

2026 National Capital Region Fire Health & Safety

Symposium

**FRIDAY,
MARCH 13
2026**

Agenda

**OPERATIONAL
SAFETY/ TACTICAL
DECISION MAKING**

**BEHAVIORAL HEALTH/
FIREFIGHTER
WELLNESS**

**CANCER &
CARDIAC**

6:30 - 7:45 A.M.	Coffee/ Light Breakfast / Vendor Setup		
7:45 - 8:00 A.M.	Welcome / Elevator Pitch from LION (Vendor) / Introduction to Morning Keynote Speaker		
8:00 - 9:00 A.M.	Opening Keynote: Dena Ali - Prevention by Design: Engineering Better Solutions to Wicked Problems Battalion Chief with the Raleigh (NC) Fire Department		
9:15 - 10:00 A.M.	Speaker: John Tippet Director of Fire Programs for the National Fallen Firefighters Foundation	Speaker: (Ret.) Col. Sidney Hinds, MD	Speaker: John Oates (Ret.) President & CEO International Public Safety Data Institute
10:15 - 11:00 A.M.	Speaker: Daniel Shaw (Ret.) Former Asst. Chief, Fairfax County Fire and Rescue Department and Technical Editor for Fire Engineering Magazine	Speaker: Lt. Kenny Mitchell, Jr. (Ret.) Founder of Operation Yellow Tape, National First Responder Mental Health & Suicide Prevention Speaker	Speaker: Megan Lautz Dietitian for firefighters and police officers
11:15 - 12:00 P.M.	Speaker: Joshua Burchick Captain with Howard County (MD) Department of Fire & Rescue Services, Truck Company 7	Speaker: Kylie Courtwright, PsyD Sports Medicine Neuropsychology Fellow at Inova Health System	Fireside Chat: Dr. Jennifer Lund, Enzo Ochoa, Alana Yanagida, Ejaz Paracha, Bryan Bassig, Steph Herbert
12:00 - 1:15 P.M.	Lunch and Vendor Time		
1:15 - 2:00 P.M.	Speaker: Anthony Kelleher Assistant Fire Chief of Operations for the DC Fire and EMS Department	Speakers: Kristina Moore, Vickie Taylor, Beth Flaherty, Ronit Reguer, Leslie Geer, Vera St. Hill, Natalie Bowers	Speaker: Steve Weissman (Ret.) FCSN Regional Director for the Eastern Region of the United States
2:15 - 3:00 P.M.	Speaker: Dr. Daniel Madrzykowski Senior Director of Research for the Fire Safety Research Institute (FSRI)	Fireside Chat: Kristina Moore, Vickie Taylor, Beth Flaherty, Ronit Reguer, Leslie Geer, Vera St. Hill, Natalie Bowers	Speakers: Patrick Morrison, David Hoagland, Sean Decrane
3:05 - 3:15 P.M.	Elevator Pitch from First Due (Vendor) / Introduction to Afternoon Keynote Speaker		
3:15 - 4:15 P.M.	Closing Keynote: John Donnelly - Potomac Air Crash Fire and EMS Chief, DC Fire and EMS		
4:30 - 6:00 P.M.	Social Reception & Vendor Time		