



Metropolitan Washington  
**Council of Governments**

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## **ROUND 10.1 SUMMARY TABLES**

**APPROVED October 8, 2025**

**Summary of Employment Forecasts**  
**Final Round 10.1 Cooperative Forecasts**

**Final COG Board of  
Directors  
October 8, 2025**

**(Thousands)**

JURISDICTION	2020	2025	2030	2035	2040	2045	2050	2020 to 2050 Growth	
								Number	% Change
District of Columbia	785.9	846.1	886.3	923.5	954.4	989.0	1,021.6	235.7	30.0%
Arlington County	221.6	220.5	233.6	250.6	257.4	261.8	266.1	44.5	20.1%
City of Alexandria	101.8	97.2	101.7	104.0	110.4	114.9	119.1	17.3	17.0%
<b>Central Jurisdictions</b>	<b>1,109.3</b>	<b>1,163.8</b>	<b>1,221.6</b>	<b>1,278.0</b>	<b>1,322.1</b>	<b>1,365.7</b>	<b>1,406.8</b>	<b>297.5</b>	<b>26.8%</b>
Montgomery County	493.6	522.9	545.6	568.3	591.0	613.8	636.5	142.9	29.0%
City of Rockville (1)	76.4	78.7	81.1	83.8	87.8	91.1	94.5	18.0	23.6%
City of Gaithersburg (1)	43.0	48.0	52.0	54.5	56.5	58.0	59.0	16.0	37.2%
Prince George's County	343.5	357.6	375.2	394.2	410.5	429.8	448.7	105.2	30.6%
Fairfax County (2)	658.8	690.5	750.8	788.8	812.5	832.0	842.0	183.2	27.8%
City of Fairfax	20.5	22.0	22.3	22.6	22.9	23.2	23.5	3.0	14.6%
City of Falls Church	12.4	13.1	15.4	16.5	17.4	18.3	19.4	7.1	57.0%
<b>Inner Suburbs</b>	<b>1,528.7</b>	<b>1,606.2</b>	<b>1,709.2</b>	<b>1,790.3</b>	<b>1,854.4</b>	<b>1,917.0</b>	<b>1,970.1</b>	<b>441.4</b>	<b>28.9%</b>
Loudoun County	187.7	221.7	237.1	249.1	260.4	269.4	277.2	89.5	47.7%
Prince William County	161.8	172.2	194.3	209.8	223.4	235.6	246.4	84.6	52.3%
City of Manassas	25.3	26.1	26.9	27.7	28.3	28.8	29.3	3.9	15.5%
City of Manassas Park	4.3	4.7	5.0	5.1	5.2	5.3	5.4	1.1	25.5%
Charles County	43.9	46.1	49.8	54.0	57.4	60.0	62.2	18.3	41.8%
Frederick County	108.3	115.6	123.8	132.5	141.8	151.8	162.5	54.2	50.1%
City of Frederick (3)	57.4	60.1	64.4	67.6	69.5	74.4	79.6	22.2	38.7%
<b>Outer Suburbs</b>	<b>531.4</b>	<b>586.4</b>	<b>636.8</b>	<b>678.2</b>	<b>716.5</b>	<b>750.9</b>	<b>783.0</b>	<b>251.6</b>	<b>47.4%</b>
<b>Virginia Jurisdictions</b>	<b>1,394.3</b>	<b>1,468.1</b>	<b>1,587.1</b>	<b>1,674.1</b>	<b>1,737.9</b>	<b>1,789.2</b>	<b>1,828.5</b>	<b>434.2</b>	<b>31.1%</b>
<b>Maryland Jurisdictions</b>	<b>989.2</b>	<b>1,042.3</b>	<b>1,094.3</b>	<b>1,149.0</b>	<b>1,200.8</b>	<b>1,255.4</b>	<b>1,309.9</b>	<b>320.7</b>	<b>32.4%</b>
<b>COG Region</b>	<b>3,169.4</b>	<b>3,356.4</b>	<b>3,567.6</b>	<b>3,746.6</b>	<b>3,893.0</b>	<b>4,033.7</b>	<b>4,160.0</b>	<b>990.6</b>	<b>31.3%</b>

(1) Included in Montgomery County total.

(2) Forecasts for all years include Fairfax County Government employees working at the Fairfax County Judicial Center.

(3) Included in Frederick County total.

**Summary of Population Forecasts  
Final Round 10.1 Cooperative Forecasts**

**Final COG Board of  
Directors  
October 8, 2025**

**(Thousands)**

JURISDICTION	2020	2025	2030	2035	2040	2045	2050	2020 to 2050 Growth	
								Number	% Change
District of Columbia	689.5	697.6	728.6	757.2	787.1	816.4	844.4	154.9	22.5%
Arlington County	238.4	247.4	258.8	269.8	283.1	295.4	308.5	70.2	29.4%
City of Alexandria	159.5	168.6	182.7	197.6	211.5	227.2	235.5	76.1	47.7%
<b>Central Jurisdictions</b>	<b>1,087.4</b>	<b>1,113.6</b>	<b>1,170.1</b>	<b>1,224.5</b>	<b>1,281.6</b>	<b>1,339.1</b>	<b>1,388.5</b>	<b>301.1</b>	<b>27.7%</b>
Montgomery County	1,061.2	1,082.9	1,118.2	1,154.1	1,189.8	1,222.2	1,250.7	189.5	17.9%
City of Rockville (1)	67.2	69.9	73.9	77.6	81.9	86.1	90.4	23.2	34.5%
City of Gaithersburg (1)	69.7	72.5	75.7	78.5	81.2	83.7	85.8	16.1	23.2%
Prince George's County	967.1	1,003.2	1,047.5	1,106.4	1,147.3	1,184.2	1,218.8	251.7	26.0%
Fairfax County	1,171.9	1,200.8	1,240.9	1,277.0	1,310.7	1,345.0	1,379.4	207.5	17.7%
City of Fairfax	24.1	27.8	32.7	34.4	36.1	37.8	39.6	15.4	63.8%
City of Falls Church	14.7	15.5	18.0	19.6	20.7	21.8	23.3	8.6	58.8%
<b>Inner Suburbs</b>	<b>3,239.0</b>	<b>3,330.2</b>	<b>3,457.3</b>	<b>3,591.4</b>	<b>3,704.6</b>	<b>3,811.0</b>	<b>3,911.7</b>	<b>672.7</b>	<b>20.8%</b>
Loudoun County	421.0	455.2	484.4	506.9	522.6	533.8	543.7	122.7	29.2%
Prince William County	480.6	503.5	536.6	553.0	565.0	573.6	579.5	98.9	20.6%
City of Manassas	42.8	43.7	46.3	47.6	48.5	49.5	50.4	7.7	17.9%
City of Manassas Park	17.2	19.0	20.4	20.9	21.4	21.9	22.4	5.2	30.3%
Charles County	168.0	176.3	193.6	203.8	216.5	230.4	242.7	74.6	44.4%
Frederick County	271.7	293.2	316.3	341.3	368.3	397.4	428.8	157.1	57.8%
City of Frederick (2)	78.2	83.8	89.5	95.1	100.8	106.4	112.0	33.9	43.3%
<b>Outer Suburbs</b>	<b>1,401.3</b>	<b>1,491.0</b>	<b>1,597.8</b>	<b>1,673.6</b>	<b>1,742.4</b>	<b>1,806.7</b>	<b>1,867.6</b>	<b>466.3</b>	<b>33.3%</b>
<b>Virginia Jurisdictions</b>	<b>2,570.1</b>	<b>2,681.5</b>	<b>2,820.9</b>	<b>2,926.7</b>	<b>3,019.6</b>	<b>3,106.2</b>	<b>3,182.4</b>	<b>612.4</b>	<b>23.8%</b>
<b>Maryland Jurisdictions</b>	<b>2,468.1</b>	<b>2,555.7</b>	<b>2,675.7</b>	<b>2,805.6</b>	<b>2,921.9</b>	<b>3,034.2</b>	<b>3,141.0</b>	<b>672.9</b>	<b>27.3%</b>
<b>COG Region</b>	<b>5,727.7</b>	<b>5,934.8</b>	<b>6,225.1</b>	<b>6,489.5</b>	<b>6,728.6</b>	<b>6,956.8</b>	<b>7,167.8</b>	<b>1,440.1</b>	<b>25.1%</b>

(1) Included in Montgomery County total.

(2) Included in Frederick County total.

**Summary of Household Forecasts**  
**Final Round 10.1 Cooperative Forecasts**

**Final COG Board of  
Directors  
October 8, 2025**

**(Thousands)**

JURISDICTION	2020	2025	2030	2035	2040	2045	2050	2020 to 2050 Growth	
								Number	% Change
District of Columbia	312.4	344.2	366.8	386.6	407.6	426.0	441.4	129.0	41.3%
Arlington County	109.7	120.7	127.1	133.7	141.1	147.9	155.4	45.7	41.6%
City of Alexandria	75.6	81.8	91.5	101.7	111.3	122.1	127.8	52.2	69.1%
<b>Central Jurisdictions</b>	<b>497.7</b>	<b>546.7</b>	<b>585.4</b>	<b>622.0</b>	<b>659.9</b>	<b>696.1</b>	<b>724.6</b>	<b>226.9</b>	<b>45.6%</b>
Montgomery County	386.6	398.4	416.5	434.2	450.1	463.2	474.3	87.7	22.7%
City of Rockville (1)	26.9	28.1	30.0	31.7	33.6	35.7	37.8	11.0	40.8%
City of Gaithersburg (1)	25.9	27.2	28.9	30.3	31.7	33.0	34.2	8.3	32.0%
Prince George's County	342.2	355.7	373.5	395.2	409.8	423.0	435.2	93.0	27.2%
Fairfax County	417.5	429.5	446.1	461.8	476.6	491.8	506.8	89.4	21.4%
City of Fairfax	9.3	10.6	13.0	13.8	14.6	15.4	16.3	6.9	74.3%
City of Falls Church	5.8	7.3	8.7	9.6	10.3	11.1	12.1	6.3	108.5%
<b>Inner Suburbs</b>	<b>1,161.5</b>	<b>1,201.5</b>	<b>1,257.8</b>	<b>1,314.7</b>	<b>1,361.5</b>	<b>1,404.5</b>	<b>1,444.7</b>	<b>283.2</b>	<b>24.4%</b>
Loudoun County	137.5	148.2	158.7	166.9	172.8	177.2	181.0	43.5	31.6%
Prince William County	153.9	158.1	173.4	180.0	185.1	189.0	191.9	37.9	24.6%
City of Manassas	14.0	14.3	15.1	15.5	15.8	16.1	16.4	2.4	17.5%
City of Manassas Park	5.4	6.2	6.9	7.1	7.4	7.7	8.0	2.6	47.9%
Charles County	59.1	64.3	71.2	75.3	80.0	85.2	89.7	30.6	51.8%
Frederick County	98.4	106.2	114.5	123.5	133.2	144.3	155.7	57.3	58.3%
City of Frederick (2)	31.8	34.1	36.3	38.7	40.9	43.3	45.6	13.8	43.3%
<b>Outer Suburbs</b>	<b>468.3</b>	<b>497.2</b>	<b>539.9</b>	<b>568.3</b>	<b>594.3</b>	<b>619.4</b>	<b>642.6</b>	<b>174.4</b>	<b>37.2%</b>
<b>Virginia Jurisdictions</b>	<b>928.7</b>	<b>976.6</b>	<b>1,040.6</b>	<b>1,090.2</b>	<b>1,135.0</b>	<b>1,178.3</b>	<b>1,215.7</b>	<b>287.0</b>	<b>30.9%</b>
<b>Maryland Jurisdictions</b>	<b>886.3</b>	<b>924.6</b>	<b>975.7</b>	<b>1,028.2</b>	<b>1,073.1</b>	<b>1,115.6</b>	<b>1,154.9</b>	<b>268.6</b>	<b>30.3%</b>
<b>COG Region</b>	<b>2,127.5</b>	<b>2,245.4</b>	<b>2,383.1</b>	<b>2,505.0</b>	<b>2,615.7</b>	<b>2,720.0</b>	<b>2,812.0</b>	<b>684.5</b>	<b>32.2%</b>

(1) Included in Montgomery County total.

(2) Included in Frederick County total.