurisdictions on Bike to Work Day; and

WHEREAS, May is National Bike Month, and the week of May 12th is Bike to Work Week, celebrating bicycling as a viable means of transportation to and from work;

NOW, THEREFORE, BE IT RESOLVED THAT THE NATIONAL CAPITAL REGION TRANSPORTATION PLANNING BOARD:

1. Proclaims **Thursday, May 15, 2025** as Bike to Work Day throughout the Washington, DC metropolitan region; and
2. Encourages TPB member jurisdictions to adopt similar proclamations in support of the event; and
3. Reminds all members of the importance of bicycle safety as advocated by the Street Smart campaign.

Chair, National Capital Region Transportation Planning Board



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