

BIKE TO WORK DAY

ANNUAL EVENT REPORT

2026

National Capital Region
Transportation Planning Board



PREPARED BY :

Christian Bacon
COG/TPB Staff



TABLE OF CONTENTS

Background/Executive Summary	3
Registration Totals	4-8
Sponsorship Form/Drive	9-10
Pit Stop Highlights	11-68
Employer Participation	69-74
Calendar Listings	75-79
Social Media Posts	80-89
Earned Media Clippings	90-93
Proclamations	94-98
Marketing Materials	99-107
Press Releases	108-113
Contributors	114-117

Background / Executive Summary

Bike to Work Day has been held annually in the Washington metropolitan region for over two decades and was originally started by the Washington Area Bicyclist Association (WABA) with a rallying point or “pit stop” in downtown DC. In September 2000, The National Capital Region Transportation Planning Board’s (TPB) Commuter Connections program, housed at the Metropolitan Washington Council of Governments (COG), partnered with WABA to form a regional Bike to Work Day Steering Committee to examine the feasibility of adding additional Bike to Work Day pit stops throughout the region. In 2001, the expanded event created a greater awareness of bicycling to work as a viable commuting alternative.

Since that first regional Bike to Work Day, annual registrations have grown exponentially over the years. More than 12,800 participants registered for the May 15, 2026, event. Each local pit stop offered free refreshments, T-shirts, and other giveaways to cyclists. Many pit stops had additional activities for bicyclists and are described later in this report.

Commuter Connections provided the following resources for Bike to Work Day 2026:

- Developed a comprehensive marketing effort that included a comprehensive paid media campaign, printed materials such as posters and rack cards, and email marketing to employers and previous participants. Vinyl banner artwork template was also created.
- Updated and maintained the official [event web site](#) and social media accounts.
- 18,000 free T-shirts for all registered participants.

Additional outreach for Bike to Work Day 2026 included:

- Promoting the event through WABA’s membership.
- Local marketing efforts by the pit stop managers.
- An earned media campaign to pitch news outlets and like-minded organizations through COG’s Office of Communications and WABA.
- Bicycles donated for the regional raffle from BicycleSPACE, Bikes@Vienna, and Handy Bikes.

Since 2000, the COG/TPB’s Commuter Connections program has worked to increase awareness of bicycling to work as a viable commuting option by joining with WABA in their efforts to promote and coordinate the region’s annual Bike to Work Day event. Although bicycling to work accounts for a small percentage of the overall regional commute mode split, the two-wheeled commute helps reduce traffic congestion, improves air quality, and provides a healthy travel alternative for commuters who choose to use it as a sustainable means of transportation to and from work.

2026 Registration Totals

Pit Stop Name 2026	Registrants
DC NE Anacostia Riverwalk Trail - River Terrace Park	89
DC NE Edgewood Bryant Street	101
DC NE Edgewood metrobar	72
DC NE Fort Totten	156
DC NE Ivy City at BicycleSPACE	28
DC NE NoMa at Wunder Garten	323
DC NE Old City Market and Oven	87
DC NW Adams Morgan at Unity Park	356
DC NW Cathedral Heights at Conte's Bike Shop	81
DC NW Cleveland Park at Uptown Theater	74
DC NW Columbia Heights Plaza	230
DC NW Franklin Park	295
DC NW Georgetown Waterfront Park	402
DC NW Golden Triangle - Farragut Square	114
DC NW Golden Triangle - L Street	79
DC NW Mt. Vernon Triangle at VIDA Fitness	109
DC NW National Geographic Society	178
DC NW Shaw	139
DC NW West End at American College of Cardiology	92
DC SE Anacostia	43
DC SE Capitol Hill at Eastern Market	303
DC SE Capitol Riverfront at Canal Park	169
DC SE U.S. Coast Guard HQ	91
DC SW Capitol Hill at Bartholdi Fountain	107
DC SW Southwest Business Improvement District	91
DC SW The Wharf	131
MD Charles Co Indian Head at Village Green Pavilion	39
MD Charles Co La Plata	29
MD Frederick Co Brunswick Train Station (MARC)	32

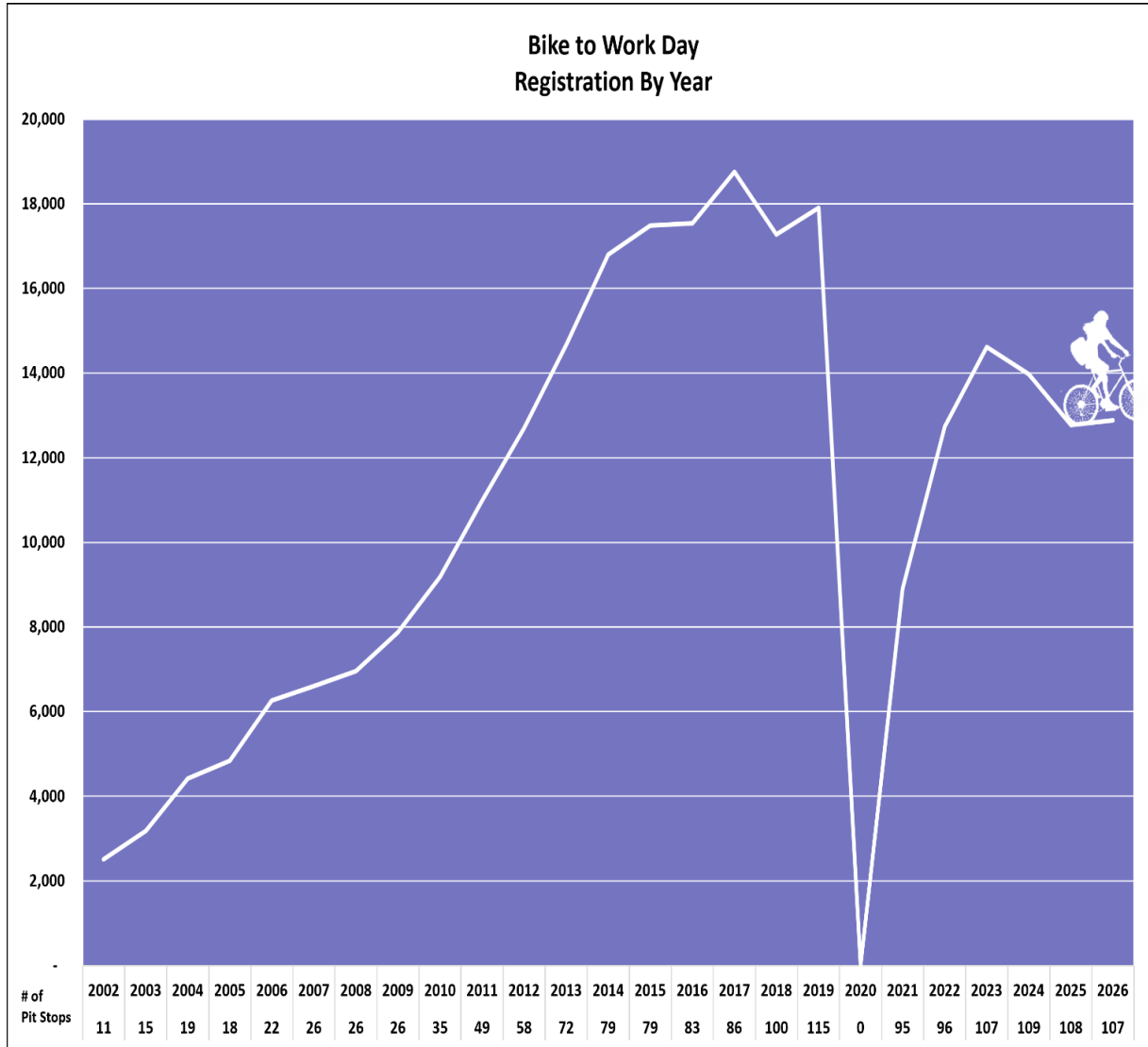
MD Frederick Co Frederick Downtown at Transit Center	211
MD Montgomery Co Bethesda - Downtown	414
MD Montgomery Co FDA White Oak	101
MD Montgomery Co Friendship Heights	146
MD Montgomery Co Gaithersburg Kentlands	125
MD Montgomery Co Gaithersburg Olde Towne Plaza (afternoon)	57
MD Montgomery Co Germantown at BlackRock Center	82
MD Montgomery Co Kensington at Clum-Kennedy Park	34
MD Montgomery Co National Institutes of Health	343
MD Montgomery Co North Bethesda at Pike and Rose	275
MD Montgomery Co Rockville - Fallsgrove Thomas Farm Community Ctr	213
MD Montgomery Co Rockville - Town Square	200
MD Montgomery Co Silver Spring - Downtown at Veterans Plaza	387
MD Montgomery Co Takoma Park - Downtown/Old Town	124
MD Montgomery Co Takoma Park - Sligo Creek Trail	45
MD Montgomery Co Wheaton - Downtown at Marian Fryer Town Plaza	81
MD Prince George's Co Berwyn Heights Town Center	37
MD Prince George's Co Bladensburg Waterfront Park	51
MD Prince George's Co Bowie City Hall	40
MD Prince George's Co College Park at City Hall Plaza	122
MD Prince George's Co Greenbelt Aquatic & Fitness Center	90
MD Prince George's Co Hyattsville at Driskell Community Park;	88

MD Prince George's Co Largo/Kettering/Perrywood Community Center	53
MD Prince George's Co Mount Rainier Bike Co-op	19
MD Prince George's Co New Carrollton	24
MD Prince George's Co Oxon Hill/National Harbor	35
MD Prince George's Co University of Maryland	87
VA Arlington Co Ballston	517
VA Arlington Co Columbia Pike at Penrose Square	152
VA Arlington Co Langston Blvd (afternoon)	89
VA Arlington Co Met Park	116
VA Arlington Co National Guard HQ	58
VA Arlington Co National Landing at Water Park	303
VA Arlington Co Rosslyn at Gateway Park	534
VA City of Alexandria Del Ray at Colasanto Park	166
VA City of Alexandria Fairlington Centre	49
VA City of Alexandria John Carlyle Square Park	554
VA City of Alexandria Mark Center	68
VA City of Alexandria National Landing at APTA	46
VA City of Alexandria Old Town at City Hall	235
VA City of Fairfax Old Town Square	110
VA City of Falls Church	316
VA City of Manassas Park VRE Station A31	17
VA City of Manassas VRE Station	44
VA Fairfax Co Alexandria - Mt Vernon/Hybla Valley/Ft Hunt	37
VA Fairfax Co Annandale Wakefield Park at Audrey Moore RECenter	58
VA Fairfax Co Burke Centre VRE Station	29
VA Fairfax Co Centreville/Clifton	15
VA Fairfax Co Chantilly - Stringfellow	33
VA Fairfax Co Chantilly - Sully Government Center	26
VA Fairfax Co Fair Lakes Center	60
VA Fairfax Co Falls Church - Culmore	27
VA Fairfax Co Fort Belvoir	23
VA Fairfax Co Herndon Innovation Center	48
VA Fairfax Co Herndon Town Hall Green	330
VA Fairfax Co Jim Scott Community Center	29

VA Fairfax Co Lorton at Workhouse Arts Center	9
VA Fairfax Co McLean MITRE Corporation	102
VA Fairfax Co Monument Drive Commuter Parking Garage	33
VA Fairfax Co Newington - Saratoga Park & Ride	19
VA Fairfax Co Oakton at Oakmont RECenter	15
VA Fairfax Co Reston at The Bike Lane A62	207
VA Fairfax Co Springfield at South Run RECenter	39
VA Fairfax Co Springfield Metro Park at Walker Lane	48
VA Fairfax Co Town of Vienna	197
VA Fairfax Co Tysons Corner Center	43
VA Fairfax Co Tysons The Boro	71
VA Fairfax Co Tysons Valo Park	36
VA Fairfax Co West Springfield Government Center	21
VA Loudoun Co Leesburg at Raflo Park	176
VA Loudoun Co Sterling	160
VA Prince William Co Dumfries at Simpson Community Center	7
VA Prince William Co Kelly Leadership Center	15
VA Prince William Co Manassas GMU at Freedom Center	17
VA Prince William Co Rippon Landing VRE Station	10
VA Prince William Co Woodbridge - Chinn Center	29
VA Prince William Co Woodbridge - Tackett's Mill	7
VA Prince William Co Woodbridge VRE Station	10
Unclassified Count	1
TOTAL REGISTRATIONS	12,885

Annual Registrations

2002 – 2026



Sponsor Drive

Commuter Connections concluded its annual sponsorship drive for the 2026 Bike to Work Day event in January with a total of \$37,475 in cash and \$11,630 of in-kind donations. Sponsor dollars were allocated toward the cost of procuring the event T-shirts.



Bike to Work Day Event - May 2026 Regional Sponsorship Declaration

Deadline - January 30, 2026

Please check one of the following Sponsor Levels:

Cash

In-Kind

GOLD SPONSOR LEVEL \$7,500

Mentioned as sponsor on hundreds of Radio Ads (traditional and/or internet radio), Social Media, plus all Silver and Bronze level items

☐
☐

SILVER SPONSOR LEVEL \$4,500

Logo on thousands of T-shirts, Press Release, plus Bronze level items

☐
☐

BRONZE SPONSOR LEVEL \$1,200

Logo on Website and thousands of Posters and Rack Cards

☐
☐

If in-kind donation, please describe: _____

Sponsors must provide a minimum of 50% cash. Bicycle donors may however be 100% in-kind. Donated bicycles must be sized for winners, accordingly. Sponsor attendance at Bike to Work Day pit stop locations is separate from this regional sponsorship agreement and must be arranged with the independently managed local pit stop.

Name: _____ Title: _____

Organization: _____

Address: _____

City, State, Zip: _____

e-mail: _____ Phone: (____) ____ ____

Website address for your sponsor logo: _____

Signature _____

Credit cards and ACH accepted. For checks, please make payable to: **Metropolitan Washington Council of Governments** and mail to 777 N. Capitol Street NE, Suite 300, Washington, DC 20002 ATTN: Lindsay Haake. Send this signed form and your logo in high resolution format (vector image) for quality reproduction to lhaake@mwkog.org, no later than January 30, 2026. Contact Lindsay at 202.962.3225 with any questions. COG and WABA are 501(c)(3) nonprofits.



Bike to Work Day 2026 Sponsors	Level
Commuter Connections	Gold
GO Alex	Gold
ICF	Gold
WABA	Gold
Arc'teryx	Silver
BicycleSPACE	Silver
goDCgo	Silver
National Landing	Silver
AASHTO	Bronze
Al's Bike Shop	Bronze
American College of Cardiology	Bronze
Arlington County	Bronze
Bikes@Vienna	Bronze
Capital Bikeshare	Bronze
Fair Lakes	Bronze
Giant	Bronze
MDOT	Bronze
Potomac Pedalers	Bronze
Prince George's County DPW&T	Bronze
Prince George's County Vision Zero	Bronze
VDOT	Bronze

BIKE TO WORK DAY

HIGHLIGHTS

PIT STOP



DC NE NOMA



DC NW Adams Morgan at Unity Park

Unity Park came alive for Bike to Work Day, as the Adams Morgan Partnership BID and welcomed over 350 riders to the pit stop. Cyclists fueled up with bagels and coffee from Call Your Mother, while vendors Veo, Pepco, and WABA connected with the community and Upshift Workshop helped riders tune up their bikes. It was an energetic morning, marking this as one of the best-attended Bike to Work Days in recent years. DC Ward 1 Councilmember Brianne Nadeau joined the event for her final Bike to Work Day pit stop appearance as an elected official as did two of the candidates vying to replace her (Rashida Brown and Miguel Trindade Deramo). The pit stop would like to offer a shout-out is to John Zottoli, who has volunteered at this pit stop every year, for 13 years, and is moving away soon.



DC NW National Geographic Headquarters

National Geographic Headquarters served as a pit stop host for the National Geographic Society, where a dedicated team of 15 volunteers coordinated the event. The stop welcomed 178 registrants, featuring a diverse group of National Geographic staff and local community members, including many first-time riders. Attendees enjoyed a festive atmosphere with music, alongside refreshments such as coffee, pastries and fruit.

The event featured nine vendors: the League of American Bicyclists, Body Mechanix, Bike House, Ward 5 Family Biking, DC Scores, NASA, Conte's Bike Shop, DC Bike Party, and the National Geographic Museum of Exploration. Beyond tabling to share resources and upcoming event details, the stop provided two bike repair stations and chair massages. Giveaways were plentiful, ranging from National Geographic magazines and coffee to bike locks, crayons and "Free Solo" soundtrack vinyl records.

Prize drawings held every 15 minutes kept excitement high. Items were donated by several organizations, including Union Stage Presents, WMATA, Founding Farmers, DUA DC Coffee, Wise Guy Pizza, DC Boulderling Project and the Museum of Exploration Shop. Prizes included a 10-day bouldering pass, NASA sweatshirts, gift cards, tote bags, concert tickets, jars of honey from National Geographic bees and a signed copy of Joel Sartore's "Birds of the Photo Ark." Additionally, the event promoted the June 26 opening of the National Geographic Museum of Exploration.



DC NW Cleveland Park at Uptown Theater



This was the 3rd year this pitstop was hosted and 74 people stopped by. All Bike to Work Day shirts were distributed. The pit stop had a visit from the Connecticut Avenue Bike to Work Day convoy, including Ward 3 councilmember Matt Frumin (3rd from right in the photo, in the blue jacket).

The pit stop was made possible by Janell Pagats, co-manager, Amanda Cate, breakfast sponsor and deliverer, Bob Ward, who offered space for storage, Gawain Kripke, assisting with set up and logistics and, Lori Michaelson, who helped the entire time from the very beginning of setup to the end of cleanup. The Ward 3 Bike Advocates continue to push for a protected, two way bike lane on Connecticut Avenue from Chevy Chase Circle to Calvert Street, as DDOT was planning from 2019 to 2024 before abruptly changing plans and deciding to keep the status quo.

DC NW Columbia Heights Plaza

Although the morning pit stops were held in a brisk dawn, a bright, sunny, hot, low-humidity afternoon unfolded for the 17th annual Columbia Heights Plaza event.

230 (including 12 new or previously signed up at other Pit-stops) intrepid riders visited, obtained their T-shirts and snacks and water, schmoozed with WABA staff, retiring DC Councilwoman *Brianne Nadeau*, ANC 1A rep *Jeremy Sherman*, and Council-candidate *Rashida Brown*, and represented the DC Bicycling Community! 206 had signed up prior to the event, which grew to 231 in total from electronic on-site new-sign-ups.

The pit stop was made possible by its indefatigable volunteers: *Charlotte, David, Imad, Miles, Nicole* (and son, *Benjamin*), and *Patricia*! The pit stop appreciated *Giant Food*, who supplied the fruit: oranges, apples, and ice, *Lidl* - bananas, and *District Bridges* (*Mitra Moin*) who provided tables! Joe, from *Bike House*, provided bike-tech services. This year, the Adams Morgan Pit-stop didn't have any extra T-shirts to supplement, and CoHi ran out of Large (early, and later Medium) sizes. A generous supply of remaining 2024 (orange) and 2025 (red) T shirts were snapped up by non-cyclists, and others who had missed last year's distribution!



DC NW Georgetown Waterfront Park

BellRinger returned to host the Georgetown Waterfront Bike to Work Day pit stop alongside the Georgetown BID. This pit stop hosted 450+ participants from 7 - 9AM and riders were greeted by cheering and ringing cowbells. Participants enjoyed snacks, giveaways, and services from 13 vendors. There was also a raffle for a Nespresso Vertuo Pop+ machine, alongside freshly brewed coffee.



DC NW SHAW



The Shaw pit stop had a great turnout, drawing a wide mix of people, mostly young to middle-aged adults, plus noticeably more kids than last year. Both solo riders and groups rolled through, creating a steady and cheerful atmosphere, and several attendees who had the day off still came out to ride.

The Bike to Work Day T-shirts were the most popular item by far, though the new DDOT bike maps drew a lot of interest as well. Most folks also picked up water, energy drinks, and snacks. Some grabbed their items and headed out, while others stayed to chat with pit stop managers and fellow riders. Feedback was overwhelmingly positive, and a few riders offered suggestions for giveaways and snacks to add next year.

The stop itself was spacious and welcoming, with plenty of room for riders to park and gather. Even those who didn't stop smiled or waved as they passed by.

DC NW VIDA FITNESS

The annual Bike to Work Day Pit Stop at VIDA Fitness was a huge success! Staff members had amazing time connecting with cyclists from across the community, introducing them to everything VIDA has to offer, and giving away complimentary club services and wellness experiences. The staff enjoyed meeting so many new faces, catching up with familiar ones, and celebrating a day dedicated to health, movement, and community!



DC NW West End American College of Cardiology



The American College of Cardiology (ACC) hosted its 9th annual Bike to Work Day pitstop with more registrants, vendors, and sponsors than ever before! There were 99 participants including bicyclists and pedestrians, and those who registered in advance plus those who signed up day-of. There was great vendor representation with South Block staff joining again this year to distribute juice samples (including donning the infamous banana costume!), plus a rep from Wonder restaurant and a team from Red Bull who handed out coupons and freebies. Sponsors of the event included Potbelly and Trader Joe's which provided sandwiches and snacks, as well as Tatte Café and Bar Angie that offered gift cards to lucky raffle winners! The ACC staff and volunteer crew were out in full force, handing out a huge selection of free ACC swag to participants. ACC is a strong supporter of Bike to Work Day as it encourages cycling as a heart-healthy activity and eco-friendly mode of transportation.

DC SE Capitol Hill at Eastern Market

This pitstop was hosted at the Eastern Market Metro Plaza from 7-9AM. Over 300 people registered for the pit stop and 14 sponsors participated, including many Capitol Hill businesses. Bicyclists stopped by to enjoy bagels, fresh coffee, and goodies from local businesses. Sponsors emphasized health and wellness, offering activities and resources ranging from stretching demonstrations to CPR class sign-ups and workout class raffles.



DC SW Capitol Hill at Bartholdi Fountains & Gardens

The Architect of the Capitol proudly hosted its Bike to Work Day pitstop at the beautiful Bartholdi Fountains and Gardens. Throughout the morning, more than 130 riders rolled through—commuters from across Capitol Hill, staff from nearby federal agencies in Southwest DC, and even cyclists stopping in from other pitstops along their route.

The team was glad to greet everyone, share snacks and hand out compact bike, compliments of the House Center for WellBeing to support safe and confident riding. The scenic backdrop of the historic fountain and the U.S. Botanic Garden Conservatory added a special touch, creating a welcoming oasis for riders as they kicked off their day.



MD Charles County Indian Head Village Green Pavilion

The pit stop was held in the Town of Indian Head at the Village Green Pavilion. Approximately 60 people showed up and were provided with refreshments. Giveaways were also provided by the Tri-County Council for Southern Maryland, AARP, Charles County's Indian Head Rail Trail and Charles County Senior Center which enjoyed a bike convey around the town of Indian Head, with another 20 seniors in tow.



MD Charles County La Plata County Government Building

Charles County Government and the Town of La Plata partnered with the Tri-County Council of Southern Maryland to host La Plata's first Bike to Work Day pit stop. The pit stop was primarily hosted at the Charles County Government Building but La Plata's Town Hall served as the starting point for a group ride through La Plata's downtown, which involved Charles County employees who received an escort from members of the La Plata Police Department. Attendees of this pit stop were a mix of residents, town staff, and County employees and the pit stop served as a rest point for cyclists from across the County, including Waldorf. Attendees were encouraged to take a moment at the pit stop, grab water and snacks, learn about opportunities to walk and cycle in Charles County, and participate in some games and activities sponsored by the County's Recreation, Parks, and Tourism Department.



MD Frederick County Downtown Transit Center

Bike to Work Day at the Transit Center was a tremendous success! More than 205 participants kicked off the morning with energy and enthusiasm. The pitstop welcomed elected officials including Mayor Michael O'Connor. The event featured informational tables from United Way of Frederick County, the Maryland Department of Transportation, The Common Market Co-op, Frederick County Parks and Recreation, KEY 103, Bike Doctor Frederick, The Bicycle Escape Mobile, Welcome Home Realty Group, the Frederick Police Department, the Frederick County Sheriff's Office, Sustainable Frederick, the Frederick County Division of Energy and Environment, the Frederick County Government Office of Communications and Public Engagement, the Frederick County Division of Solid Waste and Recycling, and The City of Frederick Transportation Planning Board.



MD Montgomery County Downtown Bethesda

There were over 400 registrants for the Downtown Bethesda pit stop. A proclamation from County Executive Marc Elrich was presented. Speakers included Maryland State Delegate Marc Korman, Maryland State Delegate Sarah Wolek, Montgomery County Councilman Andrew Friedson, Montgomery County Councilman Evan Glass and MCDOT representative Joe Moges. Bethesda Transportation Management District Advisory Committee Members volunteered at the event. Bethesda Transportation Solutions gave Bethesda Bicycle Commuter Spirit “Golden Gear” Awards to bicycle commuter Sam Tignor and local bike shop owner David Bondareff. This year the awards were wearable gear-shaped medallions with huge gold chains.

There was a free raffle during the event with donated prizes including a Marin bicycle and a gift certificate to a local bike shop. A D.J. provided musical entertainment. There were many breakfast and beverage options including bagels, parfaits, fruit, cookies, iced tea, fruit and coffee courtesy of local businesses and organizations. Bethesda had total of 27 sponsors, who donated great prizes, food and beverages, or had a table at the downtown Bethesda pit stop.



MD Montgomery County Fallsgrove



MD Montgomery County FDA White Oak

The Office of Facilities Engineering and Mission Support Services' (OFEMS) Logistics and Transportation Management Branch (LTMB) sponsored a Pit Stop from 7:30 a.m. to 9:30 a.m. for any bicyclist commuting that day. This was held in front of the historic FDA Building 1. LTMB had 4 volunteers that provided refreshments to include water, coffee, juice, doughnuts, muffins, fruit, and each bicyclist registered for our pit stop received a 2026 Bike to Work Day T-Shirt. The first bicyclist arrived around 7:00 a.m. and eventually had 68 bicyclists using the pit stop. The final number of registered bicyclists for the White Oak/FDA pit stop was 101. The day started off overcast, windy, and cool but a great time was had by all.



MD Montgomery County Friendship Heights



The 2026 Friendship Heights pit stop was again hosted by The Shops at Wisconsin Place, at the corner of Wisconsin Ave. & Western Ave. in Chevy Chase and ran from 6:30 – 9:00 AM. There were 146 riders at final registration. A total of 73 of the pre-registered cyclists attended plus 30 walk-ups. As in previous years, there were two new bike winners. The bikes were from Griffin Cycle, Inc. in Bethesda. One winner had to be present to win, the other was selected in a second drawing from assigned numbers listed on the registration. Pit stop exhibitors and raffle donors included: All-In-One Entertainment – DJ and music, Avalon Theater, Burn Boot Camp, The Capital Grille, Child's Play Toys and Books, Clyde's of Chevy Chase, Conte's Bike Shop, OneLife Fitness, Drink More Water, Friendship Heights Alliance, Montgomery County Ride On, Parkinson Foundation of the National Capital Area (Mobile Resource Unit), Starbucks, T-Mobile, Trader Joe's, Wonderland Books.

MD Montgomery County Germantown Blackrock Center



MD Montgomery County North Bethesda Pike and Rose

The North Bethesda Pit Stop and the North Bethesda TMD staff eagerly welcomed cyclists and participants at the Pike & Rose location. The pit stop was located in the parking lot behind Pinstripes. Each registered participant received a Bike to Work Day t-shirt, towel, bike maps, and other goodies. They were treated to a variety of breakfast foods along with giveaways and information provided by generous sponsors who attended – Bender JCC of Greater Washington, Bethesda Green, Call Your Mother Deli, Care Some Sustainability Coaching, Caruso's Grocery, JOOLA, Montgomery County Flash, Montgomery County Ride On, Office of Home Energy Programs, Onelife Fitness, Owen's Tavern & Garden, Pike District Partnership, Pinstripes, REI, Strathmore, SweatHouz, WABA, and WMATA/Metro.

Prizes, drawings, and “sponsor spotlights” were made every 15 minutes and music was provided throughout the event. Cyclists participated in various fun contests as well. Techs from REI performed checks on participants' bicycles. TJ Dant, from the Bethesda-Chevy Chase Regional Services Center, presented a proclamation declaring May 15, 2026 as Bike to Work Day in Montgomery County. He was joined by Paul Ellis from Councilmember Kate Stewart's office, and Emily DeTitta and Rebecca Mellema from the Montgomery County Department of Transportation. The grand prize was a bicycle from REI. REI staff helped with the drawing and congratulated the lucky winner. A second bicycle, also from REI, was awarded to another lucky winner after the event. Another successful year was enjoyed at the North Bethesda at Pike & Rose pit stop!



MD Montgomery County Rockville Town Square



MD Montgomery County Silver Spring Veterans Plaza



The 2026 Bike to Work Day Silver Spring pit stop, held at Veterans Plaza, was a successful community event that drew 403 registrants, including 388 online registrations and 15 walk-ups, with 278 attendees participating in person. Organized and staffed by the Montgomery County Department of Transportation's Commuter Services Section, with support from FOVNDRY, volunteers, and the Silver Spring Urban District team, the event featured music, raffles, giveaways, and the popular Bike to Work Day t-shirts. Attendees had the opportunity to win a variety of prizes, including two bicycles donated by Commuter Services and purchased from Silver Cycles, which were awarded to Patrick Stuart and Nora Doyle. The event was further enhanced by strong support from local businesses, nonprofits, and county agencies that provided breakfast refreshments, hosted information tables, and promoted biking, wellness, and sustainable transportation. Entertainment was provided by All in One Entertainment, helping create a lively and engaging atmosphere for participants throughout the morning.

MD Montgomery County Takoma Park Downtown / Old Town

The Downtown Takoma Park Bike to Work Day pit stop buzzed with excitement! The event was held at Takoma Urban Park from 6:30AM – 9AM and cyclists were welcomed with snacks and giveaways from local sponsors in front of Takoma Bicycle. Takoma Bicycle, Takoma Park Silver Spring Co-op and Kolfee Coffee provided tasty treats to start the day. Participants received bike safety swag, bicycle tools, bicycle maps, Bike to Work Day T-shirts, and biking resources. There were 124 registered riders this year, including 20 new registrants. 10 unregistered bikers stopped by and approximately 67 visitors stopped by throughout the morning, with many expressing interest in the City's progress in the Metropolitan Branch Trail Upgrade Project and learning more about the bike lane projects happening in the City.



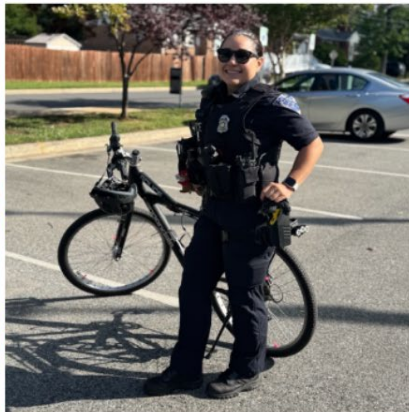
MD Montgomery County Takoma Park Sligo Creek Trail

The Sligo Creek Bike to Work Day pit stop was held from 7 – 9:30AM. A Purple Line Representative was out to give updates as well as the DC Tutoring & Mentoring Initiative. Takoma Park Silver Spring Co-op, San Alejo and Kolfee Coffee provided delicious fruit, breakfast burritos and iced coffee treats to start the day. The City provided free on-the-spot bike tuneups, and participants received bike safety swag, bicycle tools, bicycle maps, Bike to Work Day T-shirts, and biking resources. There were 45 registered riders this year, including 16 new registrants. Two (2) unregistered bikers stopped by and there were approximately 26 visitors stopping by throughout the morning, with many expressing interest in the City's progress in the Metropolitan Branch Trail Upgrade Project and the progress of the Purple Line Construction.



MD Prince George's County Berwyn Heights

The pit stop welcomed more than 40 participants from Berwyn Heights and neighboring communities. Attendees enjoyed custom snacks, refreshments, bike charms, and bike lights.



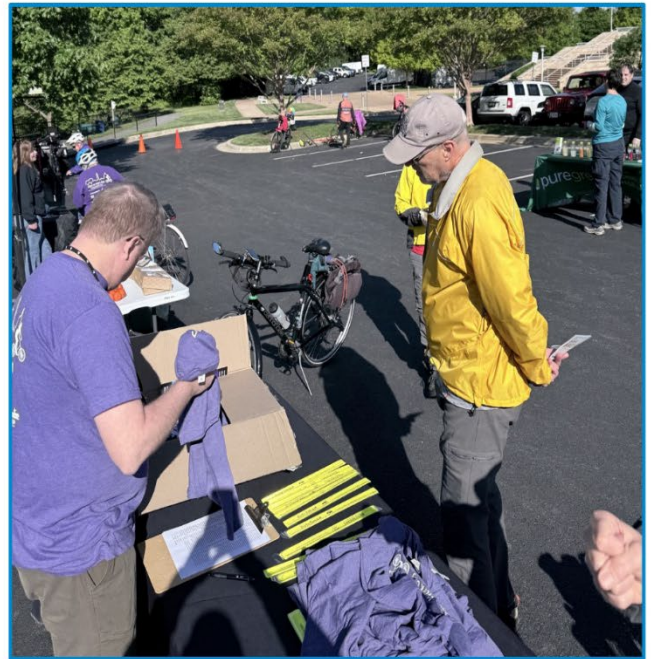
MD Prince George's County Bladensburg Waterfront Park

Department of Parks and Recreation, Prince George's County staff at Bladensburg Waterfront Park hosted a Bike to Work Day pitstop in the park along the Anacostia River Trail. It was a great morning of smiles, conversation, brainstorming trail ideas and improvements, and encouraging more biking and other sustainability initiatives. The pitstop hosted around 50 participants total with upbeat music, breakfast snacks, plenty of giveaways/swag, and of course, the beautiful purple Bike to Work Day shirts, the event was a lot of fun to unite the community and get some vehicles off the road!



MD Prince George's County Bowie - City Hall

Residents from all across the city came out to support National Bike to Work Day at the City Hall pit stop in Bowie, Maryland. This event gave the city an opportunity to reveal the new Bowie bike racks to the community. Feedback from attendees was overwhelmingly positive, with many expressing that efforts like these are what make Bowie so special. A total of 36 residents made a visit to the pit stop on their morning commute; a pit stop record! A special “Thank You” goes out to Harris Teeter, Family Bike Shop, State Farm Agent Cinaway D. Elivert, Brady Renner, and BlendedbyDul”.



MD Prince George's County College Park City Hall Plaza



The City Hall Plaza was well attended. Cyclists enjoyed a successful day demonstrating significant community engagement and support for sustainable transportation. The event featured a variety of vendors including Veo, WABA (Washington Area Bicyclist Association), Proteus, and College Park Bicycles-all contributing to a vibrant atmosphere and offering valuable resources to participants. Staff members were pleased to see several esteemed Councilmembers present underscoring the City's commitment to promoting cycling and community events.

Many residents also turned out which made it a truly fun and engaging day for all. Bagels and Grinds catered the event providing refreshments for participants. Overall, it was a positive event that highlighted the City's dedication to active living and community initiatives.

MD Prince George's County Largo/Kettering/Perrywood

Bike to Work Day at the Largo/Kettering/Perrywood Community Center Pit Stop was a great success! The Prince George's County Department of Public Works & Transportation in partnership with the M-NCPPC Department of Parks and Recreation and Prince George's County co-hosted the [Bike to Work Day](#) Pit Stop at the Largo/Kettering/Perrywood Community Center in Upper Marlboro, MD on Friday, May 15, 2026. Capital Bikeshare, DPW&T and Vision Zero Prince George's and the Be Seen, Be Alert, Be Safe Campaign were Bronze Sponsors!

Cyclists from across the County and throughout the region participated in Bike to Work Day on the grounds of the Largo/Kettering/Perrywood Community Center. Cyclists received a Bike to Work Day t-shirt and obtained pedestrian and bicycle safety, active commuting, Vision Zero Prince George's information and various giveaways and information on county and community resources. During the Bike to Work Day event, cyclists took part in demonstrations on how to load and unload their bicycles on the bike rack located on the front of the GoPGC bus. Cyclists participated in free rides using Capital Bikeshare eBikes. Additionally, cyclists were provided information and giveaways from representatives of agencies, organizations, and clubs who attended and supported the 2026 Bike to Work Day.

DPW&T's Bicycle and Pedestrian Program Manager, Tiffany Jennings, who served as Bike to Work Day Pit Stop Manager welcomed and thanked the cyclists, partners, volunteers and all in attendance for coming out and supporting Bike to Work Day.

Remarks were provided to the cyclists, partners and supporters by the following:

- Aisha Braveboy, County Executive, Prince George's County
- Oluseyi A. Olugbenle, Acting Director, DPW&T, Prince George's County
- Wala Blegay, County Council Member-at-Large, Prince George's County
- Deron Lovaas, Chief of Environment and Sustainable Transportation, MDOT
- Kenniss Henry, Bicycle Safety Advocate, Founder of the Ride for Natasha

Many Thanks to the following partners, supporters and volunteers for tabling or/and providing resources and assistance for the Largo/Kettering/Perrywood Community 2026 Bike to Work Day Pit Stop.

Bike to Work Day Partners and Supporters

- Prince George's County Government
- The Maryland-National Capital Park & Planning Commission
- Prince George's County Executive's Office
- Prince George's County Council
- Metropolitan Washington Council of Governments
- Commuter Connections
- Prince George's County Department of Public Works & Transportation
- Prince George's County Bicycle and Pedestrian Program

- RideSmart
- M-NCPPC Department of Parks & Recreation, Prince George's County
- The Largo/Kettering/Perrywood Community Center
- Perrywood Elementary School
- M-NCPPC Park Police and Park Rangers
- M-NCPPC Cycling Seniors
- Prince George's County Bike and Pedestrian Safety Advisory Committee
- Vision Zero Prince George's
- The Be Seen, Be Alert and Be Safe Bicycle and Pedestrian Safety Campaign
- Maryland Department of Transportation (MDOT)
- Capital Bikeshare
- Prince George's Arts & Humanities Council
- Washington Area Bicyclist Association (WABA)
- Jafe Cycling
- Kenniss Henry and the Natasha Ride
- Bowie State University Alumni Bike Tour
- The Capital Market
- TheBus
- Prince George's County Police Department
- Office of the Sheriff
- Prince George's County Fire Department
- Office of Community Relations and PGC311
- Department of the Environment
- Department of Permitting Inspection and Enforcement
- Cycling Clubs, Cyclists, Guests Speakers, Volunteers, Students and Faculty



MD Prince George's County Mount Rainier Bike Co-op

The Mount Rainier Green Team and the Mount Rainier Bike Co-op hosted a great 2026 Bike to Work Day pit stop. Mount Rainier is a key location for bicycling in Prince George's County, serving as the connection between Washington, D.C. and the Anacostia Trail Network. The Mount Rainier Bike Co-op supports local cyclists and encourages people to maintain and ride bicycles through education, repair, and sales. Mount Rainier Councilmember Joseph Jakuta joined Green Team Chair Sarah Lifsey and Bike Co-Op volunteer Matt Carl to greet cyclists and hand out drinks, snacks, bike bells, lights, and patch kits!



MD Prince George's County National Harbor - Oxon Hill



The Oxon Hill/National Harbor Bike to Work Day Pit Stop recorded 18 bicyclists, including 11 men, 5 women, and 2 participants who did not report gender, with most riders between the ages of 35 and 65. Survey responses showed the longest commute was from La Plata to Washington, D.C. (38 miles one way, taking 2 hours and 15 minutes), and four participants worked at the Naval Research Laboratory in Southwest D.C. near National Harbor. Overall, riders reported positive commuting experiences, with only a few concerns about bumpy trails, potholes, and reckless drivers, while feedback on the Bike to Work program was overwhelmingly positive, including praise for the Oxon Hill/National Harbor pit stop and suggestions to expand its size due to the limited number of Maryland pit stops.

MD Prince George's County New Carrollton

The City of New Carrollton hosted its first Bike to Work Day pit stop at Beckett Field on May 15, 2026, from 7:30 a.m. to 10:00 a.m. While 24 participants registered in advance, approximately 50 people attended. Participants included Mayor Phelecia Nembhard, Councilmember Mills, Prince George's County Council Member Eric Olson (District 3), Delegate Ashanti Martinez (District 22), city staff and members of the New Carrollton Police Department. Attendees received Bike to Work Day information through WABA pamphlets, event T-shirts, coffee, donuts, and other light refreshments. City volunteers also organized a bike convoy of four New Carrollton riders who completed an 18-mile loop with stops in New Carrollton, Greenbelt, and Berwyn Heights before concluding at the College Park Town Hall.



MD Prince George's County University of Maryland

On the morning of Bike to Work Day, the University of Maryland, College Park (UMD) emotional support dog, Teddy, was fitted with a pair of Bike to Work Day sunglasses and t-shirt. Teddy then joined in for a big group photo to kick off the event, with UMD faculty, staff, and local community members. Later that afternoon, attendees enjoyed a game of Transportation Trivia ball and a “spin the wheel” style game. Attendees received BikeUMD safety gear with support from WABA. The pit stop featured had an a-frame chalkboard checklist of bicycle programs, events, and services. Staff also distributed regional bike maps, flyers, t-shirts, and a variety of snacks. Pit stop visitors noted they were looking for a way to connect to the local bicycling community through regular group rides. The pit stop had 87 registrants and approximately 62 attendees.



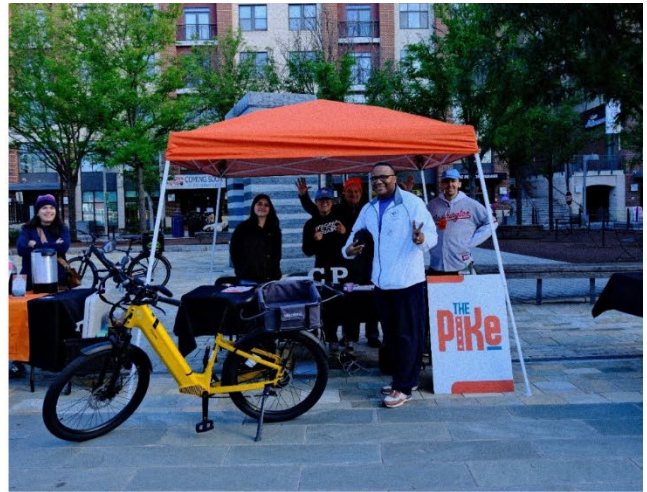
VA Arlington County Ballston

BikeArlington's Ballston Pit Stop celebrated the 25th anniversary of Bike to Work Day with a move to Welburn Square in the heart of Ballston. With unwavering support from the Ballston Business Improvement District and Piedmont Realty Trust, BikeArlington welcomed tabling partners representing local businesses from Onelife Fitness to Potomac River (PR) Run Walk, community organizations from Friends of the W&OD to the Northern Virginia Transportation Authority, and longtime supporters Arlington Central Library and The Nature Conservancy. Riders were treated to delicious refreshments from Good Company Doughnuts, Life Alive Cafe, and Silver Diner, plus bike safety checks from friends at Trek Bicycle, while BikeArlington's energetic volunteers distributed T-shirts, transportation resources, and giveaways, including bike mirrors, bells, and lights, to all.



VA Arlington County Columbia Pike

BikeArlington returned to Penrose Square for the first time since 2023 thanks to completion of an extensive two-year multimodal transportation project along Columbia Pike. Columbia Pike Partnership joined Phoenix Bikes, Acme Pie, Le Juice, and Red Bean Harvest Coffee in welcoming riders back to the Columbia Pike pit stop with community resources, bike safety checks and healthy breakfast fare. Riders picked up their 2026 T-Shirts and scooped up goodies from BikeArlington volunteers, then lingered to chat with tabling partners from WETA, Sustainable Mobility for Arlington County, and Columbia Pike Library before pedaling off to work!



VA Arlington County Langston Blvd

Bike to Work Day on Langston Boulevard was a great afternoon of community connection! Attendees stopped by to celebrate their commute, enjoy complimentary custom Bike to Work Day cookies and stickers, and connect with neighbors and friends. A special thank you to Lyon Village Shopping Center for hosting and helping make the event a fun, welcoming celebration of biking and community.



VA Arlington County National Landing Water Park

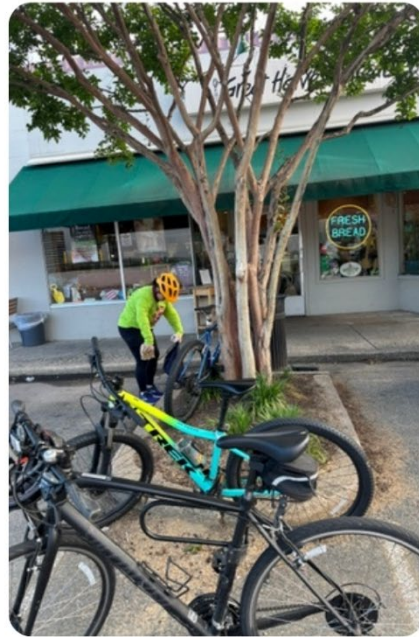


VA Arlington County Rosslyn at Gateway Park



BikeArlington opened the floodgates in Rosslyn to welcome riders to the iconic Gateway Park pit stop. Riders enjoyed refreshments from longtime partners McD Mateos/McDonald's, queued up for safety checks from Conte's Bike Shop, and engaged with more than 20 tabling partners from community organizations, County agencies, and local businesses. The festivities went off without a hitch thanks to invaluable support from the Rosslyn Business Improvement District, Arlington County Department of Parks and Recreation, and BikeArlington volunteers.

VA City of Alexandria Fairlington Centre



VA City of Alexandria John Carlyle Square Park

The Carlyle pit stop continues to be a wonderful success as the location celebrated its 16th year of Bike to Work Day. The pit stop had 554 participants register making it the highest amount ever. For the first time, Bingo was introduced as a fun way to distribute the wonderful donated items. The event had 25 sponsors on site this year, creating an incredible atmosphere of community and celebration. There were 10 additional sponsors who were unable to join in person but contributed amazing Bingo gifts.

Mayor, Alyia Gaskins stopped by to help close out the morning and celebrate the Bingo winners. City Council members also joined throughout the morning and participated in the festivities, including Canek Aguirre, John Chapman, and Abdel-Rahman Elnoubi. The Sheriff's Department and bicycle officers also stopped by to show their support and help make the event a success.



VA City of Alexandria Old Town at City Hall

The City of Alexandria's GO Alex team greeted over 150 cyclists at the temporary location for the Old Town at City Hall Pit Stop between 7:30-9:30a.m. Due to construction occurring at City Hall and Market Square, the Pit Stop was moved to the next block and included one city block that was closed to vehicle traffic (100 block of North Royal Street). Despite the new location, cyclists were able to easily find the pit stop and enjoyed the morning celebrating biking in and through the city. After hopping off their bikes, checking in, grabbing a raffle ticket and selecting their T-shirts, participants were able to partake in coffee from Misha's, bananas, oranges, and grab and go snacks from Wegmans, water from Virginia American Water company, 20 tables representing area businesses and City services, a live DJ and music, raffle prizes, DASH bike loading demonstrations and a crafting at the Mobile Art Lab.

Members of Alexandria's City Council participated in the event with Vice Mayor Sarah Bagley kicking off the event at 7:30 and Councilmembers Canek Aguirre and John Chapman in attendance. The event also had the support of the local bike community with three local bike shops (Conte's Bike, Strictly E-Bikes, and Pedego) and two community cycling organizations (Alexandria BPAC and WABA) participating.

A special thanks for assistance with this event goes to the Transportation and Environmental Services Department in particular the Transportation Branch, the Communications Team, the Street Cleaning Team, and the Traffic Operations Team; DJ Regy Reg; and Sammy's Rentals.



VA Fairfax County City of Falls Church – W&OD Trail

The City of Falls Church hosted another successful Bike to Work Day Pit Stop at the W&OD Trail and Little Falls Street! More than 250 participants joined the event. Community partners including Bikenetic Bike Shop, Conte's Bike Shop, Café Kindred, South Block, the Falls Church Police Department, NOVA Parks, Friends of the W&OD, and Bike Falls Church helped make the morning a fun and engaging celebration of biking and sustainable transportation!



VA Fairfax County Fair Lakes

The Fair Lakes Bike to Work Day pit stop had another fun year! The pit stop set up in its usual spot by Noodles & Company in the Fair Lakes Shopping Center and enjoyed a steady stream of riders all morning. Lots of regulars, and a few new faces, enjoyed free bike tune-ups from Al's Bike Shop, delicious Chick-fil-A chicken minis, assorted breakfast treats, fruit, beverages, tote bags. Riders loved the soft freebie t-shirts & their cool morning treks. The community and staff look forward to this event every year!



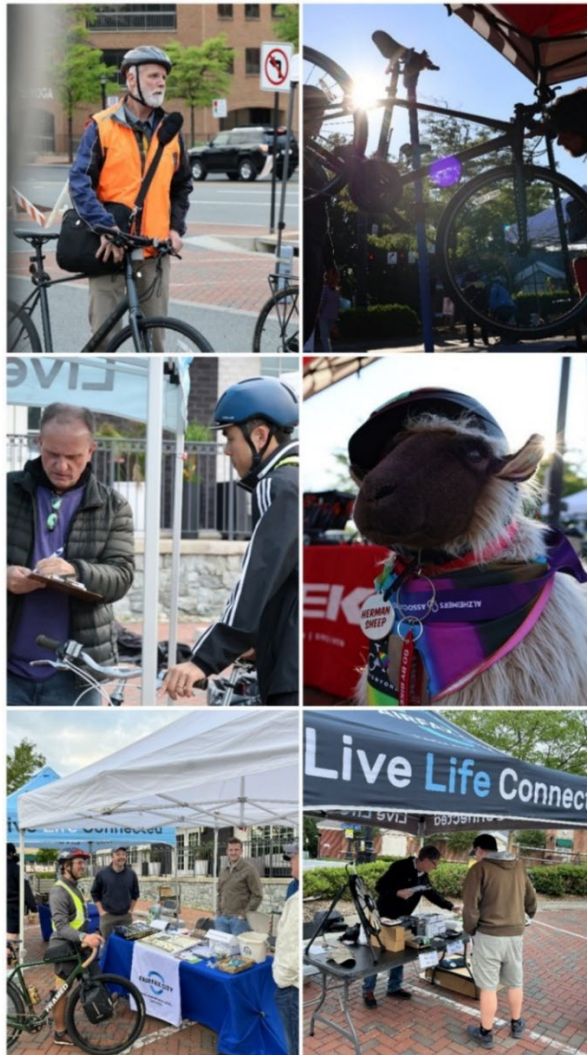
VA Fairfax County Jim Scott Community Center

The fourth annual Bike to Work Day pit stop at the Jim Scott Community Center, near the Vienna Metro Station, was a success! The pit stop welcomed 29 registered participants and more than 55 cyclists, along with several walkers who stopped by throughout the morning. Many community partners helped make the event possible, including the Fairfax County Police Department, Fairfax County Department of Transportation, Virginia Department of Transportation, Sun & Surf, Fairfax County Health Department, and the Police Civilian Review Panel. Attendees enjoyed snacks provided by SevaTruck and coffee from Caboose Commons. This pit stop location continues to gain recognition within the local cycling community and participation is anticipated to continue growing in the years ahead.



VA Fairfax County City of Fairfax Old Town Square

The City of Fairfax Old Town Square pit stop was held from 6 - 9AM. 110 people registered or participated (including 10 walk-ups), a slight increase from 2025. Riders enjoyed refreshments sponsored by the city's Environmental Sustainability Committee and juices given away by South Block Fairfax. Other businesses at the event included Trek Bicycle with staff from the Fairfax store offering quick bicycle tune-ups and the Inova outreach coordinator promoting safety education and giving away swag. Riders also won raffle prizes donated by several local businesses including Bond's Escape Room, High Side Brewery, Orner Beer, and Senberry Bowls. The event was supported by members of the Environmental Sustainability Committee and volunteers from the community. The Fairfax City Council adopted a resolution supporting Bike Month and Bike to Work Day, and Councilmembers Anthony Amos and Tom Peterson stopped by to enjoy the pit stop.



VA Fairfax County West Springfield Government Center

Bike to Work Day 2026 at the West Springfield Government Center was still a success with similar turnout to last year. The pitstop sponsors included West Springfield Starbucks (provided free coffee), Duck Donuts of West Springfield (provided free donuts) and the Fairfax County Dept. of Transportation who provided bike-related giveaways and informational handouts.

Springfield District Supervisor Pat Herrity and his staff, and representatives from the West Springfield District Police Station greeted riders and offered complimentary coffee and other beverages, donuts, and chick-fil-a sandwiches and fruit cups. Jeff Stoll from WABA also provided advice and support to cyclists with questions about biking in the area. While the pit stop didn't see as many cyclists as years prior, there was still had a steady stream of them during the event. The event was advertised/promoted through FCDOT, Supervisor Herrity's newsletter and social media posts, and some smaller local media sources also shared information about the event.



VA Fairfax County Town of Vienna

It was another perfect rain-free day for “Bike to Work Day 2026”. The Town of Vienna Bicycle Advisory Committee greeted over 150 cyclists with swag, snacks, and drinks. WABA was there and Bikes@Vienna and REI Tysons were both on hand with swag and tech support. Special thanks to One Neighborhood Foundation and Texas Donuts for the fruit and donuts, South Block for amazing juices, and Caffè Amouri for the best coffee in Vienna.

VA Prince William County Dumfries



**VA Prince William County
Manassas GMU Freedom Center**



VA Prince William County Kelly Leadership Center



VA Prince William County City of Manassas Park



The Manassas Park Bike to Work Day pit stop had about 50 visitors at the Virginia Railway Express (VRE) Station. The pit stop featured live music, the Manassas Park Police Bike Force, representatives from Parks and Recreation, food, coffee, and lots of swag to give away. Signal Bay Waterpark day pass was also raffled off to one lucky registered participant. The winner was a young student who stopped by on her routine bike commute to High School!

VA Prince William County City of Manassas - VRE Station



The City of Manassas VRE Station Pitstop hosted another successful Bike to Work Day event! The event featured representatives from OmniRide and VRE present to answer questions about using bikes on public transit, as well as Regina Moore, the Regional Planning Manager for NOVA District Transportation Planning with VDOT. Light refreshments were served in addition to the t-shirts, water bottles, bike lights, and other small swag items from OmniRide and VRE. The event was supported by private volunteers along with Allen Muchnick from Active Prince William. Dan Donohue from Nova Cycleworks also attended, offering tune-up services to participants. City of Manassas City Hall Employees showed up in a group of ~8 riders and City of Manassas Council Members Sonia Vasquez Luna and Ashley Hutson also supported the event!

VA Prince William County Rippon Landing VRE Station

There were 10 registrants for the event's pit stop. Both VRE and OmniRide staff were at the pitstop, passing out bike lights and information on Explore Bike Month and other bike-related information. Additionally, Ben Matters and Sarah McGowan represented OmniRide at the Prince William County Board of Supervisors meeting where there was an Explore Bike Month proclamation. Chair Deshundra Jefferson, Supervisor Ken Bode, PW Director of Transportation Rick Canizales and Bryce Barrett, PW Principal Planner were all present in full support of the regional event.



VA Prince William County Woodbridge Chinn Center

Chinn Aquatics had a great turnout and morning. Despite not featuring a large sign, the pit stop did have an 80% turnout rate with 3-4 riders that dropped in without registering which increased the rate to almost a 100% turnout. The pit stop had plenty of fun giveaways (small bicycle charms for bracelets, rider wrist bands, sunglasses, maps, portable first aid kits...) some great snacks and water. Many repeat riders attended and engaged in great conversations!



VA Prince William County Woodbridge Tackett's Mill



Employer Participation

More than 229 employers had five or more employees registered for Bike to Work Day 2026. The winner of the Employer Challenge was the National Institutes of Health, with a total of 409.

Bike to Work Day 2026 Employer	# of Registrants
National Institutes of Health (NIH)	409
Self Employed	346
Retired	190
U.S. Department of State	163
N/A	156
University of Maryland, College Park	143
U.S. Environmental Protection Agency (EPA)	122
U.S. Food and Drug Administration (FDA)	112
Department of Defense (DOD)	108
World Bank	93
U.S. Coast Guard	90
Amazon	88
U.S. Navy	80
Georgetown University	73
U.S. Patent and Trademark Office (USPTO)	73
Capital One	71
Fairfax County Public Schools	67
City of Alexandria Government	61
Department of Justice (DOJ)	61
U.S. Army	59
The MITRE Corporation	55
Arlington County Government	55
Montgomery County Public Schools	54
George Washington University	53
District Department of Transportation (DDOT)	51
Library of Congress	50
Arlington Public Schools	50
District of Columbia Public Schools	50
Fairfax County Government	48
Department of Energy (DOE)	48
National Oceanic and Atmospheric Administration (NOAA)	48
Booz Allen Hamilton	44
Smithsonian	44

George Mason University	41
USG	38
District of Columbia Government	37
U.S. Department of Transportation	35
U.S. Department of Agriculture (USDA)	34
Washington Metropolitan Transit Authority (WMATA)	34
Deloitte	33
Federal Reserve Board	33
International Monetary Fund	32
National Geographic Society	31
Leidos	30
Northrop Grumman	30
U.S. House of Representatives	30
Loudoun County Government	29
Montgomery County Government	29
US Air Force	27
Department of War	26
The National Institute of Standards and Technology (NIST)	26
American University	25
U.S. Naval Research Laboratory	25
MedStar	24
AstraZeneca	23
Fannie Mae	23
Federal Emergency Management Agency (FEMA)	23
National Science Foundation	23
Google	22
Federal Aviation Administration	22
Bloomberg	22
General Dynamics Information Technology	22
U.S. Senate	21
Inova	20
Department of Veterans Affairs	20
General Services Administration (GSA)	20
Architect of the Capitol	19
Montgomery College	19
Inter-American Development Bank	19
Alexandria City Public Schools	18
Accenture Federal Services	18
M-NCPPC	18

National Aeronautics and Space Administration (NASA)	17
Peraton	17
Science Applications International Corporation (SAIC)	17
Student	17
Unemployed	17
Federal Energy Regulatory Commission	17
Virginia Department of Transportation	17
United States Postal Service (USPS)	17
Freddie Mac	16
Frederick County Government	16
Town of Herndon	16
Naval Sea Systems Command (NAVSEA)	16
M.C. Dean	16
Metropolitan Washington Council of Governments (MWCOCG)	16
City of Gaithersburg Government	15
Children's National Hospital	15
American Association of Retired Persons (AARP)	14
Guidehouse Management Services	14
Lockheed Martin	14
Mastercard	14
Tequila and Tacos	14
Washington Area Bicyclist Association (WABA)	14
Securities and Exchange Commission (SEC)	14
American College of Cardiology (ACC)	13
ICF	13
Institute for Defense Analyses	13
Microsoft	13
United States Air Force (USAF)	13
WSP, Engineering	13
Nuclear Regulatory Commission	13
Thermo Fisher Scientific	13
City of Falls Church Government	12
City of Rockville Government	12
Federal Trade Commission	12
Gallaudet University	12
Department of Health and Human Services (HHS)	12
Navy Federal Credit Union (NFCU)	12
Verizon	12

Pan American Health Organization (PAHO)	12
AECOM	11
CACI	11
Charles County Government	11
City of Fairfax Government	11
Federal Deposit Insurance Corporation (FDIC)	11
Kaiser Permanente	11
National Gallery of Art	11
National Park Service (NPS)	11
Society of Human Resource Management (SHRM)	11
Department of Commerce	11
Prince George's County Public Schools	11
Collins Aerospace	10
IBM	10
KPMG	10
Peace Corps	10
Sweet Fire Donnas Count	10
Urban Institute Count	10
Walter Reed National Military Medical Center	10
DC Department of Energy and Environment	10
RAND Corporation	10
Appian	9
Comcast	9
EY	9
Federal Communications Commission	9
National Guard Bureau	9
Politico	9
Prince William County Government	9
Prince William County Schools	9
REI	9
T-Mobile	9
Walter P. Moore, Engineering	9
Boeing	8
CGI Federal	8
City of College Park Government	8
City of Frederick Government	8
U.S. Department of Labor (DOL)	8
Freshfarm	8
Hogan Lovells	8
IFC Corporation	8

Jacobs	8
Johns Hopkins University	8
Marriott International	8
Meta	8
National Center for Missing & Exploited Children (NCMEC)	8
Bain & Company	8
City of Greenbelt Government	7
Costar Group	7
District of Columbia Water and Sewage Authority	7
Department of the Interior (DOI)	7
EAB Global Inc.,	7
Foursquare ITP	7
Georgetown Day School	7
GSK	7
Homegrown	7
Loudoun County Public Schools	7
Maryland School for the Deaf	7
National Cancer Institute	7
Oracle	7
State of Maryland Government	7
STUDIOS Architecture	7
The Washington Post	7
Utility Systems	7
Workday	7
Amtrak	6
Anduril	6
Arnold & Porter	6
ATA Engineering	6
Burke and Herbert Bank	6
DowntownDC BID	6
Fairfax County Health Department	6
United States Government Accountability Office (GAO)	6
GEICO	6
Gorove Slade Associates Inc.,	6
Handy Bikes	6
Howard University	6
Meridian International Center	6
Morgan Stanley	6
Paradigm	6
PwC	6

Rocky Mountain Institute (RMI)	6
School Without Walls	6
Simpson Properties	6
Sol Systems	6
The Pew Charitable Trusts	6
The Salvation Army	6
U.S. Geological Survey	6
Westat	6
Williams & Connolly LLP Count	6
Adobe	5
Alexandria Economic Development Partnership	5
Amentum	5
ASM Research	5
ASTi	5
Blue Origin Enterprises	5
City of New Carrollton	5
D.C. Public Library	5
Defense Health Agency	5
Department of Treasury	5
Federal Highway Administration (FHA)	5
Gonzaga College High School	5
Henry Jackson Foundation	5
Interface Media Group	5
Internal Revenue Service (IRS)	5
Kimley-Horn	5
League of Conservation Voters	5
Montgomery County Planning	5
MPR Associates	5
Nestle	5
Parsons	5
Salesforce	5
Skadden Arps	5
STR	5
The Nature Conservancy	5
Toole Design Group	5
Town of Vienna Government	5
Virginia Hospital Center	5
Washington Gas	5

Earned Media

Bike to Work Day 2026 – Earned Media Report	
Organization	URL
Calendar Listings (total: 89)	
Adams Morgan BID	Bike to Work Day 2026
Afro American Newspaper	Bike to Work Day 2026
Alexandria Chamber of Commerce	Bike to Work Day 2026 - shared through Carlyle Council materials
All Events – Bethesda Transportation Solutions	Bike to Work Day 2026
All Events – DowntownDC BID	Bike to Work Day 2026
All Events - metrobar	Bike to Work Day 2026
All Events – Prince George’s County Planning Department	Bike to Work Day 2026
All Events – Transit Services of Frederick County	Bike to Work Day 2026
ALX Now	Bike to Work Day 2026
ARL Now	Bike to Work Day 2026
ARL Now	Bike to Work Day 2026
ARL Now	Bike to Work Day 2026
Baltimore’s Child	Bike to Work Day 2026
Baltimore Sun	Bike to Work Day 2026
Bike Arlington	Bike to Work Day 2026
Bike League	Bike to Work Day 2026
Bethesda Magazine	Bike to Work Day 2026
Bethesda Transportation Solutions	Bike to Work Day 2026
Capital Gazette	Bike to Work Day 2026
Capitol Hill BID	Bike to Work Day 2026
Capital Riverfront	Bike to Work Day 2026
Car Free Diet	Bike to Work Day 2026
Carlyle Council	Bike to Work Day 2026

Charles County Chamber of Commerce	Bike to Work Day 2026
City of Alexandria	Bike to Work Day 2026
City of Alexandria	Bike to Work Day 2026
City of College Park	Bike to Work Day 2026
City of Fairfax	Bike to Work Day 2026
City of Hyattsville	Bike to Work Day 2026
City Spark	Bike to Work Day 2026
DC Military	Bike to Work Day 2026
DC News Now	Bike to Work Day 2026
DC Social Guide	Bike to Work Day 2026
DC Streets Blog	Bike to Work Day 2026
District Wharf	Bike to Work Day 2026
Downtown DC	Bike to Work Day 2026
Dulles Moms	Bike to Work Day 2026
Dupont Circle	Bike to Work Day 2026
East of the River	Bike to Work Day 2026
Fairfax City EDA	Bike to Work Day 2026
Fairfax County Connect with America	Bike to Work Day 2026
Fairfax County Connect with America	Bike to Work Day 2026
Fairfax County Times	Bike to Work Day 2026
Falls Church Chamber of Commerce	Bike to Work Day 2026
FFX Now	Bike to Work Day 2026 – same as ALXnow, could only submit to one of them
Frederick News Post	Bike to Work Day 2026
Gaithersburg-Germantown Chamber of Commerce	Bike to Work Day 2026
Georgetown DC BID	Bike to Work Day 2026
Georgetown	Bike to Work Day 2026
Greater Greater Washington	Bike to Work Day 2026
Greater Rockville Chamber of Commerce	Bike to Work Day 2026
Greenbelt, MD	Bike to Work Day 2026

InsideNova	Bike to Work Day 2026
Loudoun County	Bike to Work Day 2026
Maryland Cycling Events	Bike to Work Day 2026
Montgomery Magazine	Bike to Work Day 2026
Mount Vernon Trangle DC	Bike to Work Day 2026
National Harbor	Bike to Work Day 2026
National Landing	Bike to Work Day 2026
NoMA BID	Bike to Work Day 2026
Patch Arlington	Bike to Work Day 2026
Patch DC	Bike to Work Day 2026
Petsworth News Community Calendar	Bike to Work Day 2026
Pike District	Bike to Work Day 2026
Popville (DC Blog)	Bike to Work Day 2026 – same as ALXnow, could only submit to one of them
Potomac Local	Bike to Work Day 2026 – same as ALXnow, could only submit to one of them
Prince George County, MD	Bike to Work Day 2026
Public Service Commission District of Columbia	Bike to Work Day 2026
Rosslyn BID	Bike to Work Day 2026
SWBID	Bike to Work Day 2026
The Bay Net	Bike to Work Day 2026
The Georgetowner	Bike to Work Day 2026
The League of American Bicyclists	Bike to Work Day 2026
Town of Herndon, VA	Bike to Work Day 2026
Tysons Today	Bike to Work Day 2026
Velocity Bicycle Cooperative	Bike to Work Day 2026
Visit Fairfax VA	Bike to Work Day 2026
Visit Falls Church	Bike to Work Day 2026
Washington City Paper	Bike to Work Day 2026
Washington Family, Reston	Bike to Work Day 2026
Washington Informer	Bike to Work Day 2026

Washington Jewish Week	Bike to Work Day 2026
Washington Parent	Bike to Work Day 2026
Washington Post	Bike to Work Day 2026
Washingtonian	Bike to Work Day 2026
WDCW TV 50	Bike to Work Day 2026
WGIT	Bike to Work Day 2026
Wharf DC	Bike to Work Day 2026
730 DC	Bike to Work Day 2026
News Articles (total: 38)	
Alexandria Brief (5/3)	Alexandria to host six pit stops for Bike to Work Day on May 15
Alexandria Brief (3/2)	Registration opens for Bike to Work Day as event marks 25th anniversary
ALX Now (5/6)	Alexandria participating in Bike to Work Day with prizes, giveaways next week
Annandale Today (5/12)	Ditch the car on Bike to Work Day
City of Fairfax, VA (5/6)	Let's Ride! Everyone's Invited for Bike to Work Day, May 15
DC News Now (5/12)	Bike-to-Work Week across DMV encourages commuters to cycle
DVIDS (5/15)	News - PAE SSP Promotes Commuting Options on National Bike to Work Day
Fairfax Alliance for Better Bicycling (FABB) (4/19)	Register Now for Bike To Work Day 2026!
FFX Now (5/5)	Tysons commuters encouraged to cycle for National Bike Month
FFX Now (5/13)	Bike to Work Day returning Friday with dozens of Fairfax County Pit Stops
Georgetown DC (3/20)	Register for Bike to Work Day
Georgetown DC (5/7)	Join Us for Bike to Work Day on May 15
Georgetown DC (5/8)	Join Us at Bike to Work Day on May 15
Georgetown DC (5/15)	Bike to Work Day Wheels down in Gtown
Georgetown Dish (4/15)	Bike to Work Day
Loudoun County (4/16)	Loudoun County to Host Pit Stops for Bike to Work Day Friday, May 15

Midcity DC News (5/12)	Register for Bike to Work Day Friday
Montgomery County Media (MCM) (3/6)	Registration opens for 25th Annual Bike to Work Day
Montgomery County MD (4/9)	Registration Now Open for 'Bike to Work Day' on Friday, May 15
Mount Vernon Triangle DC (3/13)	Gear Up For Bike To Work Day: Registration Now Open!
MSN (3/2)	Bike to Work Day registration opens
NBC News 4 Washington (5/6)	25+ things to do this May in the dmV
NBC News 4 Washington (5/15)	Cyclists take to the streets for Bike to Work Day
Northern Virginia Magazine (5/11)	5 Ways to Celebrate National Bike Month in Northern Virginia
Patch (4/17)	Bike To Work Day Pit Stops Announced For Loudoun County
Potomac Local News (5/15)	Bike to Work Day (13025 Chinn Park Drive)
Prince William Living Magazine (3/6)	Bike to Work Day 2026
Prince William Virginia County Government (5/4)	Bike to Work Day Returns May 15 with Local Pit Stops
The 51 st (5/12)	14 ways to get involved around D.C. this week
The Mocoshow (4/9)	Bike to Work Day Returns May 15
Virginia Bicycling Federation (NOVA) (4/27)	May Is National Bike Month
Washington Area Bicyclist Association (WABA) (3/2)	Bike to Work Day celebrates 25 years in the DMV; Register for the free event today
WUSA9 (5/14)	Grab your helmet! DMV to celebrate National Bike to Work Day tomorrow
WUSA9 (5/15)	National Bike to Work Day
WUSA9 (5/15)	It's National Bike to Work Day
Yahoo! (5/12)	Bike-to-Work Week across DMV encourages commuters to cycle
Yahoo!News (3/2)	'Bike to Work Day' registration opens
Zebra (5/8)	Bike to Work Day 2026 in Alexandria / Pit Stops, Perks, & Prizes

Social Media Posts

(Facebook – 49, Instagram – 96, LinkedIn – 18, Nextdoor – 1, Reddit – 2, Threads – 1, X – 72, Youtube – 4) (Total: 243)

Facebook – 94.7 The Drive	Facebook Post
Facebook – 94.7 The Drive	Facebook Post
Facebook – Arlington County Department of Environmental Services	Facebook Post
Facebook – Baltimore Bicycling Club	Facebook Post
Facebook – Bike Arlington	Facebook Post
Facebook – Brian Mitchell	Facebook Post
Facebook – Brian Mitchell	Facebook Post
Facebook – Bridgeway Bikes of Brunswick	Facebook Post
Facebook – Capital Bikeshare	Facebook Post - joint post
Facebook – Charm TV Baltimore	Facebook Post
Facebook – City of Alexandria	Facebook Post
Facebook – City of College Park, MD	Facebook Post
Facebook – City of Fairfax	Facebook Post
Facebook – City of Fairfax	Facebook Post
Facebook – City of Fairfax	Facebook Post
Facebook – City of Fairfax	Facebook Post
Facebook – City of Manassas, VA	Facebook Post
Facebook – City of New Carrollton	Facebook Post
Facebook – DC DMV	Facebook Post

Facebook – DC Water	Facebook Post
Facebook – DDOT	Facebook Post
Facebook – DDOT	Facebook Post - joint post
Facebook – DDOT	Facebook Post
Facebook – Downtown DC	Facebook Post
Facebook – Downtown DC	Facebook Post
Facebook – Fairfax County Government	Facebook Post
Facebook – Friendship Height’s Alliance	Facebook Post
Facebook – goDCgo	Facebook Post - joint post
Facebook – Harford County Public Library	Facebook Post
Facebook – Juli Briskman	Facebook Post
Facebook – Key 103	Facebook Post
Facebook – Leesburgology Living in Leesburg, VA	Facebook Post
Facebook – Loudoun County Government	Facebook Post
Facebook – Loudoun County Government	Facebook Post
Facebook – Maryland Department of Transportation Active Transportation News	Facebook Post - joint post
Facebook – Meridian At Gallery Place	Facebook Post
Facebook – Metro Forward	Facebook Post - joint post
Facebook – Metro Forward	Facebook Post
Facebook – Montgomery County Health and Human Services	Facebook Post
Facebook – Montgomery County, MD Department of Transportation	Facebook Post
Facebook – Prince George’s County Planning Department	Facebook Post

Facebook – Prince William County Government	Facebook Post
Facebook – Town of Indiana Head, MD	Facebook Post
Facebook – Transportation & Environmental Services, City of Alexandria, Virginia	Facebook Post - joint post
Facebook – Transit Services of Frederick County	Facebook Post
Facebook – Virginia Department of Transportation	Facebook Post - joint post
Facebook – VHB	Facebook Post
Facebook – Washington Metropolitan Police Department	Facebook Post
Facebook – Zebra Press	Facebook Post
Instagram – 94.7 the Drive	Instagram Post
Instagram – 94.7 the Drive	Instagram Post
Instagram - Adrienne Welker	Instagram Post
Instagram – Allison Eriksen	Instagram Post
Instagram – Anacostia BID	Instagram Post
Instagram – Anacostia BID	Instagram Post
Instagram – Aparna Raj	Instagram Post - joint post
Instagram – barre3 Bethesda	Instagram Post
Instagram – Bell Ringer	Instagram Post
Instagram – Bethesda Bike and Ski	Instagram Post
Instagram – Bike Arlington	Instagram Post
Instagram – Bike Arlington	Instagram Post
Instagram - Bike Arlington	Instagram Post
Instagram – Bike Arlington	Instagram Post
Instagram – Bike Arlington	Instagram Post
Instagram – Bike Arlington	Instagram Post
Instagram – Bike Arlington	Instagram Post

Instagram – Brian Mitchell	Instagram Post
Instagram – Brian Mitchell	Instagram Post
Instagram – Capitol Hill BID	Instagram Post
Instagram – Carlyle Council	Instagram Post
Instagram – City of Fairfax	Instagram Post
Instagram – City of Hyattsville	Instagram Post
Instagram – City New Carrollton	Instagram Post
Instagram – Clarendon Alliance	Instagram Post
Instagram – Charles Allen	Instagram Post
Instagram – Charles Allen	Instagram Post
Instagram – Charles Allen	Instagram Post
Instagram – Wendell Felder	Instagram Post
Instagram – College Park MD	Instagram Post
Instagram – College Park MD	Instagram Post
Instagram – College Park MD	Instagram Post - joint post
Instagram – County Cable MOCO	Instagram Post
Instagram – Corey O’Connor	Instagram Post
Instagram – Data Mobility Partners	Instagram Post
Instagram – DCBikeWalkBusPAC	Instagram Post - joint post
Instagram – DC Tutoring and Mentoring Initiative	Instagram Post
Instagram – DC Department of Transportation	Instagram Post
Instagram – DC Department of Transportation	Instagram Post
Instagram – DC Department of Transportation	Instagram Post - joint post
Instagram – DJ 8Ball Maal	Instagram Post
Instagram – Donna Welles	Instagram Post
Instagram – UMD Transportation Services	Instagram Post - joint post

Instagram – Downtown DC BID	Instagram Post - joint post
Instagram – Downtown DC Foundation	Instagram Post - joint post
Instagram – Eco-City Alexandria VA	Instagram Post
Instagram – Evan Glass	Instagram Post
Instagram – Georgetown DC	Instagram Post
Instagram – Gerren Price	Instagram Post
Instagram – godcgo	Instagram Post – joint post
Instagram – Golden Triangle DC	Instagram Post
Instagram – Greater Harvest Alexandria	Instagram Post
Instagram – Harbor Point MD	Instagram Post
Instagram – Hyattsville DC	Instagram Post
Instagram – Ilan Goldfajn	Instagram Post
Instagram – Jafe Cycling Bike Shop	Instagram Post
Instagram – Janeese Lewis George	Instagram Post
Instagram - Javier Starks	Instagram Post
Instagram - Jeanne Phil Meg Team at Compass Real Estate	Instagram Post
Instagram - Kinney Zalesne	Instagram Post
Instagram – Lorig Charkoudian	Instagram Post
Instagram – Montgomery County DOT	Instagram Post
Instagram – Montgomery County DOT	Instagram Post
Instagram – National Landing	Instagram Post
Instagram – Noma BID	Instagram Post
Instagram – Noma BID	Instagram Post
Instagram – Northern Virginia Magazine	Instagram Post

Instagram – NOVA Transit	Instagram Post
Instagram – One Neighborhood Foundation	Instagram Post
Instagram – PGC Planning Department	Instagram Post
Instagram - PGC Planning Department	Instagram Post
Instagram - PGC Planning Department	Instagram Post
Instagram – Prince George’s County Sheriff’s Office	Instagram Post
Instagram – Right Eye Studios	Instagram Post
Instagram – Riverdale Park MD Government	Instagram Post
Instagram – Rosslyn BID	Instagram Post
Instagram – Scott M	Instagram Post
Instagram – Sonny R	Instagram Post
Instagram – TBA Connects	Instagram Post
Instagram – Teddy the Terp	Instagram Post - joint post
Instagram – The DC Arts	Instagram Post - joint post
Instagram – Tysons VA	Instagram Post
Instagram – Virginia DOT	Instagram Post
Instagram – Walk Arlington	Instagram Post
Instagram – Walk Arlington	Instagram Post
Instagram – WAPO the Guide	Instagram Post
Instagram – Ward 7 Bikes	Instagram Post
Instagram – Ward 7 Bikes	Instagram Post
Instagram – Ward 7 Bikes	Instagram Post
Instagram – Ward 7 Bikes	Instagram Post
Instagram – Ward 7 Bikes	Instagram Post
Instagram – Ward 7 Bikes	Instagram Post
Instagram – Ward 7 Bikes	Instagram Post
	Instagram Post - joint post
Instagram – Wash FM	
Instagram – WUSA9	Instagram Post

LinkedIn – Capital One Center	LinkedIn Post
LinkedIn – City of College Park, MD	LinkedIn Post
LinkedIn – Daniel Gilman	LinkedIn Post
LinkedIn – DC Commission on the Arts and Humanities	LinkedIn Post
LinkedIn - DDOT	LinkedIn Post
LinkedIn – Eric Andelin	LinkedIn Post
LinkedIn – Fairfax Water	LinkedIn Post
LinkedIn – Isaac ‘Ike’ Idan-Biney	LinkedIn Post
LinkedIn – Jennifer Morris	LinkedIn Post
LinkedIn – Loudoun County Government	LinkedIn Post
LinkedIn – Micheal Grant	LinkedIn Post
LinkedIn - OmniRide	LinkedIn Post
LinkedIn – Raquel Fox	LinkedIn Post
LinkedIn – Scott J. Melchior	LinkedIn Post
LinkedIn – Strategic Systems Programs	LinkedIn Post
LinkedIn – Virginia Department of Rail and Public Transportation	LinkedIn Post
LinkedIn – VHB	LinkedIn Post
LinkedIn – Virginia Passenger Rail Authority	LinkedIn Post
Nextdoor – Prince William County	Nextdoor Post
Reddit – r/bikedc	Reddit Post
Reddit – r/bikeMoCoMD	Reddit Post
Threads – FABB	Threads Post
X – Anders Pokela	X Post
X – Arlington TRAC Espanol	X Post
X – Arlington TRAC Espanol	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post

X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Carlyle Council	X Post
X – City of Fairfax CUE	X Post
X – City of Fairfax CUE	X Post
X – City of Fairfax, VA	X Post
X – City of Fairfax, VA	X Post
X – City of Fairfax, VA	X Post
X – City of Fairfax, VA	X Post
X – City of Fairfax, VA	X Post
X – City of Fairfax, VA	X Post
X – City of Fairfax, VA	X Post
X – Daniel Gilman	X Post
X - DCBikeWalkBusPAC	X Post
X – DC DMV	X Post
X – DC DMV	X Post
X – Fairfax County Government	X Post
X – Harbor Point	X Post
X – Loudoun Co. Govt.	X Post
X – MocoFeed	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post

X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Nancy Duley	X Post
X – New Carrollton MD	X Post
X – New Carrollton MD	X Post
X – New Carrollton MD	X Post

X – National Highway Traffic Safety Administration Gov	X Post
X – Northern VA Magazine	X Post
X – Occoquan District	X Post
X – Rashida Brown	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
Youtube – CharmTV Citizens' Hub	Youtube Post
Youtube – MDOT MTA Maryland	Youtube Post
Youtube – NBC4 Washington	Youtube Post
Youtube – New Carrollton MD	Youtube Post

Earned Media Clippings



FRIDAY, MAY 15

[Bike to Work Day 2026](#)

 Before 9 a.m. and after 4 p.m.

 [100+ pit stops around the region](#)

May is Bike Month — and today, organizers want to reward you for biking to work, while connecting you to the city's bike community. Even if you work from home (like the team at your favorite worker-led local newsroom), you can bike over to [your closest pit stop](#) for friends and freebies. Nervous about biking safely? Join a [grown-up bike bus](#) via the website! Register [here](#).

Bike to Work Day registration opens

Story by Emma Levine • 2mo •  1 min read

ARLINGTON, Va. ([DC News Now](#))- Bike to Work Day (BTWD) 2026 registration opened Monday, ahead of the event, which takes place on May 15.

BTWD encourages people to get pedaling to their office or other place of business instead of commuting the way they normally would. Registered

[MCDOT](#)

Bike to Work Day Returns May 15

By **Patrick Herron**

Published April 9, 2026 at 2:19PM



DC News Now

Bike-to-Work Week across DMV encourages commuters to cycle

Kenzie Chase

Tue, May 12, 2026 at 12:09 PM EDT · 1 min read

 Add Yahoo on Google

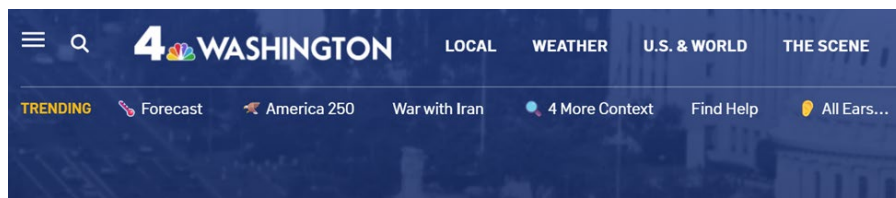
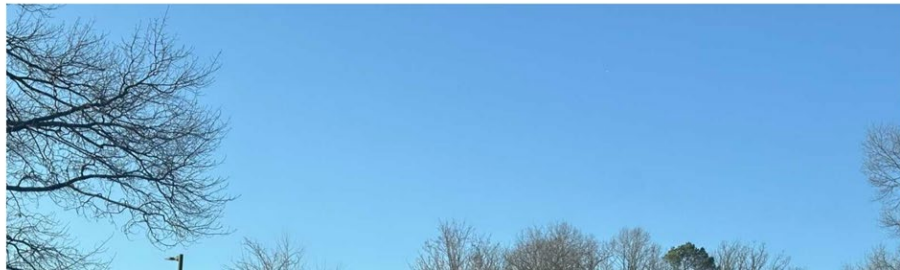


[Around Town](#)

Bike to Work Day returning Friday with dozens of Fairfax County pit stops

By **Angela Woolsey**

Published May 13, 2026 at 2:45PM | Updated May 13, 2026 at 4:09PM



[THINGS TO DO DC](#)

25+ things to do this May in the DMV

By **Sophia Barnes** • Published May 6, 2026 • Updated on May 6, 2026 at 12:45 pm

Log in or
create profile to:

Community Briefs

Bike to Work Day 2026 in Alexandria | Pit Stops, Perks & Prizes

 Judith Fogel  · 3 weeks ago

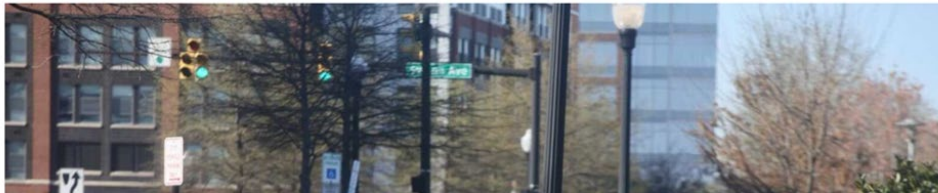
 1 minute read

Around Town

Alexandria participating in Bike to Work Day with prizes, giveaways next week

By **Katie Taranto**

Published May 6, 2026 at 1:45PM



Proclamations



Regional Proclamation

WHEREAS, the National Capital Region Transportation Planning Board through its Commuter Connections program promotes bicycling and organizes Bike to Work Day together with the Washington Area Bicyclist Association; and

WHEREAS, bicycle commuting is an effective means to support the region's air quality goals, improve mobility, and conserve energy; and

WHEREAS, bicycle commuting benefits both employees and employers through better health and fitness, and reduced commuting and parking costs; and

WHEREAS, many employers have embraced bicycling and provide secure parking and shower facilities to help encourage bicycle commuting; and

WHEREAS, Capital Bikeshare's regional system has thousands of bikes at hundreds of stations across eight jurisdictions; and

WHEREAS, more than 100 pit stops will be located within 23 COG-member jurisdictions on Bike to Work Day; and

WHEREAS, May is National Bike Month, and the week of May 11th is Bike to Work Week, celebrating bicycling as a viable means of transportation to and from work;

**NOW, THEREFORE, BE IT RESOLVED THAT THE
NATIONAL CAPITAL REGION TRANSPORTATION PLANNING BOARD:**

1. Proclaims Friday, May 15, 2026 as Bike to Work Day throughout the Washington, DC metropolitan region; and
2. Encourages TPB member jurisdictions to adopt similar proclamations in support of the event; and
3. Reminds all members of the importance of bicycle safety as advocated by the Street Smart campaign.



County Commissioners of Charles County

PROCLAMATION 2026-41

National Bike to Work Day

WHEREAS, bicycle commuting is an effective means to improve air quality, reduce traffic congestion, and conserve energy; and

WHEREAS, bicycle commuting benefits both employees and employers through better health and fitness, reduced parking and health care costs; and

WHEREAS, increasing numbers of Transportation Planning Board (TPB) member jurisdictions have added or improved bicycle paths and trails; and

WHEREAS, increasing numbers of businesses have installed bicycle parking and shower facilities to encourage employees to commute by bicycle; and

WHEREAS, the federal bicycle commuter benefit can be used by employers to assist employees with bicycle purchases, improvements, repair and storage; and

WHEREAS, biking to work or to school can help develop good exercise habits, lessen car traffic, reduce pollution and make a difference for your health and our community; and

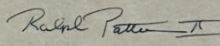
WHEREAS, the Transportation Planning Board (TPB) through its Commuter Connections program promotes and organizes the annual Bike to Work Day event along with the Washington Area Bicyclist Association and supports bicycling through its Employer Outreach program.

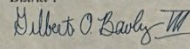
WHEREAS, Charles County supports initiatives that enhance bicycle safety, expand access to bike-friendly infrastructure.

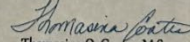
NOW, THEREFORE, BE IT RESOLVED THAT THE COUNTY COMMISSIONERS OF CHARLES COUNTY, MARYLAND, do hereby proclaim May 15, 2026 as National Bike to Work Day in Charles County, Maryland, and encourage residents to participate and support this environmentally friendly, healthy and fun event.

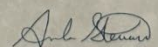
COUNTY COMMISSIONERS OF
CHARLES COUNTY, MARYLAND


Reuben B. Collins, II, Esq., President


Ralph E. Patterson, II, M.A., Vice President
District 4


Gilbert O. Bowling, III
District 1


Thomasina O. Coates, M.S.
District 2


Amanda M. Stewart, Ed.D.
District 3



Attest:

John Adelodun, Assistant Clerk to the Commissioners

LOUDOUN COUNTY, VIRGINIA

PROCLAMATION

WHEREAS Bicycling serves as a fulfilling recreational activity and a practical mode of transportation, contributing to the physical health and well-being of Loudoun County residents; and

WHEREAS Celebrated since 1956, Bike to Work Day is organized regionally by Commuter Connections at Metropolitan Washington Council of Governments (MWCOC) and the Washington Area Bicyclist Association (WABA), encouraging residents to explore alternative commute options as well as to enjoy the outdoors; and

WHEREAS Initiatives such as Loudoun County's Trails & Waterways system, the Residential Traffic Calming Program, and the Sidewalk and Trail Program, as well as engagement with groups like Bike Loudoun, exemplify the county's commitment to enhance transportation infrastructure and make multi-modal forms of transportation such as bicycling a safer and more attractive choice for all; and

WHEREAS Loudoun County is hosting two Bike to Work Day pit stops, in partnership with Bike Loudoun and Friends of the Washington & Old Dominion Trail along the Washington & Old Dominion Trail at the Sterling Ruritan Club and in Leesburg at Raflo Park.

NOW THEREFORE BE IT RESOLVED that the Loudoun County Board of Supervisors does hereby proclaim May 15, 2026, as

Bike to Work Day

Phillip J. Randall
Phillip J. Randall, Chair At-Large

Michael R. James
Michael R. James, Vice Chair, Ashburn District

Julie E. Baskin
Julie E. Baskin, Warrenton District

Sylvia R. Glass
Sylvia R. Glass, Broad Run District

Caleb A. Kershner
Caleb A. Kershner, Catoclin District

Matthew F. Letourneau
Matthew F. Letourneau, Dulles District

Karen C. Umstott
Karen C. Umstott, Leesburg District

Laura A. Tekrony
Laura A. Tekrony, Little River District

Koran T. Saines
Koran T. Saines, Sterling District

Loudoun County Board of Supervisors
May 5, 2026





Town Council of Indian Head

Proclamation Bike to Work Day 2026

WHEREAS, bicycle commuting is an effective means to improve air quality, reduce traffic congestion, and conserve energy; and

WHEREAS, bicycle commuting benefits both employees and employers through better health and fitness, reduced parking demand, and lower health care costs; and

WHEREAS, communities throughout the region continue to add and improve bicycle paths, trails, and facilities that make bicycling a safer and more accessible transportation option; and

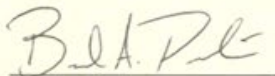
WHEREAS, bicycling to work or school helps develop healthy exercise habits, reduces vehicle traffic, decreases pollution, and contributes to the overall well-being of individuals and the community; and

WHEREAS, Bike to Work Day is an annual event that promotes bicycling as a healthy, environmentally friendly, and enjoyable transportation alternative while encouraging community members to experience the benefits of cycling; and

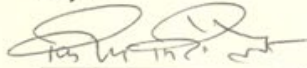
WHEREAS, the Town of Indian Head encourages residents, businesses, and visitors to support and participate in activities that promote active transportation and environmental stewardship.

NOW, THEREFORE, BE IT PROCLAIMED that the Mayor and Council of the Town of Indian Head, Maryland do hereby recognize May 15, 2026, as **Bike to Work Day** in the Town of Indian Head, Maryland, and encourage residents, employees, and visitors to participate in this environmentally friendly, healthy, and enjoyable event.

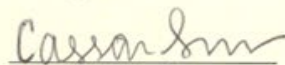
Signed this 15th day of May, 2026



Brandon Paulin
Mayor



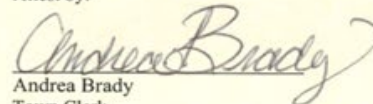
Ron Sitoula
Vice Mayor



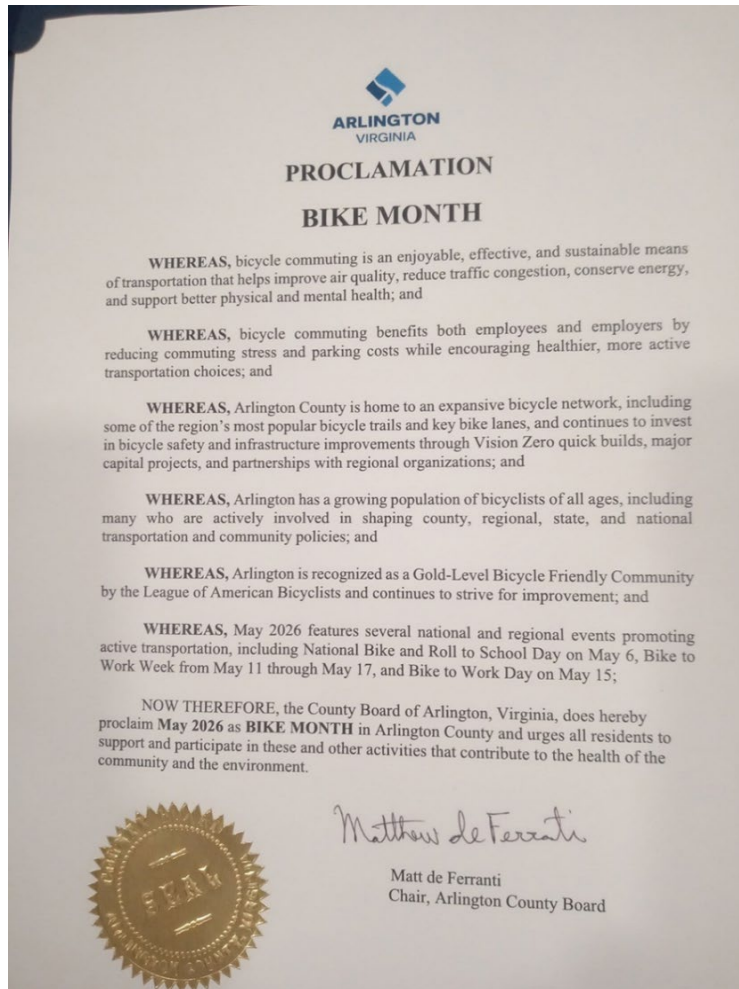
Cassandra Stillwell
Councilwoman



Attest by:



Andrea Brady
Town Clerk



Rippon Station Proclamation



Marketing

A comprehensive paid advertising campaign promoted the May 2026 Bike to Work Day event, including printed marketing materials that were distributed to each of the 107 local pit stops; all maintained a similar look and feel.

Flyer



The flyer is a vertical rectangular poster with a light purple background. At the top right, there is a decorative branch with small purple flowers. The main text is in a bold, sans-serif font. The event title 'BIKE TO WORK DAY 2026' is prominently displayed in large, bold letters, with '2026' in a slightly smaller font. Below the title, the date 'FRIDAY, MAY 15' and '25TH ANNIVERSARY' are listed. A large, stylized bicycle graphic with a rainbow gradient is positioned in the lower half of the flyer. The background of the flyer features a faint, light purple silhouette of the U.S. Capitol building. A grid of logos for various partner organizations is arranged in the middle section. At the bottom, there is a purple banner containing a QR code, registration information, and a small logo for the event.

FREE EVENT
BIKETOWORKMETRODC.ORG

REGISTER FOR
FREE T-SHIRT* & BIKE RAFFLE

WORKING FROM HOME?
BIKE TO YOUR LOCAL PIT STOP & BACK HOME

FREE REFRESHMENTS & GIVEAWAYS
AT PARTICIPATING LOCATIONS, WHILE SUPPLIES LAST

BIKE TO WORK DAY 2026
FRIDAY, MAY 15
25TH ANNIVERSARY

COMMITTEE OF PARTNERS:

- COMMUTER CONNECTIONS. A SMARTER WAY TO WORK
- WABA WASHINGTON AREA BICYCLIST ASSOCIATION
- ICF
- GO Alex
- ARCTERYX
- NATIONAL LANDING
- BIKE SPACE
- goDCgo
- MDOT MARYLAND DEPARTMENT OF TRANSPORTATION
- VDOT VIRGINIA DEPARTMENT OF TRANSPORTATION
- AASHTO AMERICAN ASSOCIATION OF STATE HIGHWAY AND TRANSPORTATION ENGINEERS
- FAIR LAKES
- Giant
- capital bikeshare
- AL's
- VISION ZERO
- BIKES FOR VIENNA
- ARLINGTON VIRGINIA
- AMERICAN COLLEGE OF CARDIOLOGY

Visit biketoworkmetrodc.org for pit stop locations and times.
*T-shirts available at pit stops to first 18,000 registrants.
Pit stops in D.C., Maryland, and Virginia!

The Bike to Work Day event is a program of the Metropolitan Washington Council of Governments and is funded by DDOT, MDOT, VDOT, and USDOT.

Printed on recycled paper

Register for free at
[BIKETOWORKMETRODC.ORG](https://biketoworkmetrodc.org)
800.745.7433

#BTWD2026

bike to work day 2026

EVENTO GRATUITO

CAMISETA GRATIS* Y EL
SORTEO DE UNA BICICLETA

REGÍSTRESE HOY EN
BIKETOWORKMETRODC.ORG

REFRIGERIOS Y OBSEDIOS EN LOS LUGARES QUE
PARTICIPAN HASTA AGOTAR EXISTENCIAS.

NO COMMUTER
CONNECTIONS

WABA

ICF

GO Alex

ARCTERYX

NATIONAL
LABOR

DC

GO

MDOT

VDOT

DC

AASHIO

FAIR LAKES

Giant

capital
bikeshare

ALC

VOICENERS

BREEZEMIND

ARLINGTON
VIRGINIA

AMERICAN
COLLEGE of
LABOR RELATIONS

DÍA DE LA BICICLETA PARA IR AL TRABAJO 2026

VIERNES 15 DE MAYO
25TH ANIVERSARIO



Regístrate gratis en
BIKETOWORKMETRODC.ORG
644.745.3433



#OTWDC26

Visite biketoworkmetrodc.org para más información acerca de las paradas
localizadas en la ruta y los horarios. *Camisetas disponibles en las paradas
en la ruta a los primeros 10,000 participantes que se registren. Paradas en
la ruta en D.C., Maryland, and Virginia.

El evento de día de la bicicleta para ir al trabajo es un
programa de la Corporación Washington Council of Governments
y está financiado por DCOR, MDCOR, VDCOR, y UNICOR.



© 2025 Washington Council of Governments

Rack Cards



**BIKE TO
WORK
DAY 2026**

FRIDAY, MAY 15

25TH ANNIVERSARY

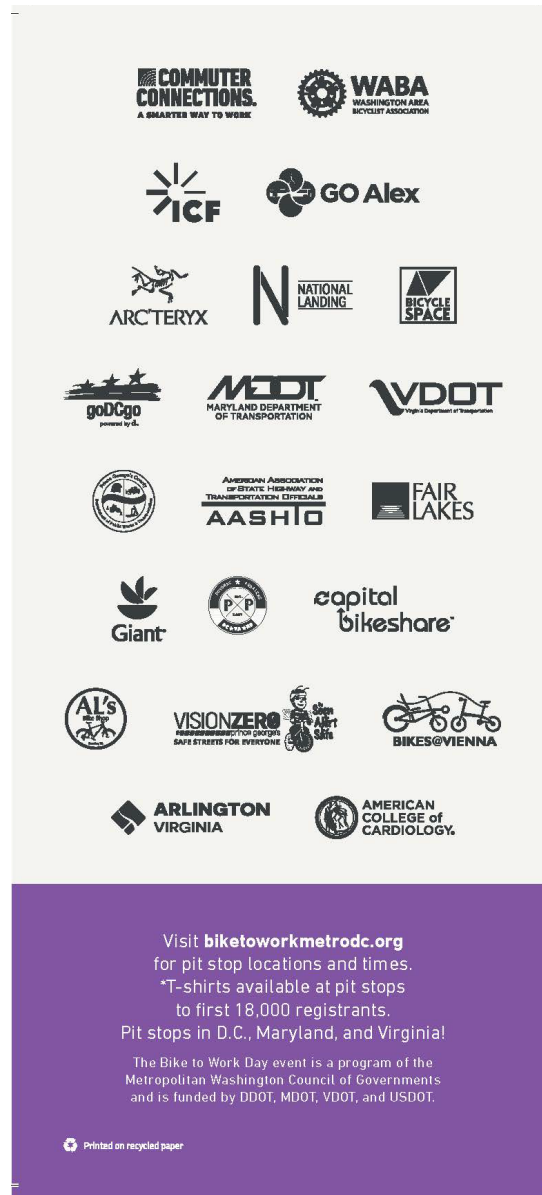
FREE EVENT
[BIKETOWORKMETRODC.ORG](https://biketoworkmetrodc.org)
 REGISTER FOR FREE T-SHIRT* & BIKE RAFFLE
 WORKING FROM HOME? BIKE TO YOUR LOCAL PIT STOP & BACK HOME

FREE REFRESHMENTS & GIVEAWAYS
 AT PARTICIPATING LOCATIONS, WHILE SUPPLIES LAST

Register for free at
[BIKETOWORKMETRODC.ORG](https://biketoworkmetrodc.org)
 800.745.7433

#BTWD2026

bike to work day
2026



COMMUTER CONNECTIONS.
A SMARTER WAY TO WORK

WABA
WASHINGTON AREA
BIKECLUB ASSOCIATION

ICF

GO Alex

ARC'TERYX

NATIONAL LANDING

BICYCLE SPACE

goDCgo
powered by d.c.

MDOT
MARYLAND DEPARTMENT
OF TRANSPORTATION

VDOT
Virginia Department of Transportation

AASHIO
AMERICAN ASSOCIATION
OF STATE HIGHWAY AND
TRANSPORTATION OFFICIALS

FAIR LAKES

Giant

P&P

capital bikeshare

AL's

VISION ZERO
REDUCING THE NUMBER OF TRAFFIC
DEATHS AND INJURIES TO ZERO

BIKES@VIENNA

ARLINGTON VIRGINIA

AMERICAN COLLEGE OF CARDIOLOGY

Visit biketoworkmetrodc.org
for pit stop locations and times.
 *T-shirts available at pit stops
 to first 18,000 registrants.
 Pit stops in D.C., Maryland, and Virginia!

The Bike to Work Day event is a program of the
 Metropolitan Washington Council of Governments
 and is funded by DDOT, MDOT, VDOT, and USDOT.

Printed on recycled paper

YouTube Video



Outdoor Banner Art Template



Digital Banner Ads



FREE EVENT
BIKETOWORKMETRODC.ORG

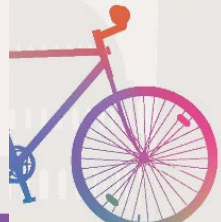


**BIKE TO
WORK
DAY 2026**
FRIDAY, MAY 15
25TH ANNIVERSARY

REGISTER AND ATTEND FOR
FREE T-SHIRT* AND BIKE RAFFLE
800.745.7433 *SEE WEBSITE FOR DETAILS



FREE EVENT
BIKETOWORKMETRODC.ORG



**BIKE TO
WORK
DAY 2026**
FRIDAY, MAY 15
25TH ANNIVERSARY

REGISTER AND ATTEND FOR
FREE T-SHIRT* AND BIKE RAFFLE
800.745.7433 *SEE WEBSITE FOR DETAILS



FREE EVENT
BIKETOWORKMETRODC.ORG



**BIKE TO
WORK
DAY 2026**
FRIDAY, MAY 15
25TH ANNIVERSARY

REGISTER AND ATTEND FOR
FREE T-SHIRT* AND BIKE RAFFLE
800.745.7433 *SEE WEBSITE FOR DETAILS



Social Media



**BIKE TO
WORK
DAY 2026**
FRIDAY, MAY 15
25TH ANNIVERSARY



**BIKE TO
WORK
DAY 2026**
FRIDAY, MAY 15
25TH ANNIVERSARY



**BIKE TO
WORK
DAY 2026**
FRIDAY, MAY 15
25TH ANNIVERSARY



**BIKE TO
WORK
DAY 2026**
FRIDAY, MAY 15
25TH ANNIVERSARY



T-Shirts

Front



Back



PANTONE® 2745 U



Press Releases



NEWS RELEASE

Bike to Work Day celebrates 25 years in the DMV; Register for the free event today

Mar 2, 2026



The annual Bike to Work Day is celebrating 25 years of healthy and happy biking in the metropolitan Washington region! Registration for this free event on Friday, May 15, 2026 is now open to commuters in the District, Suburban Maryland, and Northern Virginia.

Organized by the Metropolitan Washington Council of Governments' (COG) Commuter Connections program and the Washington Area Bicyclist Association (WABA), Bike to Work Day is a chance to feel the freedom and invigoration of pedaling to the office. Register today for the popular spring tradition that encourages commuters to try bicycling to work as a more affordable and greener way to work.

Participants have 100 "pit stop" stations to choose from on their commute to the office. Visit biketoworkmetrodc.org to find your nearest pit stop location and event hours. The first 18,000 who register and attend a pit stop will receive a free commemorative purple Bike to Work Day T-shirt and bike raffle entry. Many pit stops will provide free giveaways, snacks, beverages, and other entertainment.

Not an experienced bicyclist? No problem! Beginners are encouraged to participate as Bike to Work Day is a great opportunity to try bicycling to work for the first time. Bike solo or with a partner for a fun and rewarding experience. Free bicycle convoys will also be available along certain routes, led by experienced volunteer bicycle commuters.

Register at biketoworkmetrodc.org or by calling (800) 745-7433 to secure your spot! Follow Commuter Connections on X @BikeToWorkDay and Facebook @BikeToWorkDayMetroDC and use #BTWD2026.

Bike to Work Day 2026 is made possible, in part, through the generous support of regional sponsors, including ICF, GO Alex, National Landing, Arc'teryx, goDCgo, and BicycleSPACE.

Commuter Connections is a program of the National Capital Region Transportation Planning Board (TPB) at the Metropolitan Washington Council of Governments (COG).



NEWS RELEASE

DMV Region Rides into Bike to Work Day 2026 on Friday to Celebrate 25 Years

Area Leaders Join Thousands of Commuters in Annual Regionwide Celebration

Washington, DC (May 14, 2026) – More than 10,000 commuters across the region are expected to trade four wheels for two during Bike to Work Day 2026, happening this Friday, May 15. Organized by the Metropolitan Washington Council of Governments' (COG) Commuter Connections program and the Washington Area Bicyclist Association (WABA), this annual event promotes active commuting, cuts down on traffic congestion, and helps improve air quality.

With more than 100 pit stops across the District of Columbia, Maryland, and Virginia, cyclists will enjoy free refreshments, giveaways, and community spirit at most pit stops, while supplies last. The first 18,000 registrants will receive a free commemorative T-shirt, and all who register and check in at a pit stop will be entered to win a new bike. Many locations will also offer complimentary bike tune-ups and other family-friendly activities. Registration is free and open now at <https://www.biketoworkmetrodc.org/>

"Marking the historic milestone of 25 years, Bike to Work Day remains focused on choosing a healthier, more sustainable future for our region," said Daniel Sheehan, Director of Commuter Connections at COG. "Whether you are a daily cyclist or riding for the first time, Friday is the perfect opportunity to experience the benefits of biking and join our growing commuter community."

Elected officials and other public leaders are expected to make appearances at select pit stops, providing riders a unique opportunity to connect with local decision-makers while celebrating the cycling community.

The following Bike to Work Day pitstops will feature local elected officials:

DISTRICT OF COLUMBIA

Northeast

Pit Stop: NoMa at Wunder Garten
DC Councilmember Ward 6, Charles Allen

Northwest

Pit Stop: Adams Morgan
DC Councilmember Ward 1, Brianne Nadeau

Pit Stop: Franklin Park
District Department of Transportation Director, Sharon Kershbaum

Southeast

Pit Stop: Capitol Hill at Eastern Market
DC Councilmember Ward 6, Charles Allen

MARYLAND

Charles County

Pit Stop: La Plata
Town of La Plata Mayor, Jeannine James
Charles County Commissioner President and COG Board Chair, Reuben Collins

Pit Stop: Indian Head
Town of Indian Head Mayor, Brandon Poulin

Frederick County

Pit Stop: Frederick Downtown at Transit Center
Frederick County Executive, Jessica Fitzwater
City of Frederick Mayor, Michael O' Connor
City of Frederick Council Member, Sarah Hempel Irani
City of Frederick Council Member, Derek Shackelford

Montgomery County

Pit Stop: Downtown Bethesda
Maryland State Delegate, Marc Korman
Maryland State Delegate, Sarah Wolek
Montgomery County Councilmember, Andrew Friedson

Pit Stop: North Bethesda at Pike & Rose
Montgomery County Councilmember, Kate Stewart

Pit Stop: Silver Spring at Veterans Plaza
Montgomery County Councilmember, Evan Glass
Maryland Department of Transportation Assistant Secretary, Jawauna Greene

Pit Stop: Takoma Park - Downtown/Old Town
City of Takoma Park Mayor, Talisha Searcy

Prince George's County

Pit Stop: New Carrollton
City of New Carrollton Mayor, Phelecia E. Nembhard

VIRGINIA

Arlington County

Pit Stop: Ballston at Welburn Square
Arlington County Board Chair, Matt de Ferranti,
Arlington County Board Vice-Chair, Maureen Coffey

Pit Stop: Columbia Pike at Penrose Square
Arlington County Board Member, Julius D. "JD" Spain, Sr.

Pit Stop: Rosslyn at Gateway Park
Arlington County Board Vice-Chair, Maureen Coffey
Arlington County Board Member, Susan Cunningham

City of Alexandria

Pit Stop: John Carlyle Square Park
City of Alexandria Mayor, Alyia Gaskins
City of Alexandria Vice Mayor, Sarah Bagley
City of Alexandria Councilmember, John Chapman
City of Alexandria Councilmember, Canek Aguirre
City of Alexandria Councilmember, Jacinta Greene

City of Falls Church

Pit Stop: City of Falls Church at W&OD Trail
City of Falls Church Mayor, Letty Hardi

Fairfax County

Pit Stop: Herndon Town Hall Green
Virginia Department of Transportation NOVA District Engineer, Bill Cutler

Loudoun County

Pit Stop: Sterling

Loudoun County Supervisor (Algonkian), Juli Briskman

Commuter Connections thanks the major sponsors of Bike to Work Day 2026: ICF, GO Alex, National Landing, Arc'teryx, goDCgo, and BicycleSPACE.

Whether someone is a seasoned cyclist or a curious newcomer, Commuter Connections and WABA invites everyone to participate in Bike to Work Day. Those working from home can bike to a local pit stop and back home to work.

Free registration for Bike to Work Day is available at www.biketoworkmetrodc.org or by calling (800) 745-7433.

Follow Commuter Connections on X at @BikeToWorkDay and Facebook at @BikeToWorkDayMetroDC and use #BTWD2026.

CONTACT:

Izam Izzadeen; iizzadeen@mwkog.org; (202) 962-3250

Commuter Connections, www.commuterconnections.org is a program of the National Capital Region Transportation Planning Board at the Metropolitan Washington Council of Governments, www.mwcog.org. Commuter Connections has provided ridematching services since 1974, promotes bicycling to work, transit, and other alternatives to drive alone commuting, and offers the free Guaranteed Ride Home program, the CommuterCash app, and other incentives. Commuter Connections, is funded by the District of Columbia, Maryland, Virginia, and U.S. Departments of Transportation.

The Washington Area Bicyclist Association creates a healthy, more livable region by promoting bicycling for fun, fitness, and affordable transportation; advocating for better bicycling conditions and transportation choices for a healthier environment, and educating children, adults, and motorists about safe bicycling.



Contributors

Metropolitan Washington Council of Governments (COG)

Dan Sheehan 
Douglas Franklin
James Davenport
Christian Bacon
Lindsay Haake

Washington Area Bicyclist Association (WABA)

Colin Browne
Jeslyn Zakes

District, Maryland, Virginia, and U.S. Departments of Transportation

For their continued funding support of Commuter Connections

Both COG and WABA thank the organizations and individuals listed below who managed a local pit stop(s) to help make Bike to Work Day 2026 a fun and rewarding event!

Margaret Smith	A-1 Cycling/Active Prince William
Brian Barrie	Adams Morgan Partnership BID
Desiree McPherson	Amazon
Jacob Crouse	American College of Cardiology
Sharan Zirges	American Physical Therapy Association (APTA)
Ryen Washington	Anacostia Business Improvement District
Diana Gutierrez	Architect of the Capitol
Karen January	Army National Guard Bureau, HQ
Chris Militello	Arrow Bicycle
Marcus Johnson	Bethesda Transportation Solutions
Philip Koopman	BicycleSPACE
Lauren Hassel	BikeArlington
Robert Walker	Bladensburg Waterfront Park/ PG Parks/ M-NCPPC
Eirik Harteis	Bridgeway Bikes
Austin Shea	Bryant Street NE
McKenna Boyland	Capitol Hill Business Improvement District

Terra Sheppard	Capitol Riverfront Business Improvement District
Morgan Babcock	Carlyle Council
Tyler Stancill	Catbird Bike Outfitters
Markus Tarjamo	Charles County Government
Katye North	City of Alexandria/GO Alex
Ridwan Coker	City of Bowie
Carlos Nunes	City of College Park
Chloe Ritter	City of Fairfax
Jenna Brummond	City of Falls Church
Brian Fields	City of Gaithersburg
Patrick Mullen	City of Greenbelt
Alanna Mensing	City of Manassas Park
Sarah Lifsey	City of Mount Rainier Green Team
Araceli Guzman-Benitez	City of New Carrollton
Kaysi-Ann Webley	City of Takoma Park and Takoma Bicycle
Julian Morales	Conte's Bike Shop
Yue Han	DowntownDC Business Improvement District
Joy Faunce	Fairfax Alliance for Better Bicycling
Andrew Sheldon	Fairfax County Dept of Transportation
Joanna Fitzpatrick	Fairfax County Government
Ted Lockie	Fairfax County Park Authority
Doreen Henry	Fairfax County Park Authority
Boris Arevalo	Fairfax County Park Authority
Charmelis Reyes	Fehr & Peers
Jennifer Bolick	FOVNDRY (MCDOT Commuter Services)
Charice Smith	Garrison Safety Office
Kate Colgan	Georgetown BID with BellRinger
Kristin Knight	Golden Triangle BID
Megan Hurst	Great Harvest Bread
Ginger Brown	Langston Boulevard Alliance
Judy Galen	Loudoun County Transit and Commuter Services
Alyssa Brooks	Macerich - Tysons Corner Center
Jesse B Rauch	metrobar
James Carlson	Montgomery County Commuter Services
Michelle Golden	Montgomery County Commuter Services
Laura Van Eperen	Montgomery County Commuter Services
Maritza De La Vega	Montgomery County Commuter Services
Stacy Leach	Montgomery County Commuter Services
Molly Longton	National Geographic Society

Sean Cullinane	National Institutes of Health
Matthew Jones	National Landing Business Improvement District
Julie Kutruff	National Park Service, National Capital Parks-East
Gabriela Atkinson	Neo Niche Strategies
Delonte Kitt	NoMa Business Improvement District
Traci McPhail	North Bethesda Transportation Center
Kim Ward	Office of Sully District Supervisor Kathy L. Smith, Fairfax County Board of Supervisors
Curt Hansen	Old City Market and Oven
Sarah McGowan	OmniRide
Tina Hanna	Peterson Companies
Tiffany Jennings	Prince George's County Dept of Public Works and Transportation
Michael Jackson	Prince George's County Planning Department
Orlando Martinez	Prince William County
Bryce Barrett	Prince William County Dept of Transportation
George Phillips	Prince William County Dept of Transportation
Evandro Santos	Prince William County Dept of Transportation
Dan Pittman	Prince William Parks & Recreation
Soojin Choi	Southwest Business Improvement District
Peyton Onks	Supervisor Pat Herrity, Fairfax County Board of Supervisors Springfield District
Anne Cochrane	The Bike Lane
Janee Toy	The Town of Berwyn Heights
Mary Katherine Cusack	The Wharf
Reacha O'Neal	Tower Companies
Yvette Ragland	Town of Dumfries
Anarosa Chicas	Town of Herndon Parks & Rec
Charlie Strunk	Town of Vienna Bicycle Advisory Committee
Mary Dennis	Transit Services of Frederick County
Lisa Delamater	Transwestern
George Clark	Tri-County Council for Southern Maryland
Jessica Dee	Tysons Community Alliance
Kimber Heida	U.S. Coast Guard
David Manchas	U.S. Food and Drug Administration
Aysha Cohen	University of Maryland Dept of Transportation Services
Andy Fisher	Vélocity Bicycle Cooperative
Alexa Disch	VIDA Fitness City Vista
Daniel Hayes	Volunteer

Ezra Deutsch-Feldman
Linsey Burch
Hugh McGloin
Antonio Rossi
Sky Shane

Ward 3 Bike Advocates
Wells + Associates
WHS Transportation Management Program Office
WMATA
Workhouse Arts Center



BIKE TO WORK DAY

ANNUAL EVENT REPORT

2026

National Capital Region
Transportation Planning Board



PREPARED BY :

Christian Bacon
COG/TPB Staff



TABLE OF CONTENTS

Background/Executive Summary	3
Registration Totals	4-8
Sponsorship Form/Drive	9-10
Pit Stop Highlights	11-68
Employer Participation	69-74
Earned Media Report/Clips	75-79
Social Media Posts	80-88
Calendar Listings	89-92
Proclamations	93-97
Marketing Materials	98-105
Press Releases	106-111
Contributors	112-114

Background / Executive Summary

Bike to Work Day has been held annually in the Washington metropolitan region for over two decades and was originally started by the Washington Area Bicyclist Association (WABA) with a rallying point or “pit stop” in downtown DC. In September 2000, The National Capital Region Transportation Planning Board’s (TPB) Commuter Connections program, housed at the Metropolitan Washington Council of Governments (COG), partnered with WABA to form a regional Bike to Work Day Steering Committee to examine the feasibility of adding additional Bike to Work Day pit stops throughout the region. In 2001, the expanded event created a greater awareness of bicycling to work as a viable commuting alternative.

Since that first regional Bike to Work Day, annual registrations have grown exponentially over the years. More than 12,800 participants registered for the May 15, 2026, event. Each local pit stop offered free refreshments, T-shirts, and other giveaways to cyclists. Many pit stops had additional activities for bicyclists and are described later in this report.

Commuter Connections provided the following resources for Bike to Work Day 2026:

- Developed a comprehensive marketing effort that included a comprehensive paid media campaign, printed materials such as posters and rack cards, and email marketing to employers and previous participants. Vinyl banner artwork template was also created.
- Updated and maintained the official [event web site](#) and social media accounts.
- 18,000 free T-shirts for all registered participants.

Additional outreach for Bike to Work Day 2026 included:

- Promoting the event through WABA’s membership.
- Local marketing efforts by the pit stop managers.
- An earned media campaign to pitch news outlets and like-minded organizations through COG’s Office of Communications and WABA.
- Bicycles donated for the regional raffle from BicycleSPACE, Bikes@Vienna, and Handy Bikes.

Since 2000, the COG/TPB’s Commuter Connections program has worked to increase awareness of bicycling to work as a viable commuting option by joining with WABA in their efforts to promote and coordinate the region’s annual Bike to Work Day event. Although bicycling to work accounts for a small percentage of the overall regional commute mode split, the two-wheeled commute helps reduce traffic congestion, improves air quality, and provides a healthy travel alternative for commuters who choose to use it as a sustainable means of transportation to and from work.

2026 Registration Totals

Pit Stop Name 2026	Registrants
DC NE Anacostia Riverwalk Trail - River Terrace Park	89
DC NE Edgewood Bryant Street	101
DC NE Edgewood metrobar	72
DC NE Fort Totten	156
DC NE Ivy City at BicycleSPACE	28
DC NE NoMa at Wunder Garten	323
DC NE Old City Market and Oven	87
DC NW Adams Morgan at Unity Park	356
DC NW Cathedral Heights at Conte's Bike Shop	81
DC NW Cleveland Park at Uptown Theater	74
DC NW Columbia Heights Plaza	230
DC NW Franklin Park	295
DC NW Georgetown Waterfront Park	402
DC NW Golden Triangle - Farragut Square	114
DC NW Golden Triangle - L Street	79
DC NW Mt. Vernon Triangle at VIDA Fitness	109
DC NW National Geographic Society	178
DC NW Shaw	139
DC NW West End at American College of Cardiology	92
DC SE Anacostia	43
DC SE Capitol Hill at Eastern Market	303
DC SE Capitol Riverfront at Canal Park	169
DC SE U.S. Coast Guard HQ	91
DC SW Capitol Hill at Bartholdi Fountain	107
DC SW Southwest Business Improvement District	91
DC SW The Wharf	131
MD Charles Co Indian Head at Village Green Pavilion	39
MD Charles Co La Plata	29
MD Frederick Co Brunswick Train Station (MARC)	32

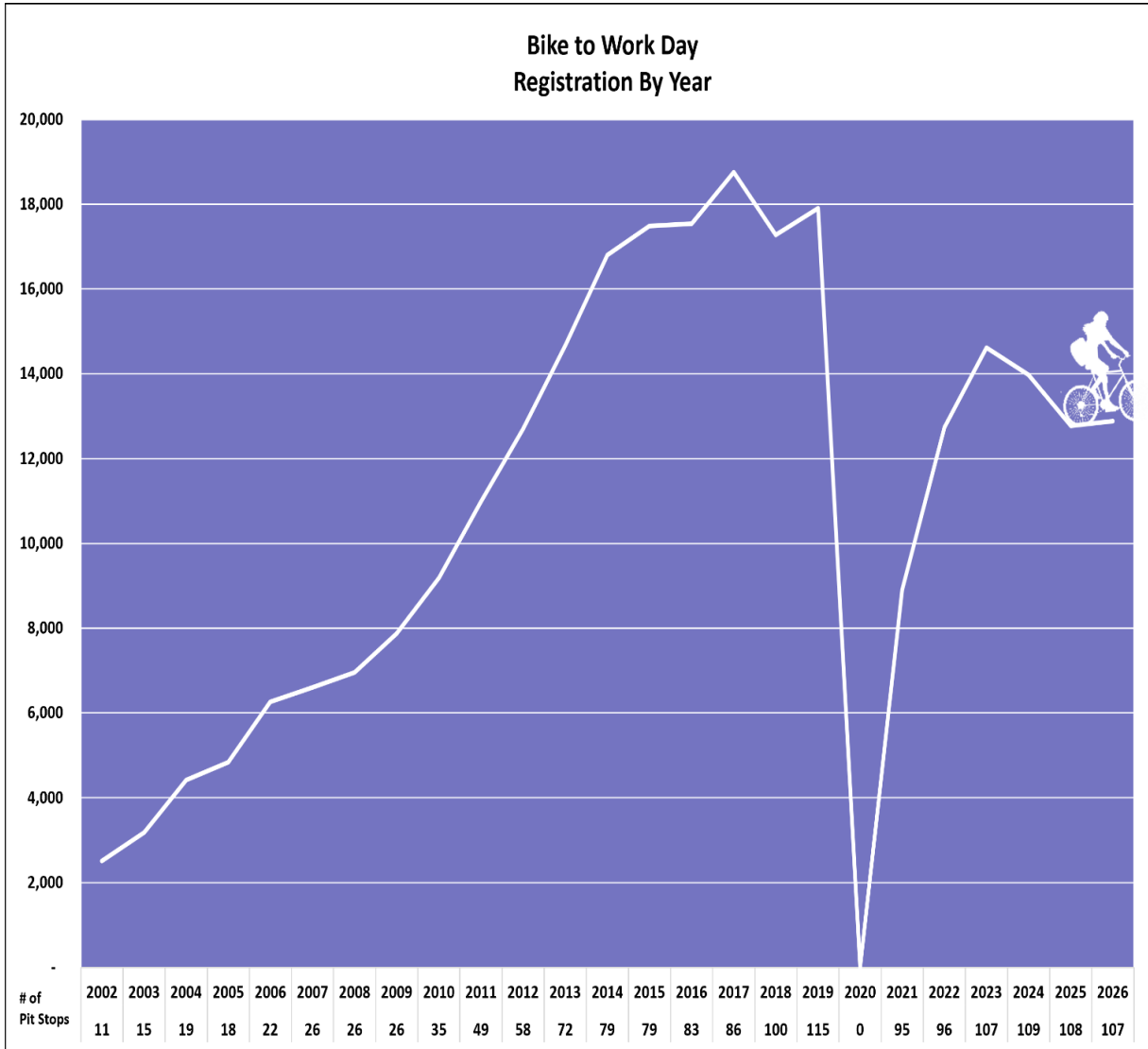
MD Frederick Co Frederick Downtown at Transit Center	211
MD Montgomery Co Bethesda - Downtown	414
MD Montgomery Co FDA White Oak	101
MD Montgomery Co Friendship Heights	146
MD Montgomery Co Gaithersburg Kentlands	125
MD Montgomery Co Gaithersburg Olde Towne Plaza (afternoon)	57
MD Montgomery Co Germantown at BlackRock Center	82
MD Montgomery Co Kensington at Clum-Kennedy Park	34
MD Montgomery Co National Institutes of Health	343
MD Montgomery Co North Bethesda at Pike and Rose	275
MD Montgomery Co Rockville - Fallsgrove Thomas Farm Community Ctr	213
MD Montgomery Co Rockville - Town Square	200
MD Montgomery Co Silver Spring - Downtown at Veterans Plaza	387
MD Montgomery Co Takoma Park - Downtown/Old Town	124
MD Montgomery Co Takoma Park - Sligo Creek Trail	45
MD Montgomery Co Wheaton - Downtown at Marian Fryer Town Plaza	81
MD Prince George's Co Berwyn Heights Town Center	37
MD Prince George's Co Bladensburg Waterfront Park	51
MD Prince George's Co Bowie City Hall	40
MD Prince George's Co College Park at City Hall Plaza	122
MD Prince George's Co Greenbelt Aquatic & Fitness Center	90
MD Prince George's Co Hyattsville at Driskell Community Park;	88

MD Prince George's Co Largo/Kettering/Perrywood Community Center	53
MD Prince George's Co Mount Rainier Bike Co-op	19
MD Prince George's Co New Carrollton	24
MD Prince George's Co Oxon Hill/National Harbor	35
MD Prince George's Co University of Maryland	87
VA Arlington Co Ballston	517
VA Arlington Co Columbia Pike at Penrose Square	152
VA Arlington Co Langston Blvd (afternoon)	89
VA Arlington Co Met Park	116
VA Arlington Co National Guard HQ	58
VA Arlington Co National Landing at Water Park	303
VA Arlington Co Rosslyn at Gateway Park	534
VA City of Alexandria Del Ray at Colasanto Park	166
VA City of Alexandria Fairlington Centre	49
VA City of Alexandria John Carlyle Square Park	554
VA City of Alexandria Mark Center	68
VA City of Alexandria National Landing at APTA	46
VA City of Alexandria Old Town at City Hall	235
VA City of Fairfax Old Town Square	110
VA City of Falls Church	316
VA City of Manassas Park VRE Station A31	17
VA City of Manassas VRE Station	44
VA Fairfax Co Alexandria - Mt Vernon/Hybla Valley/Ft Hunt	37
VA Fairfax Co Annandale Wakefield Park at Audrey Moore RECenter	58
VA Fairfax Co Burke Centre VRE Station	29
VA Fairfax Co Centreville/Clifton	15
VA Fairfax Co Chantilly - Stringfellow	33
VA Fairfax Co Chantilly - Sully Government Center	26
VA Fairfax Co Fair Lakes Center	60
VA Fairfax Co Falls Church - Culmore	27
VA Fairfax Co Fort Belvoir	23
VA Fairfax Co Herndon Innovation Center	48
VA Fairfax Co Herndon Town Hall Green	330
VA Fairfax Co Jim Scott Community Center	29

VA Fairfax Co Lorton at Workhouse Arts Center	9
VA Fairfax Co McLean MITRE Corporation	102
VA Fairfax Co Monument Drive Commuter Parking Garage	33
VA Fairfax Co Newington - Saratoga Park & Ride	19
VA Fairfax Co Oakton at Oakmont RECenter	15
VA Fairfax Co Reston at The Bike Lane A62	207
VA Fairfax Co Springfield at South Run RECenter	39
VA Fairfax Co Springfield Metro Park at Walker Lane	48
VA Fairfax Co Town of Vienna	197
VA Fairfax Co Tysons Corner Center	43
VA Fairfax Co Tysons The Boro	71
VA Fairfax Co Tysons Valo Park	36
VA Fairfax Co West Springfield Government Center	21
VA Loudoun Co Leesburg at Raflo Park	176
VA Loudoun Co Sterling	160
VA Prince William Co Dumfries at Simpson Community Center	7
VA Prince William Co Kelly Leadership Center	15
VA Prince William Co Manassas GMU at Freedom Center	17
VA Prince William Co Rippon Landing VRE Station	10
VA Prince William Co Woodbridge - Chinn Center	29
VA Prince William Co Woodbridge - Tackett's Mill	7
VA Prince William Co Woodbridge VRE Station	10
Unclassified Count	1
TOTAL REGISTRATIONS	12,885

Annual Registrations

2002 – 2026



Sponsor Drive

Commuter Connections concluded its annual sponsorship drive for the 2026 Bike to Work Day event in January with a total of \$37,475 in cash and \$11,630 of in-kind donations. Sponsor dollars were allocated toward the cost of procuring the event T-shirts.



Bike to Work Day Event - May 2026 Regional Sponsorship Declaration

Deadline - January 30, 2026

Please check one of the following Sponsor Levels:

Cash

In-Kind

GOLD SPONSOR LEVEL \$7,500

Mentioned as sponsor on hundreds of Radio Ads (traditional and/or internet radio), Social Media, plus all Silver and Bronze level items

☐
☐

SILVER SPONSOR LEVEL \$4,500

Logo on thousands of T-shirts, Press Release, plus Bronze level items

☐
☐

BRONZE SPONSOR LEVEL \$1,200

Logo on Website and thousands of Posters and Rack Cards

☐
☐

If in-kind donation, please describe: _____

Sponsors must provide a minimum of 50% cash. Bicycle donors may however be 100% in-kind. Donated bicycles must be sized for winners, accordingly. Sponsor attendance at Bike to Work Day pit stop locations is separate from this regional sponsorship agreement and must be arranged with the independently managed local pit stop.

Name: _____ Title: _____

Organization: _____

Address: _____

City, State, Zip: _____

e-mail: _____ Phone: (____) ____ ____

Website address for your sponsor logo: _____

Signature _____

Credit cards and ACH accepted. For checks, please make payable to: **Metropolitan Washington Council of Governments** and mail to 777 N. Capitol Street NE, Suite 300, Washington, DC 20002 ATTN: Lindsay Haake. Send this signed form and your logo in high resolution format (vector image) for quality reproduction to lhaake@mwkog.org, no later than January 30, 2026. Contact Lindsay at 202.962.3225 with any questions. COG and WABA are 501(c)(3) nonprofits.



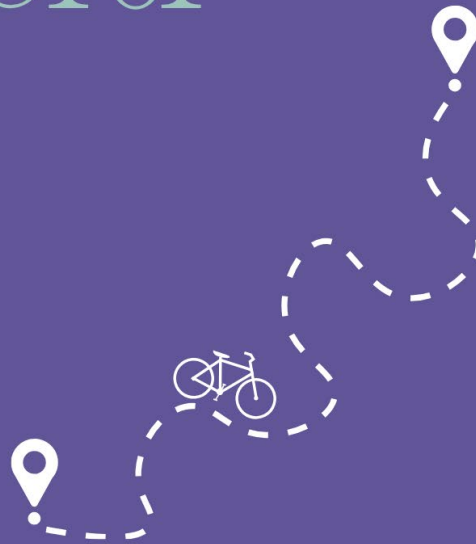
Bike to Work Day 2026 Sponsors	Level
Commuter Connections	Gold
GO Alex	Gold
ICF	Gold
WABA	Gold
Arc'teryx	Silver
BicycleSPACE	Silver
goDCgo	Silver
National Landing	Silver
AASHTO	Bronze
Al's Bike Shop	Bronze
American College of Cardiology	Bronze
Arlington County	Bronze
Bikes@Vienna	Bronze
Capital Bikeshare	Bronze
Fair Lakes	Bronze
Giant	Bronze
MDOT	Bronze
Potomac Pedalers	Bronze
Prince George's County DPW&T	Bronze
Prince George's County Vision Zero	Bronze
VDOT	Bronze

BIKE TO WORK DAY

HIGHLIGHTS

PIT STOP

 **COMMUTER CONNECTIONS.**
A SMARTER WAY TO WORK



DC NE NOMA



DC NW Adams Morgan at Unity Park

Unity Park came alive for Bike to Work Day, as the Adams Morgan Partnership BID and welcomed over 350 riders to the pit stop. Cyclists fueled up with bagels and coffee from Call Your Mother, while vendors Veo, Pepco, and WABA connected with the community and Upshift Workshop helped riders tune up their bikes. It was an energetic morning, marking this as one of the best-attended Bike to Work Days in recent years. DC Ward 1 Councilmember Brianne Nadeau joined the event for her final Bike to Work Day pit stop appearance as an elected official as did two of the candidates vying to replace her (Rashida Brown and Miguel Trindade Deramo). The pit stop would like to offer a shout-out is to John Zottoli, who has volunteered at this pit stop every year, for 13 years, and is moving away soon.



DC NW National Geographic Headquarters

National Geographic Headquarters served as a pit stop host for the National Geographic Society, where a dedicated team of 15 volunteers coordinated the event. The stop welcomed 178 registrants, featuring a diverse group of National Geographic staff and local community members, including many first-time riders. Attendees enjoyed a festive atmosphere with music, alongside refreshments such as coffee, pastries and fruit.

The event featured nine vendors: the League of American Bicyclists, Body Mechanix, Bike House, Ward 5 Family Biking, DC Scores, NASA, Conte's Bike Shop, DC Bike Party, and the National Geographic Museum of Exploration. Beyond tabling to share resources and upcoming event details, the stop provided two bike repair stations and chair massages. Giveaways were plentiful, ranging from National Geographic magazines and coffee to bike locks, crayons and "Free Solo" soundtrack vinyl records.

Prize drawings held every 15 minutes kept excitement high. Items were donated by several organizations, including Union Stage Presents, WMATA, Founding Farmers, DUA DC Coffee, Wise Guy Pizza, DC Boulderling Project and the Museum of Exploration Shop. Prizes included a 10-day bouldering pass, NASA sweatshirts, gift cards, tote bags, concert tickets, jars of honey from National Geographic bees and a signed copy of Joel Sartore's "Birds of the Photo Ark." Additionally, the event promoted the June 26 opening of the National Geographic Museum of Exploration.



DC NW Cleveland Park at Uptown Theater



This was the 3rd year this pitstop was hosted and 74 people stopped by. All Bike to Work Day shirts were distributed. The pit stop had a visit from the Connecticut Avenue Bike to Work Day convoy, including Ward 3 councilmember Matt Frumin (3rd from right in the photo, in the blue jacket).

The pit stop was made possible by Janell Pagats, co-manager, Amanda Cate, breakfast sponsor and deliverer, Bob Ward, who offered space for storage, Gawain Kripke, assisting with set up and logistics and, Lori Michaelson, who helped the entire time from the very beginning of setup to the end of cleanup. The Ward 3 Bike Advocates continue to push for a protected, two way bike lane on Connecticut Avenue from Chevy Chase Circle to Calvert Street, as DDOT was planning from 2019 to 2024 before abruptly changing plans and deciding to keep the status quo.

DC NW Columbia Heights Plaza

Although the morning pit stops were held in a brisk dawn, a bright, sunny, hot, low-humidity afternoon unfolded for the 17th annual Columbia Heights Plaza event.

230 (including 12 new or previously signed up at other Pit-stops) intrepid riders visited, obtained their T-shirts and snacks and water, schmoozed with WABA staff, retiring DC Councilwoman *Brianne Nadeau*, ANC 1A rep *Jeremy Sherman*, and Council-candidate *Rashida Brown*, and represented the DC Bicycling Community! 206 had signed up prior to the event, which grew to 231 in total from electronic on-site new-sign-ups.

The pit stop was made possible by its indefatigable volunteers: *Charlotte, David, Imad, Miles, Nicole* (and son, *Benjamin*), and *Patricia*! The pit stop appreciated *Giant Food*, who supplied the fruit: oranges, apples, and ice, *Lidl* - bananas, and *District Bridges* (*Mitra Moin*) who provided tables! Joe, from *Bike House*, provided bike-tech services. This year, the Adams Morgan Pit-stop didn't have any extra T-shirts to supplement, and CoHi ran out of Large (early, and later Medium) sizes. A generous supply of remaining 2024 (orange) and 2025 (red) T shirts were snapped up by non-cyclists, and others who had missed last year's distribution!



DC NW Georgetown Waterfront Park

BellRinger returned to host the Georgetown Waterfront Bike to Work Day pit stop alongside the Georgetown BID. This pit stop hosted 450+ participants from 7 - 9AM and riders were greeted by cheering and ringing cowbells. Participants enjoyed snacks, giveaways, and services from 13 vendors. There was also a raffle for a Nespresso Vertuo Pop+ machine, alongside freshly brewed coffee.



DC NW SHAW



The Shaw pit stop had a great turnout, drawing a wide mix of people, mostly young to middle-aged adults, plus noticeably more kids than last year. Both solo riders and groups rolled through, creating a steady and cheerful atmosphere, and several attendees who had the day off still came out to ride.

The Bike to Work Day T-shirts were the most popular item by far, though the new DDOT bike maps drew a lot of interest as well. Most folks also picked up water, energy drinks, and snacks. Some grabbed their items and headed out, while others stayed to chat with pit stop managers and fellow riders. Feedback was overwhelmingly positive, and a few riders offered suggestions for giveaways and snacks to add next year.

The stop itself was spacious and welcoming, with plenty of room for riders to park and gather. Even those who didn't stop smiled or waved as they passed by.

DC NW VIDA FITNESS

The annual Bike to Work Day Pit Stop at VIDA Fitness was a huge success! Staff members had amazing time connecting with cyclists from across the community, introducing them to everything VIDA has to offer, and giving away complimentary club services and wellness experiences. The staff enjoyed meeting so many new faces, catching up with familiar ones, and celebrating a day dedicated to health, movement, and community!



DC NW West End American College of Cardiology



The American College of Cardiology (ACC) hosted its 9th annual Bike to Work Day pitstop with more registrants, vendors, and sponsors than ever before! There were 99 participants including bicyclists and pedestrians, and those who registered in advance plus those who signed up day-of. There was great vendor representation with South Block staff joining again this year to distribute juice samples (including donning the infamous banana costume!), plus a rep from Wonder restaurant and a team from Red Bull who handed out coupons and freebies. Sponsors of the event included Potbelly and Trader Joe's which provided sandwiches and snacks, as well as Tatte Café and Bar Angie that offered gift cards to lucky raffle winners! The ACC staff and volunteer crew were out in full force, handing out a huge selection of free ACC swag to participants. ACC is a strong supporter of Bike to Work Day as it encourages cycling as a heart-healthy activity and eco-friendly mode of transportation.

DC SE Capitol Hill at Eastern Market

This pitstop was hosted at the Eastern Market Metro Plaza from 7-9AM. Over 300 people registered for the pit stop and 14 sponsors participated, including many Capitol Hill businesses. Bicyclists stopped by to enjoy bagels, fresh coffee, and goodies from local businesses. Sponsors emphasized health and wellness, offering activities and resources ranging from stretching demonstrations to CPR class sign-ups and workout class raffles.



DC SW Capitol Hill at Bartholdi Fountains & Gardens

The Architect of the Capitol proudly hosted its Bike to Work Day pitstop at the beautiful Bartholdi Fountains and Gardens. Throughout the morning, more than 130 riders rolled through—commuters from across Capitol Hill, staff from nearby federal agencies in Southwest DC, and even cyclists stopping in from other pitstops along their route.

The team was glad to greet everyone, share snacks and hand out compact bike, compliments of the House Center for WellBeing to support safe and confident riding. The scenic backdrop of the historic fountain and the U.S. Botanic Garden Conservatory added a special touch, creating a welcoming oasis for riders as they kicked off their day.



MD Charles County Indian Head Village Green Pavilion

The pit stop was held in the Town of Indian Head at the Village Green Pavilion. Approximately 60 people showed up and were provided with refreshments. Giveaways were also provided by the Tri-County Council for Southern Maryland, AARP, Charles County's Indian Head Rail Trail and Charles County Senior Center which enjoyed a bike convey around the town of Indian Head, with another 20 seniors in tow.



MD Charles County La Plata County Government Building

Charles County Government and the Town of La Plata partnered with the Tri-County Council of Southern Maryland to host La Plata's first Bike to Work Day pit stop. The pit stop was primarily hosted at the Charles County Government Building but La Plata's Town Hall served as the starting point for a group ride through La Plata's downtown, which involved Charles County employees who received an escort from members of the La Plata Police Department. Attendees of this pit stop were a mix of residents, town staff, and County employees and the pit stop served as a rest point for cyclists from across the County, including Waldorf. Attendees were encouraged to take a moment at the pit stop, grab water and snacks, learn about opportunities to walk and cycle in Charles County, and participate in some games and activities sponsored by the County's Recreation, Parks, and Tourism Department.



MD Frederick County Downtown Transit Center

Bike to Work Day at the Transit Center was a tremendous success! More than 205 participants kicked off the morning with energy and enthusiasm. The pitstop welcomed elected officials including Mayor Michael O'Connor. The event featured informational tables from United Way of Frederick County, the Maryland Department of Transportation, The Common Market Co-op, Frederick County Parks and Recreation, KEY 103, Bike Doctor Frederick, The Bicycle Escape Mobile, Welcome Home Realty Group, the Frederick Police Department, the Frederick County Sheriff's Office, Sustainable Frederick, the Frederick County Division of Energy and Environment, the Frederick County Government Office of Communications and Public Engagement, the Frederick County Division of Solid Waste and Recycling, and The City of Frederick Transportation Planning Board.



MD Montgomery County Downtown Bethesda

There were over 400 registrants for the Downtown Bethesda pit stop. A proclamation from County Executive Marc Elrich was presented. Speakers included Maryland State Delegate Marc Korman, Maryland State Delegate Sarah Wolek, Montgomery County Councilman Andrew Friedson, Montgomery County Councilman Evan Glass and MCDOT representative Joe Moges. Bethesda Transportation Management District Advisory Committee Members volunteered at the event. Bethesda Transportation Solutions gave Bethesda Bicycle Commuter Spirit “Golden Gear” Awards to bicycle commuter Sam Tignor and local bike shop owner David Bondareff. This year the awards were wearable gear-shaped medallions with huge gold chains.

There was a free raffle during the event with donated prizes including a Marin bicycle and a gift certificate to a local bike shop. A D.J. provided musical entertainment. There were many breakfast and beverage options including bagels, parfaits, fruit, cookies, iced tea, fruit and coffee courtesy of local businesses and organizations. Bethesda had total of 27 sponsors, who donated great prizes, food and beverages, or had a table at the downtown Bethesda pit stop.



MD Montgomery County Fallsgrove



MD Montgomery County FDA White Oak

The Office of Facilities Engineering and Mission Support Services' (OFEMS) Logistics and Transportation Management Branch (LTMB) sponsored a Pit Stop from 7:30 a.m. to 9:30 a.m. for any bicyclist commuting that day. This was held in front of the historic FDA Building 1. LTMB had 4 volunteers that provided refreshments to include water, coffee, juice, doughnuts, muffins, fruit, and each bicyclist registered for our pit stop received a 2026 Bike to Work Day T-Shirt. The first bicyclist arrived around 7:00 a.m. and eventually had 68 bicyclists using the pit stop. The final number of registered bicyclists for the White Oak/FDA pit stop was 101. The day started off overcast, windy, and cool but a great time was had by all.



MD Montgomery County Friendship Heights



The 2026 Friendship Heights pit stop was again hosted by The Shops at Wisconsin Place, at the corner of Wisconsin Ave. & Western Ave. in Chevy Chase and ran from 6:30 – 9:00 AM. There were 146 riders at final registration. A total of 73 of the pre-registered cyclists attended plus 30 walk-ups. As in previous years, there were two new bike winners. The bikes were from Griffin Cycle, Inc. in Bethesda. One winner had to be present to win, the other was selected in a second drawing from assigned numbers listed on the registration. Pit stop exhibitors and raffle donors included: All-In-One Entertainment – DJ and music, Avalon Theater, Burn Boot Camp, The Capital Grille, Child's Play Toys and Books, Clyde's of Chevy Chase, Conte's Bike Shop, OneLife Fitness, Drink More Water, Friendship Heights Alliance, Montgomery County Ride On, Parkinson Foundation of the National Capital Area (Mobile Resource Unit), Starbucks, T-Mobile, Trader Joe's, Wonderland Books.

MD Montgomery County Germantown Blackrock Center



MD Montgomery County North Bethesda Pike and Rose

The North Bethesda Pit Stop and the North Bethesda TMD staff eagerly welcomed cyclists and participants at the Pike & Rose location. The pit stop was located in the parking lot behind Pinstripes. Each registered participant received a Bike to Work Day t-shirt, towel, bike maps, and other goodies. They were treated to a variety of breakfast foods along with giveaways and information provided by generous sponsors who attended – Bender JCC of Greater Washington, Bethesda Green, Call Your Mother Deli, Care Some Sustainability Coaching, Caruso's Grocery, JOOLA, Montgomery County Flash, Montgomery County Ride On, Office of Home Energy Programs, Onelife Fitness, Owen's Tavern & Garden, Pike District Partnership, Pinstripes, REI, Strathmore, SweatHouz, WABA, and WMATA/Metro.

Prizes, drawings, and “sponsor spotlights” were made every 15 minutes and music was provided throughout the event. Cyclists participated in various fun contests as well. Techs from REI performed checks on participants' bicycles. TJ Dant, from the Bethesda-Chevy Chase Regional Services Center, presented a proclamation declaring May 15, 2026 as Bike to Work Day in Montgomery County. He was joined by Paul Ellis from Councilmember Kate Stewart's office, and Emily DeTitta and Rebecca Mellema from the Montgomery County Department of Transportation. The grand prize was a bicycle from REI. REI staff helped with the drawing and congratulated the lucky winner. A second bicycle, also from REI, was awarded to another lucky winner after the event. Another successful year was enjoyed at the North Bethesda at Pike & Rose pit stop!



MD Montgomery County Rockville Town Square



MD Montgomery County Silver Spring Veterans Plaza



The 2026 Bike to Work Day Silver Spring pit stop, held at Veterans Plaza, was a successful community event that drew 403 registrants, including 388 online registrations and 15 walk-ups, with 278 attendees participating in person. Organized and staffed by the Montgomery County Department of Transportation's Commuter Services Section, with support from FOVNDRY, volunteers, and the Silver Spring Urban District team, the event featured music, raffles, giveaways, and the popular Bike to Work Day t-shirts. Attendees had the opportunity to win a variety of prizes, including two bicycles donated by Commuter Services and purchased from Silver Cycles, which were awarded to Patrick Stuart and Nora Doyle. The event was further enhanced by strong support from local businesses, nonprofits, and county agencies that provided breakfast refreshments, hosted information tables, and promoted biking, wellness, and sustainable transportation. Entertainment was provided by All in One Entertainment, helping create a lively and engaging atmosphere for participants throughout the morning.

MD Montgomery County Takoma Park Downtown / Old Town

The Downtown Takoma Park Bike to Work Day pit stop buzzed with excitement! The event was held at Takoma Urban Park from 6:30AM – 9AM and cyclists were welcomed with snacks and giveaways from local sponsors in front of Takoma Bicycle. Takoma Bicycle, Takoma Park Silver Spring Co-op and Kolfee Coffee provided tasty treats to start the day. Participants received bike safety swag, bicycle tools, bicycle maps, Bike to Work Day T-shirts, and biking resources. There were 124 registered riders this year, including 20 new registrants. 10 unregistered bikers stopped by and approximately 67 visitors stopped by throughout the morning, with many expressing interest in the City's progress in the Metropolitan Branch Trail Upgrade Project and learning more about the bike lane projects happening in the City.



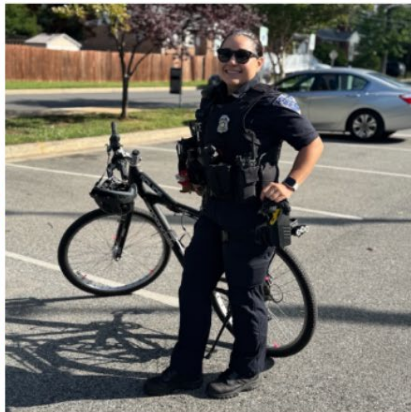
MD Montgomery County Takoma Park Sligo Creek Trail

The Sligo Creek Bike to Work Day pit stop was held from 7 – 9:30AM. A Purple Line Representative was out to give updates as well as the DC Tutoring & Mentoring Initiative. Takoma Park Silver Spring Co-op, San Alejo and Kolfee Coffee provided delicious fruit, breakfast burritos and iced coffee treats to start the day. The City provided free on-the-spot bike tuneups, and participants received bike safety swag, bicycle tools, bicycle maps, Bike to Work Day T-shirts, and biking resources. There were 45 registered riders this year, including 16 new registrants. Two (2) unregistered bikers stopped by and there were approximately 26 visitors stopping by throughout the morning, with many expressing interest in the City's progress in the Metropolitan Branch Trail Upgrade Project and the progress of the Purple Line Construction.



MD Prince George's County Berwyn Heights

The pit stop welcomed more than 40 participants from Berwyn Heights and neighboring communities. Attendees enjoyed custom snacks, refreshments, bike charms, and bike lights.



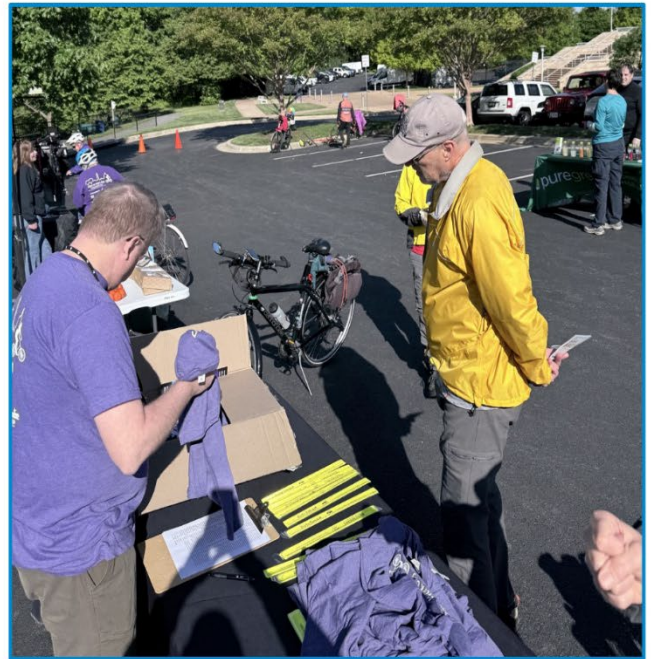
MD Prince George's County Bladensburg Waterfront Park

Department of Parks and Recreation, Prince George's County staff at Bladensburg Waterfront Park hosted a Bike to Work Day pitstop in the park along the Anacostia River Trail. It was a great morning of smiles, conversation, brainstorming trail ideas and improvements, and encouraging more biking and other sustainability initiatives. The pitstop hosted around 50 participants total with upbeat music, breakfast snacks, plenty of giveaways/swag, and of course, the beautiful purple Bike to Work Day shirts, the event was a lot of fun to unite the community and get some vehicles off the road!



MD Prince George's County Bowie - City Hall

Residents from all across the city came out to support National Bike to Work Day at the City Hall pit stop in Bowie, Maryland. This event gave the city an opportunity to reveal the new Bowie bike racks to the community. Feedback from attendees was overwhelmingly positive, with many expressing that efforts like these are what make Bowie so special. A total of 36 residents made a visit to the pit stop on their morning commute; a pit stop record! A special “Thank You” goes out to Harris Teeter, Family Bike Shop, State Farm Agent Cinaway D. Elivert, Brady Renner, and BlendedbyDul”.



MD Prince George's County College Park City Hall Plaza



The City Hall Plaza was well attended. Cyclists enjoyed a successful day demonstrating significant community engagement and support for sustainable transportation. The event featured a variety of vendors including Veo, WABA (Washington Area Bicyclist Association), Proteus, and College Park Bicycles-all contributing to a vibrant atmosphere and offering valuable resources to participants. Staff members were pleased to see several esteemed Councilmembers present underscoring the City's commitment to promoting cycling and community events.

Many residents also turned out which made it a truly fun and engaging day for all. Bagels and Grinds catered the event providing refreshments for participants. Overall, it was a positive event that highlighted the City's dedication to active living and community initiatives.

MD Prince George's County Largo/Kettering/Perrywood

Bike to Work Day at the Largo/Kettering/Perrywood Community Center Pit Stop was a great success! The Prince George's County Department of Public Works & Transportation in partnership with the M-NCPPC Department of Parks and Recreation and Prince George's County co-hosted the [Bike to Work Day](#) Pit Stop at the Largo/Kettering/Perrywood Community Center in Upper Marlboro, MD on Friday, May 15, 2026. Capital Bikeshare, DPW&T and Vision Zero Prince George's and the Be Seen, Be Alert, Be Safe Campaign were Bronze Sponsors!

Cyclists from across the County and throughout the region participated in Bike to Work Day on the grounds of the Largo/Kettering/Perrywood Community Center. Cyclists received a Bike to Work Day t-shirt and obtained pedestrian and bicycle safety, active commuting, Vision Zero Prince George's information and various giveaways and information on county and community resources. During the Bike to Work Day event, cyclists took part in demonstrations on how to load and unload their bicycles on the bike rack located on the front of the GoPGC bus. Cyclists participated in free rides using Capital Bikeshare eBikes. Additionally, cyclists were provided information and giveaways from representatives of agencies, organizations, and clubs who attended and supported the 2026 Bike to Work Day.

DPW&T's Bicycle and Pedestrian Program Manager, Tiffany Jennings, who served as Bike to Work Day Pit Stop Manager welcomed and thanked the cyclists, partners, volunteers and all in attendance for coming out and supporting Bike to Work Day.

Remarks were provided to the cyclists, partners and supporters by the following:

- Aisha Braveboy, County Executive, Prince George's County
- Oluseyi A. Olugbenle, Acting Director, DPW&T, Prince George's County
- Wala Blegay, County Council Member-at-Large, Prince George's County
- Deron Lovaas, Chief of Environment and Sustainable Transportation, MDOT
- Kenniss Henry, Bicycle Safety Advocate, Founder of the Ride for Natasha

Many Thanks to the following partners, supporters and volunteers for tabling or/and providing resources and assistance for the Largo/Kettering/Perrywood Community 2026 Bike to Work Day Pit Stop.

Bike to Work Day Partners and Supporters

- Prince George's County Government
- The Maryland-National Capital Park & Planning Commission
- Prince George's County Executive's Office
- Prince George's County Council
- Metropolitan Washington Council of Governments
- Commuter Connections
- Prince George's County Department of Public Works & Transportation
- Prince George's County Bicycle and Pedestrian Program

- RideSmart
- M-NCPPC Department of Parks & Recreation, Prince George's County
- The Largo/Kettering/Perrywood Community Center
- Perrywood Elementary School
- M-NCPPC Park Police and Park Rangers
- M-NCPPC Cycling Seniors
- Prince George's County Bike and Pedestrian Safety Advisory Committee
- Vision Zero Prince George's
- The Be Seen, Be Alert and Be Safe Bicycle and Pedestrian Safety Campaign
- Maryland Department of Transportation (MDOT)
- Capital Bikeshare
- Prince George's Arts & Humanities Council
- Washington Area Bicyclist Association (WABA)
- Jafe Cycling
- Kenniss Henry and the Natasha Ride
- Bowie State University Alumni Bike Tour
- The Capital Market
- TheBus
- Prince George's County Police Department
- Office of the Sheriff
- Prince George's County Fire Department
- Office of Community Relations and PGC311
- Department of the Environment
- Department of Permitting Inspection and Enforcement
- Cycling Clubs, Cyclists, Guests Speakers, Volunteers, Students and Faculty



MD Prince George's County Mount Rainier Bike Co-op

The Mount Rainier Green Team and the Mount Rainier Bike Co-op hosted a great 2026 Bike to Work Day pit stop. Mount Rainier is a key location for bicycling in Prince George's County, serving as the connection between Washington, D.C. and the Anacostia Trail Network. The Mount Rainier Bike Co-op supports local cyclists and encourages people to maintain and ride bicycles through education, repair, and sales. Mount Rainier Councilmember Joseph Jakuta joined Green Team Chair Sarah Lifsey and Bike Co-Op volunteer Matt Carl to greet cyclists and hand out drinks, snacks, bike bells, lights, and patch kits!



MD Prince George's County National Harbor - Oxon Hill



The Oxon Hill/National Harbor Bike to Work Day Pit Stop recorded 18 bicyclists, including 11 men, 5 women, and 2 participants who did not report gender, with most riders between the ages of 35 and 65. Survey responses showed the longest commute was from La Plata to Washington, D.C. (38 miles one way, taking 2 hours and 15 minutes), and four participants worked at the Naval Research Laboratory in Southwest D.C. near National Harbor. Overall, riders reported positive commuting experiences, with only a few concerns about bumpy trails, potholes, and reckless drivers, while feedback on the Bike to Work program was overwhelmingly positive, including praise for the Oxon Hill/National Harbor pit stop and suggestions to expand its size due to the limited number of Maryland pit stops.

MD Prince George's County New Carrollton

The City of New Carrollton hosted its first Bike to Work Day pit stop at Beckett Field on May 15, 2026, from 7:30 a.m. to 10:00 a.m. While 24 participants registered in advance, approximately 50 people attended. Participants included Mayor Phelecia Nembhard, Councilmember Mills, Prince George's County Council Member Eric Olson (District 3), Delegate Ashanti Martinez (District 22), city staff and members of the New Carrollton Police Department. Attendees received Bike to Work Day information through WABA pamphlets, event T-shirts, coffee, donuts, and other light refreshments. City volunteers also organized a bike convoy of four New Carrollton riders who completed an 18-mile loop with stops in New Carrollton, Greenbelt, and Berwyn Heights before concluding at the College Park Town Hall.



MD Prince George's County University of Maryland

On the morning of Bike to Work Day, the University of Maryland, College Park (UMD) emotional support dog, Teddy, was fitted with a pair of Bike to Work Day sunglasses and t-shirt. Teddy then joined in for a big group photo to kick off the event, with UMD faculty, staff, and local community members. Later that afternoon, attendees enjoyed a game of Transportation Trivia ball and a “spin the wheel” style game. Attendees received BikeUMD safety gear with support from WABA. The pit stop featured had an a-frame chalkboard checklist of bicycle programs, events, and services. Staff also distributed regional bike maps, flyers, t-shirts, and a variety of snacks. Pit stop visitors noted they were looking for a way to connect to the local bicycling community through regular group rides. The pit stop had 87 registrants and approximately 62 attendees.



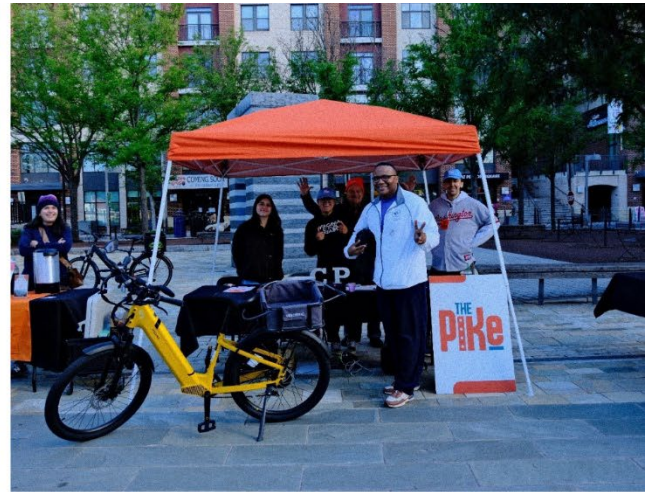
VA Arlington County Ballston

BikeArlington's Ballston Pit Stop celebrated the 25th anniversary of Bike to Work Day with a move to Welburn Square in the heart of Ballston. With unwavering support from the Ballston Business Improvement District and Piedmont Realty Trust, BikeArlington welcomed tabling partners representing local businesses from Onelife Fitness to Potomac River (PR) Run Walk, community organizations from Friends of the W&OD to the Northern Virginia Transportation Authority, and longtime supporters Arlington Central Library and The Nature Conservancy. Riders were treated to delicious refreshments from Good Company Doughnuts, Life Alive Cafe, and Silver Diner, plus bike safety checks from friends at Trek Bicycle, while BikeArlington's energetic volunteers distributed T-shirts, transportation resources, and giveaways, including bike mirrors, bells, and lights, to all.



VA Arlington County Columbia Pike

BikeArlington returned to Penrose Square for the first time since 2023 thanks to completion of an extensive two-year multimodal transportation project along Columbia Pike. Columbia Pike Partnership joined Phoenix Bikes, Acme Pie, Le Juice, and Red Bean Harvest Coffee in welcoming riders back to the Columbia Pike pit stop with community resources, bike safety checks and healthy breakfast fare. Riders picked up their 2026 T-Shirts and scooped up goodies from BikeArlington volunteers, then lingered to chat with tabling partners from WETA, Sustainable Mobility for Arlington County, and Columbia Pike Library before pedaling off to work!



VA Arlington County Langston Blvd

Bike to Work Day on Langston Boulevard was a great afternoon of community connection! Attendees stopped by to celebrate their commute, enjoy complimentary custom Bike to Work Day cookies and stickers, and connect with neighbors and friends. A special thank you to Lyon Village Shopping Center for hosting and helping make the event a fun, welcoming celebration of biking and community.



VA Arlington County National Landing Water Park

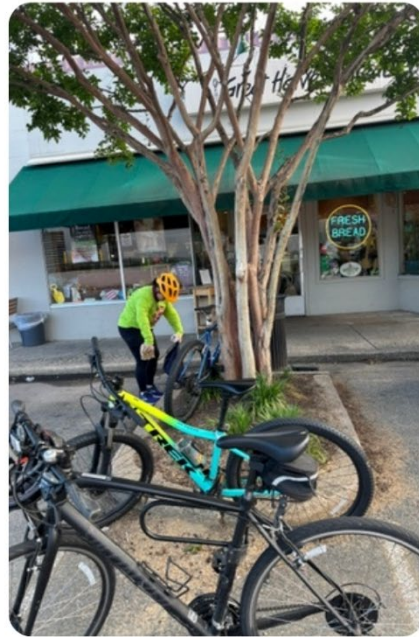


VA Arlington County Rosslyn at Gateway Park



BikeArlington opened the floodgates in Rosslyn to welcome riders to the iconic Gateway Park pit stop. Riders enjoyed refreshments from longtime partners McD Mateos/McDonald's, queued up for safety checks from Conte's Bike Shop, and engaged with more than 20 tabling partners from community organizations, County agencies, and local businesses. The festivities went off without a hitch thanks to invaluable support from the Rosslyn Business Improvement District, Arlington County Department of Parks and Recreation, and BikeArlington volunteers.

VA City of Alexandria Fairlington Centre



VA City of Alexandria John Carlyle Square Park

The Carlyle pit stop continues to be a wonderful success as the location celebrated its 16th year of Bike to Work Day. The pit stop had 554 participants register making it the highest amount ever. For the first time, Bingo was introduced as a fun way to distribute the wonderful donated items. The event had 25 sponsors on site this year, creating an incredible atmosphere of community and celebration. There were 10 additional sponsors who were unable to join in person but contributed amazing Bingo gifts.

Mayor, Alyia Gaskins stopped by to help close out the morning and celebrate the Bingo winners. City Council members also joined throughout the morning and participated in the festivities, including Canek Aguirre, John Chapman, and Abdel-Rahman Elnoubi. The Sheriff's Department and bicycle officers also stopped by to show their support and help make the event a success.



VA City of Alexandria Old Town at City Hall

The City of Alexandria's GO Alex team greeted over 150 cyclists at the temporary location for the Old Town at City Hall Pit Stop between 7:30-9:30a.m. Due to construction occurring at City Hall and Market Square, the Pit Stop was moved to the next block and included one city block that was closed to vehicle traffic (100 block of North Royal Street). Despite the new location, cyclists were able to easily find the pit stop and enjoyed the morning celebrating biking in and through the city. After hopping off their bikes, checking in, grabbing a raffle ticket and selecting their T-shirts, participants were able to partake in coffee from Misha's, bananas, oranges, and grab and go snacks from Wegmans, water from Virginia American Water company, 20 tables representing area businesses and City services, a live DJ and music, raffle prizes, DASH bike loading demonstrations and a crafting at the Mobile Art Lab.

Members of Alexandria's City Council participated in the event with Vice Mayor Sarah Bagley kicking off the event at 7:30 and Councilmembers Canek Aguirre and John Chapman in attendance. The event also had the support of the local bike community with three local bike shops (Conte's Bike, Strictly E-Bikes, and Pedego) and two community cycling organizations (Alexandria BPAC and WABA) participating.

A special thanks for assistance with this event goes to the Transportation and Environmental Services Department in particular the Transportation Branch, the Communications Team, the Street Cleaning Team, and the Traffic Operations Team; DJ Regy Reg; and Sammy's Rentals.



VA Fairfax County City of Falls Church – W&OD Trail

The City of Falls Church hosted another successful Bike to Work Day Pit Stop at the W&OD Trail and Little Falls Street! More than 250 participants joined the event. Community partners including Bikenetic Bike Shop, Conte's Bike Shop, Café Kindred, South Block, the Falls Church Police Department, NOVA Parks, Friends of the W&OD, and Bike Falls Church helped make the morning a fun and engaging celebration of biking and sustainable transportation!



VA Fairfax County Fair Lakes

The Fair Lakes Bike to Work Day pit stop had another fun year! The pit stop set up in its usual spot by Noodles & Company in the Fair Lakes Shopping Center and enjoyed a steady stream of riders all morning. Lots of regulars, and a few new faces, enjoyed free bike tune-ups from Al's Bike Shop, delicious Chick-fil-A chicken minis, assorted breakfast treats, fruit, beverages, tote bags. Riders loved the soft freebie t-shirts & their cool morning treks. The community and staff look forward to this event every year!



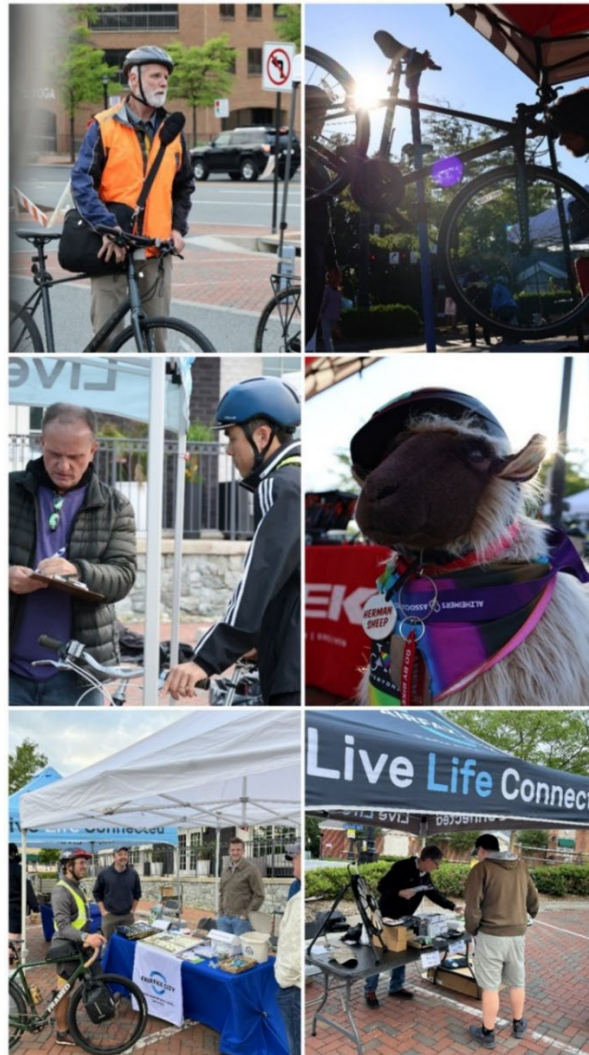
VA Fairfax County Jim Scott Community Center

The fourth annual Bike to Work Day pit stop at the Jim Scott Community Center, near the Vienna Metro Station, was a success! The pit stop welcomed 29 registered participants and more than 55 cyclists, along with several walkers who stopped by throughout the morning. Many community partners helped make the event possible, including the Fairfax County Police Department, Fairfax County Department of Transportation, Virginia Department of Transportation, Sun & Surf, Fairfax County Health Department, and the Police Civilian Review Panel. Attendees enjoyed snacks provided by SevaTruck and coffee from Caboose Commons. This pit stop location continues to gain recognition within the local cycling community and participation is anticipated to continue growing in the years ahead.



VA Fairfax County City of Fairfax Old Town Square

The City of Fairfax Old Town Square pit stop was held from 6 - 9AM. 110 people registered or participated (including 10 walk-ups), a slight increase from 2025. Riders enjoyed refreshments sponsored by the city's Environmental Sustainability Committee and juices given away by South Block Fairfax. Other businesses at the event included Trek Bicycle with staff from the Fairfax store offering quick bicycle tune-ups and the Inova outreach coordinator promoting safety education and giving away swag. Riders also won raffle prizes donated by several local businesses including Bond's Escape Room, High Side Brewery, Orner Beer, and Senberry Bowls. The event was supported by members of the Environmental Sustainability Committee and volunteers from the community. The Fairfax City Council adopted a resolution supporting Bike Month and Bike to Work Day, and Councilmembers Anthony Amos and Tom Peterson stopped by to enjoy the pit stop.



VA Fairfax County West Springfield Government Center

Bike to Work Day 2026 at the West Springfield Government Center was still a success with similar turnout to last year. The pitstop sponsors included West Springfield Starbucks (provided free coffee), Duck Donuts of West Springfield (provided free donuts) and the Fairfax County Dept. of Transportation who provided bike-related giveaways and informational handouts.

Springfield District Supervisor Pat Herrity and his staff, and representatives from the West Springfield District Police Station greeted riders and offered complimentary coffee and other beverages, donuts, and chick-fil-a sandwiches and fruit cups. Jeff Stoll from WABA also provided advice and support to cyclists with questions about biking in the area. While the pit stop didn't see as many cyclists as years prior, there was still had a steady stream of them during the event. The event was advertised/promoted through FCDOT, Supervisor Herrity's newsletter and social media posts, and some smaller local media sources also shared information about the event.



VA Fairfax County Town of Vienna

It was another perfect rain-free day for “Bike to Work Day 2026”. The Town of Vienna Bicycle Advisory Committee greeted over 150 cyclists with swag, snacks, and drinks. WABA was there and Bikes@Vienna and REI Tysons were both on hand with swag and tech support. Special thanks to One Neighborhood Foundation and Texas Donuts for the fruit and donuts, South Block for amazing juices, and Caffè Amouri for the best coffee in Vienna.

VA Prince William County Dumfries



**VA Prince William County
Manassas GMU Freedom Center**



VA Prince William County Kelly Leadership Center



VA Prince William County City of Manassas Park



The Manassas Park Bike to Work Day pit stop had about 50 visitors at the Virginia Railway Express (VRE) Station. The pit stop featured live music, the Manassas Park Police Bike Force, representatives from Parks and Recreation, food, coffee, and lots of swag to give away. Signal Bay Waterpark day pass was also raffled off to one lucky registered participant. The winner was a young student who stopped by on her routine bike commute to High School!

VA Prince William County City of Manassas - VRE Station



The City of Manassas VRE Station Pitstop hosted another successful Bike to Work Day event! The event featured representatives from OmniRide and VRE present to answer questions about using bikes on public transit, as well as Regina Moore, the Regional Planning Manager for NOVA District Transportation Planning with VDOT. Light refreshments were served in addition to the t-shirts, water bottles, bike lights, and other small swag items from OmniRide and VRE. The event was supported by private volunteers along with Allen Muchnick from Active Prince William. Dan Donohue from Nova Cycleworks also attended, offering tune-up services to participants. City of Manassas City Hall Employees showed up in a group of ~8 riders and City of Manassas Council Members Sonia Vasquez Luna and Ashley Hutson also supported the event!

VA Prince William County Rippon Landing VRE Station

There were 10 registrants for the event's pit stop. Both VRE and OmniRide staff were at the pitstop, passing out bike lights and information on Explore Bike Month and other bike-related information. Additionally, Ben Matters and Sarah McGowan represented OmniRide at the Prince William County Board of Supervisors meeting where there was an Explore Bike Month proclamation. Chair Deshundra Jefferson, Supervisor Ken Bode, PW Director of Transportation Rick Canizales and Bryce Barrett, PW Principal Planner were all present in full support of the regional event.



VA Prince William County Woodbridge Chinn Center

Chinn Aquatics had a great turnout and morning. Despite not featuring a large sign, the pit stop did have an 80% turnout rate with 3-4 riders that dropped in without registering which increased the rate to almost a 100% turnout. The pit stop had plenty of fun giveaways (small bicycle charms for bracelets, rider wrist bands, sunglasses, maps, portable first aid kits...) some great snacks and water. Many repeat riders attended and engaged in great conversations!



VA Prince William County Woodbridge Tackett's Mill



Employer Participation

More than 229 employers had five or more employees registered for Bike to Work Day 2026. The winner of the Employer Challenge was the National Institutes of Health, with a total of 409.

Bike to Work Day 2026 Employer	# of Registrants
National Institutes of Health (NIH)	409
Self Employed	346
Retired	190
U.S. Department of State	163
N/A	156
University of Maryland, College Park	143
U.S. Environmental Protection Agency (EPA)	122
U.S. Food and Drug Administration (FDA)	112
Department of Defense (DOD)	108
World Bank	93
U.S. Coast Guard	90
Amazon	88
U.S. Navy	80
Georgetown University	73
U.S. Patent and Trademark Office (USPTO)	73
Capital One	71
Fairfax County Public Schools	67
City of Alexandria Government	61
Department of Justice (DOJ)	61
U.S. Army	59
The MITRE Corporation	55
Arlington County Government	55
Montgomery County Public Schools	54
George Washington University	53
District Department of Transportation (DDOT)	51
Library of Congress	50
Arlington Public Schools	50
District of Columbia Public Schools	50
Fairfax County Government	48
Department of Energy (DOE)	48
National Oceanic and Atmospheric Administration (NOAA)	48
Booz Allen Hamilton	44
Smithsonian	44

George Mason University	41
USG	38
District of Columbia Government	37
U.S. Department of Transportation	35
U.S. Department of Agriculture (USDA)	34
Washington Metropolitan Transit Authority (WMATA)	34
Deloitte	33
Federal Reserve Board	33
International Monetary Fund	32
National Geographic Society	31
Leidos	30
Northrop Grumman	30
U.S. House of Representatives	30
Loudoun County Government	29
Montgomery County Government	29
US Air Force	27
Department of War	26
The National Institute of Standards and Technology (NIST)	26
American University	25
U.S. Naval Research Laboratory	25
MedStar	24
AstraZeneca	23
Fannie Mae	23
Federal Emergency Management Agency (FEMA)	23
National Science Foundation	23
Google	22
Federal Aviation Administration	22
Bloomberg	22
General Dynamics Information Technology	22
U.S. Senate	21
Inova	20
Department of Veterans Affairs	20
General Services Administration (GSA)	20
Architect of the Capitol	19
Montgomery College	19
Inter-American Development Bank	19
Alexandria City Public Schools	18
Accenture Federal Services	18
M-NCPPC	18

National Aeronautics and Space Administration (NASA)	17
Peraton	17
Science Applications International Corporation (SAIC)	17
Student	17
Unemployed	17
Federal Energy Regulatory Commission	17
Virginia Department of Transportation	17
United States Postal Service (USPS)	17
Freddie Mac	16
Frederick County Government	16
Town of Herndon	16
Naval Sea Systems Command (NAVSEA)	16
M.C. Dean	16
Metropolitan Washington Council of Governments (MWCOCG)	16
City of Gaithersburg Government	15
Children's National Hospital	15
American Association of Retired Persons (AARP)	14
Guidehouse Management Services	14
Lockheed Martin	14
Mastercard	14
Tequila and Tacos	14
Washington Area Bicyclist Association (WABA)	14
Securities and Exchange Commission (SEC)	14
American College of Cardiology (ACC)	13
ICF	13
Institute for Defense Analyses	13
Microsoft	13
United States Air Force (USAF)	13
WSP, Engineering	13
Nuclear Regulatory Commission	13
Thermo Fisher Scientific	13
City of Falls Church Government	12
City of Rockville Government	12
Federal Trade Commission	12
Gallaudet University	12
Department of Health and Human Services (HHS)	12
Navy Federal Credit Union (NFCU)	12
Verizon	12

Pan American Health Organization (PAHO)	12
AECOM	11
CACI	11
Charles County Government	11
City of Fairfax Government	11
Federal Deposit Insurance Corporation (FDIC)	11
Kaiser Permanente	11
National Gallery of Art	11
National Park Service (NPS)	11
Society of Human Resource Management (SHRM)	11
Department of Commerce	11
Prince George's County Public Schools	11
Collins Aerospace	10
IBM	10
KPMG	10
Peace Corps	10
Sweet Fire Donnas Count	10
Urban Institute Count	10
Walter Reed National Military Medical Center	10
DC Department of Energy and Environment	10
RAND Corporation	10
Appian	9
Comcast	9
EY	9
Federal Communications Commission	9
National Guard Bureau	9
Politico	9
Prince William County Government	9
Prince William County Schools	9
REI	9
T-Mobile	9
Walter P. Moore, Engineering	9
Boeing	8
CGI Federal	8
City of College Park Government	8
City of Frederick Government	8
U.S. Department of Labor (DOL)	8
Freshfarm	8
Hogan Lovells	8
IFC Corporation	8

Jacobs	8
Johns Hopkins University	8
Marriott International	8
Meta	8
National Center for Missing & Exploited Children (NCMEC)	8
Bain & Company	8
City of Greenbelt Government	7
Costar Group	7
District of Columbia Water and Sewage Authority	7
Department of the Interior (DOI)	7
EAB Global Inc.,	7
Foursquare ITP	7
Georgetown Day School	7
GSK	7
Homegrown	7
Loudoun County Public Schools	7
Maryland School for the Deaf	7
National Cancer Institute	7
Oracle	7
State of Maryland Government	7
STUDIOS Architecture	7
The Washington Post	7
Utility Systems	7
Workday	7
Amtrak	6
Anduril	6
Arnold & Porter	6
ATA Engineering	6
Burke and Herbert Bank	6
DowntownDC BID	6
Fairfax County Health Department	6
United States Government Accountability Office (GAO)	6
GEICO	6
Gorove Slade Associates Inc.,	6
Handy Bikes	6
Howard University	6
Meridian International Center	6
Morgan Stanley	6
Paradigm	6
PwC	6

Rocky Mountain Institute (RMI)	6
School Without Walls	6
Simpson Properties	6
Sol Systems	6
The Pew Charitable Trusts	6
The Salvation Army	6
U.S. Geological Survey	6
Westat	6
Williams & Connolly LLP Count	6
Adobe	5
Alexandria Economic Development Partnership	5
Amentum	5
ASM Research	5
ASTi	5
Blue Origin Enterprises	5
City of New Carrollton	5
D.C. Public Library	5
Defense Health Agency	5
Department of Treasury	5
Federal Highway Administration (FHA)	5
Gonzaga College High School	5
Henry Jackson Foundation	5
Interface Media Group	5
Internal Revenue Service (IRS)	5
Kimley-Horn	5
League of Conservation Voters	5
Montgomery County Planning	5
MPR Associates	5
Nestle	5
Parsons	5
Salesforce	5
Skadden Arps	5
STR	5
The Nature Conservancy	5
Toole Design Group	5
Town of Vienna Government	5
Virginia Hospital Center	5
Washington Gas	5

Earned Media

Bike to Work Day 2026 – Earned Media Report	
Organization	URL
Calendar Listings (total: 89)	
Adams Morgan BID	Bike to Work Day 2026
Afro American Newspaper	Bike to Work Day 2026
Alexandria Chamber of Commerce	Bike to Work Day 2026 - shared through Carlyle Council materials
All Events – Bethesda Transportation Solutions	Bike to Work Day 2026
All Events – DowntownDC BID	Bike to Work Day 2026
All Events - metrobar	Bike to Work Day 2026
All Events – Prince George’s County Planning Department	Bike to Work Day 2026
All Events – Transit Services of Frederick County	Bike to Work Day 2026
ALX Now	Bike to Work Day 2026
ARL Now	Bike to Work Day 2026
ARL Now	Bike to Work Day 2026
ARL Now	Bike to Work Day 2026
Baltimore’s Child	Bike to Work Day 2026
Baltimore Sun	Bike to Work Day 2026
Bike Arlington	Bike to Work Day 2026
Bike League	Bike to Work Day 2026
Bethesda Magazine	Bike to Work Day 2026
Bethesda Transportation Solutions	Bike to Work Day 2026
Capital Gazette	Bike to Work Day 2026
Capitol Hill BID	Bike to Work Day 2026
Capital Riverfront	Bike to Work Day 2026
Car Free Diet	Bike to Work Day 2026
Carlyle Council	Bike to Work Day 2026

Charles County Chamber of Commerce	Bike to Work Day 2026
City of Alexandria	Bike to Work Day 2026
City of Alexandria	Bike to Work Day 2026
City of College Park	Bike to Work Day 2026
City of Fairfax	Bike to Work Day 2026
City of Hyattsville	Bike to Work Day 2026
City Spark	Bike to Work Day 2026
DC Military	Bike to Work Day 2026
DC News Now	Bike to Work Day 2026
DC Social Guide	Bike to Work Day 2026
DC Streets Blog	Bike to Work Day 2026
District Wharf	Bike to Work Day 2026
Downtown DC	Bike to Work Day 2026
Dulles Moms	Bike to Work Day 2026
Dupont Circle	Bike to Work Day 2026
East of the River	Bike to Work Day 2026
Fairfax City EDA	Bike to Work Day 2026
Fairfax County Connect with America	Bike to Work Day 2026
Fairfax County Connect with America	Bike to Work Day 2026
Fairfax County Times	Bike to Work Day 2026
Falls Church Chamber of Commerce	Bike to Work Day 2026
FFX Now	Bike to Work Day 2026 – same as ALXnow, could only submit to one of them
Frederick News Post	Bike to Work Day 2026
Gaithersburg-Germantown Chamber of Commerce	Bike to Work Day 2026
Georgetown DC BID	Bike to Work Day 2026
Georgetown	Bike to Work Day 2026
Greater Greater Washington	Bike to Work Day 2026
Greater Rockville Chamber of Commerce	Bike to Work Day 2026
Greenbelt, MD	Bike to Work Day 2026

InsideNova	Bike to Work Day 2026
Loudoun County	Bike to Work Day 2026
Maryland Cycling Events	Bike to Work Day 2026
Montgomery Magazine	Bike to Work Day 2026
Mount Vernon Trangle DC	Bike to Work Day 2026
National Harbor	Bike to Work Day 2026
National Landing	Bike to Work Day 2026
NoMA BID	Bike to Work Day 2026
Patch Arlington	Bike to Work Day 2026
Patch DC	Bike to Work Day 2026
Petsworth News Community Calendar	Bike to Work Day 2026
Pike District	Bike to Work Day 2026
Popville (DC Blog)	Bike to Work Day 2026 – same as ALXnow, could only submit to one of them
Potomac Local	Bike to Work Day 2026 – same as ALXnow, could only submit to one of them
Prince George County, MD	Bike to Work Day 2026
Public Service Commission District of Columbia	Bike to Work Day 2026
Rosslyn BID	Bike to Work Day 2026
SWBID	Bike to Work Day 2026
The Bay Net	Bike to Work Day 2026
The Georgetown	Bike to Work Day 2026
The League of American Bicyclists	Bike to Work Day 2026
Town of Herndon, VA	Bike to Work Day 2026
Tysons Today	Bike to Work Day 2026
Velocity Bicycle Cooperative	Bike to Work Day 2026
Visit Fairfax VA	Bike to Work Day 2026
Visit Falls Church	Bike to Work Day 2026
Washington City Paper	Bike to Work Day 2026
Washington Family, Reston	Bike to Work Day 2026
Washington Informer	Bike to Work Day 2026

Washington Jewish Week	Bike to Work Day 2026
Washington Parent	Bike to Work Day 2026
Washington Post	Bike to Work Day 2026
Washingtonian	Bike to Work Day 2026
WDCW TV 50	Bike to Work Day 2026
WGIT	Bike to Work Day 2026
Wharf DC	Bike to Work Day 2026
730 DC	Bike to Work Day 2026
News Articles (total: 38)	
Alexandria Brief (5/3)	Alexandria to host six pit stops for Bike to Work Day on May 15
Alexandria Brief (3/2)	Registration opens for Bike to Work Day as event marks 25th anniversary
ALX Now (5/6)	Alexandria participating in Bike to Work Day with prizes, giveaways next week
Annandale Today (5/12)	Ditch the car on Bike to Work Day
City of Fairfax, VA (5/6)	Let's Ride! Everyone's Invited for Bike to Work Day, May 15
DC News Now (5/12)	Bike-to-Work Week across DMV encourages commuters to cycle
DVIDS (5/15)	News - PAE SSP Promotes Commuting Options on National Bike to Work Day
Fairfax Alliance for Better Bicycling (FABB) (4/19)	Register Now for Bike To Work Day 2026!
FFX Now (5/5)	Tysons commuters encouraged to cycle for National Bike Month
FFX Now (5/13)	Bike to Work Day returning Friday with dozens of Fairfax County Pit Stops
Georgetown DC (3/20)	Register for Bike to Work Day
Georgetown DC (5/7)	Join Us for Bike to Work Day on May 15
Georgetown DC (5/8)	Join Us at Bike to Work Day on May 15
Georgetown DC (5/15)	Bike to Work Day Wheels down in Gtown
Georgetown Dish (4/15)	Bike to Work Day
Loudoun County (4/16)	Loudoun County to Host Pit Stops for Bike to Work Day Friday, May 15

Midcity DC News (5/12)	Register for Bike to Work Day Friday
Montgomery County Media (MCM) (3/6)	Registration opens for 25th Annual Bike to Work Day
Montgomery County MD (4/9)	Registration Now Open for 'Bike to Work Day' on Friday, May 15
Mount Vernon Triangle DC (3/13)	Gear Up For Bike To Work Day: Registration Now Open!
MSN (3/2)	Bike to Work Day registration opens
NBC News 4 Washington (5/6)	25+ things to do this May in the dmV
NBC News 4 Washington (5/15)	Cyclists take to the streets for Bike to Work Day
Northern Virginia Magazine (5/11)	5 Ways to Celebrate National Bike Month in Northern Virginia
Patch (4/17)	Bike To Work Day Pit Stops Announced For Loudoun County
Potomac Local News (5/15)	Bike to Work Day (13025 Chinn Park Drive)
Prince William Living Magazine (3/6)	Bike to Work Day 2026
Prince William Virginia County Government (5/4)	Bike to Work Day Returns May 15 with Local Pit Stops
The 51 st (5/12)	14 ways to get involved around D.C. this week
The Mocoshow (4/9)	Bike to Work Day Returns May 15
Virginia Bicycling Federation (NOVA) (4/27)	May Is National Bike Month
Washington Area Bicyclist Association (WABA) (3/2)	Bike to Work Day celebrates 25 years in the DMV; Register for the free event today
WUSA9 (5/14)	Grab your helmet! DMV to celebrate National Bike to Work Day tomorrow
WUSA9 (5/15)	National Bike to Work Day
WUSA9 (5/15)	It's National Bike to Work Day
Yahoo! (5/12)	Bike-to-Work Week across DMV encourages commuters to cycle
Yahoo!News (3/2)	'Bike to Work Day' registration opens
Zebra (5/8)	Bike to Work Day 2026 in Alexandria / Pit Stops, Perks, & Prizes

Social Media Posts

(Facebook – 49, Instagram – 96, LinkedIn – 18, Nextdoor – 1, Reddit – 2, Threads – 1, X – 72, Youtube – 4) (Total: 243)

Facebook – 94.7 The Drive	Facebook Post
Facebook – 94.7 The Drive	Facebook Post
Facebook – Arlington County Department of Environmental Services	Facebook Post
Facebook – Baltimore Bicycling Club	Facebook Post
Facebook – Bike Arlington	Facebook Post
Facebook – Brian Mitchell	Facebook Post
Facebook – Brian Mitchell	Facebook Post
Facebook – Bridgeway Bikes of Brunswick	Facebook Post
Facebook – Capital Bikeshare	Facebook Post - joint post
Facebook – Charm TV Baltimore	Facebook Post
Facebook – City of Alexandria	Facebook Post
Facebook – City of College Park, MD	Facebook Post
Facebook – City of Fairfax	Facebook Post
Facebook – City of Fairfax	Facebook Post
Facebook – City of Fairfax	Facebook Post
Facebook – City of Fairfax	Facebook Post
Facebook – City of Manassas, VA	Facebook Post
Facebook – City of New Carrollton	Facebook Post
Facebook – DC DMV	Facebook Post

Facebook – DC Water	Facebook Post
Facebook – DDOT	Facebook Post
Facebook – DDOT	Facebook Post - joint post
Facebook – DDOT	Facebook Post
Facebook – Downtown DC	Facebook Post
Facebook – Downtown DC	Facebook Post
Facebook – Fairfax County Government	Facebook Post
Facebook – Friendship Height’s Alliance	Facebook Post
Facebook – goDCgo	Facebook Post - joint post
Facebook – Harford County Public Library	Facebook Post
Facebook – Juli Briskman	Facebook Post
Facebook – Key 103	Facebook Post
Facebook – Leesburgology Living in Leesburg, VA	Facebook Post
Facebook – Loudoun County Government	Facebook Post
Facebook – Loudoun County Government	Facebook Post
Facebook – Maryland Department of Transportation Active Transportation News	Facebook Post - joint post
Facebook – Meridian At Gallery Place	Facebook Post
Facebook – Metro Forward	Facebook Post - joint post
Facebook – Metro Forward	Facebook Post
Facebook – Montgomery County Health and Human Services	Facebook Post
Facebook – Montgomery County, MD Department of Transportation	Facebook Post
Facebook – Prince George’s County Planning Department	Facebook Post

Facebook – Prince William County Government	Facebook Post
Facebook – Town of Indiana Head, MD	Facebook Post
Facebook – Transportation & Environmental Services, City of Alexandria, Virginia	Facebook Post - joint post
Facebook – Transit Services of Frederick County	Facebook Post
Facebook – Virginia Department of Transportation	Facebook Post - joint post
Facebook – VHB	Facebook Post
Facebook – Washington Metropolitan Police Department	Facebook Post
Facebook – Zebra Press	Facebook Post
Instagram – 94.7 the Drive	Instagram Post
Instagram – 94.7 the Drive	Instagram Post
Instagram - Adrienne Welker	Instagram Post
Instagram – Allison Eriksen	Instagram Post
Instagram – Anacostia BID	Instagram Post
Instagram – Anacostia BID	Instagram Post
Instagram – Aparna Raj	Instagram Post - joint post
Instagram – barre3 Bethesda	Instagram Post
Instagram – Bell Ringer	Instagram Post
Instagram – Bethesda Bike and Ski	Instagram Post
Instagram – Bike Arlington	Instagram Post
Instagram – Bike Arlington	Instagram Post
Instagram - Bike Arlington	Instagram Post
Instagram – Bike Arlington	Instagram Post
Instagram – Bike Arlington	Instagram Post
Instagram – Bike Arlington	Instagram Post
Instagram – Bike Arlington	Instagram Post

Instagram – Brian Mitchell	Instagram Post
Instagram – Brian Mitchell	Instagram Post
Instagram – Capitol Hill BID	Instagram Post
Instagram – Carlyle Council	Instagram Post
Instagram – City of Fairfax	Instagram Post
Instagram – City of Hyattsville	Instagram Post
Instagram – City New Carrollton	Instagram Post
Instagram – Clarendon Alliance	Instagram Post
Instagram – Charles Allen	Instagram Post
Instagram – Charles Allen	Instagram Post
Instagram – Charles Allen	Instagram Post
Instagram – Wendell Felder	Instagram Post
Instagram – College Park MD	Instagram Post
Instagram – College Park MD	Instagram Post
Instagram – College Park MD	Instagram Post - joint post
Instagram – County Cable MOCO	Instagram Post
Instagram – Corey O’Connor	Instagram Post
Instagram – Data Mobility Partners	Instagram Post
Instagram – DCBikeWalkBusPAC	Instagram Post - joint post
Instagram – DC Tutoring and Mentoring Initiative	Instagram Post
Instagram – DC Department of Transportation	Instagram Post
Instagram – DC Department of Transportation	Instagram Post
Instagram – DC Department of Transportation	Instagram Post - joint post
Instagram – DJ 8Ball Maal	Instagram Post
Instagram – Donna Welles	Instagram Post
Instagram – UMD Transportation Services	Instagram Post - joint post

Instagram – Downtown DC BID	Instagram Post - joint post
Instagram – Downtown DC Foundation	Instagram Post - joint post
Instagram – Eco-City Alexandria VA	Instagram Post
Instagram – Evan Glass	Instagram Post
Instagram – Georgetown DC	Instagram Post
Instagram – Gerren Price	Instagram Post
Instagram – godcgo	Instagram Post – joint post
Instagram – Golden Triangle DC	Instagram Post
Instagram – Greater Harvest Alexandria	Instagram Post
Instagram – Harbor Point MD	Instagram Post
Instagram – Hyattsville DC	Instagram Post
Instagram – Ilan Goldfajn	Instagram Post
Instagram – Jafe Cycling Bike Shop	Instagram Post
Instagram – Janeese Lewis George	Instagram Post
Instagram - Javier Starks	Instagram Post
Instagram - Jeanne Phil Meg Team at Compass Real Estate	Instagram Post
Instagram - Kinney Zalesne	Instagram Post
Instagram – Lorig Charkoudian	Instagram Post
Instagram – Montgomery County DOT	Instagram Post
Instagram – Montgomery County DOT	Instagram Post
Instagram – National Landing	Instagram Post
Instagram – Noma BID	Instagram Post
Instagram – Noma BID	Instagram Post
Instagram – Northern Virginia Magazine	Instagram Post

Instagram – NOVA Transit	Instagram Post
Instagram – One Neighborhood Foundation	Instagram Post
Instagram – PGC Planning Department	Instagram Post
Instagram - PGC Planning Department	Instagram Post
Instagram - PGC Planning Department	Instagram Post
Instagram – Prince George’s County Sheriff’s Office	Instagram Post
Instagram – Right Eye Studios	Instagram Post
Instagram – Riverdale Park MD Government	Instagram Post
Instagram – Rosslyn BID	Instagram Post
Instagram – Scott M	Instagram Post
Instagram – Sonny R	Instagram Post
Instagram – TBA Connects	Instagram Post
Instagram – Teddy the Terp	Instagram Post - joint post
Instagram – The DC Arts	Instagram Post - joint post
Instagram – Tysons VA	Instagram Post
Instagram – Virginia DOT	Instagram Post
Instagram – Walk Arlington	Instagram Post
Instagram – Walk Arlington	Instagram Post
Instagram – WAPO the Guide	Instagram Post
Instagram – Ward 7 Bikes	Instagram Post
Instagram – Ward 7 Bikes	Instagram Post
Instagram – Ward 7 Bikes	Instagram Post
Instagram – Ward 7 Bikes	Instagram Post
Instagram – Ward 7 Bikes	Instagram Post
Instagram – Ward 7 Bikes	Instagram Post
Instagram – Ward 7 Bikes	Instagram Post
	Instagram Post - joint post
Instagram – Wash FM	
Instagram – WUSA9	Instagram Post

LinkedIn – Capital One Center	LinkedIn Post
LinkedIn – City of College Park, MD	LinkedIn Post
LinkedIn – Daniel Gilman	LinkedIn Post
LinkedIn – DC Commission on the Arts and Humanities	LinkedIn Post
LinkedIn - DDOT	LinkedIn Post
LinkedIn – Eric Andelin	LinkedIn Post
LinkedIn – Fairfax Water	LinkedIn Post
LinkedIn – Isaac ‘Ike’ Idan-Biney	LinkedIn Post
LinkedIn – Jennifer Morris	LinkedIn Post
LinkedIn – Loudoun County Government	LinkedIn Post
LinkedIn – Micheal Grant	LinkedIn Post
LinkedIn - OmniRide	LinkedIn Post
LinkedIn – Raquel Fox	LinkedIn Post
LinkedIn – Scott J. Melchior	LinkedIn Post
LinkedIn – Strategic Systems Programs	LinkedIn Post
LinkedIn – Virginia Department of Rail and Public Transportation	LinkedIn Post
LinkedIn – VHB	LinkedIn Post
LinkedIn – Virginia Passenger Rail Authority	LinkedIn Post
Nextdoor – Prince William County	Nextdoor Post
Reddit – r/bikedc	Reddit Post
Reddit – r/bikeMoCoMD	Reddit Post
Threads – FABB	Threads Post
X – Anders Pokela	X Post
X – Arlington TRAC Espanol	X Post
X – Arlington TRAC Espanol	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post

X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Bike Arlington	X Post
X – Carlyle Council	X Post
X – City of Fairfax CUE	X Post
X – City of Fairfax CUE	X Post
X – City of Fairfax, VA	X Post
X – City of Fairfax, VA	X Post
X – City of Fairfax, VA	X Post
X – City of Fairfax, VA	X Post
X – City of Fairfax, VA	X Post
X – City of Fairfax, VA	X Post
X – City of Fairfax, VA	X Post
X – Daniel Gilman	X Post
X - DCBikeWalkBusPAC	X Post
X – DC DMV	X Post
X – DC DMV	X Post
X – Fairfax County Government	X Post
X – Harbor Point	X Post
X – Loudoun Co. Govt.	X Post
X – MocoFeed	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post

X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Montgomery County, MD DOT	X Post
X – Nancy Duley	X Post
X – New Carrollton MD	X Post
X – New Carrollton MD	X Post
X – New Carrollton MD	X Post

X – National Highway Traffic Safety Administration Gov	X Post
X – Northern VA Magazine	X Post
X – Occoquan District	X Post
X – Rashida Brown	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
X – Walk Arlington	X Post
Youtube – CharmTV Citizens' Hub	Youtube Post
Youtube – MDOT MTA Maryland	Youtube Post
Youtube – NBC4 Washington	Youtube Post
Youtube – New Carrollton MD	Youtube Post

Earned Media Clippings



FRIDAY, MAY 15

[Bike to Work Day 2026](#)

 Before 9 a.m. and after 4 p.m.

 [100+ pit stops around the region](#)

May is Bike Month — and today, organizers want to reward you for biking to work, while connecting you to the city's bike community. Even if you work from home (like the team at your favorite worker-led local newsroom), you can bike over to [your closest pit stop](#) for friends and freebies. Nervous about biking safely? Join a [grown-up bike bus](#) via the website! Register [here](#).

Bike to Work Day registration opens

Story by Emma Levine • 2mo •  1 min read

ARLINGTON, Va. ([DC News Now](#))- Bike to Work Day (BTWD) 2026 registration opened Monday, ahead of the event, which takes place on May 15.

BTWD encourages people to get pedaling to their office or other place of business instead of commuting the way they normally would. Registered

[MCDOT](#)

Bike to Work Day Returns May 15

By **Patrick Herron**

Published April 9, 2026 at 2:19PM



DC News Now

Bike-to-Work Week across DMV encourages commuters to cycle

Kenzie Chase

Tue, May 12, 2026 at 12:09 PM EDT · 1 min read

 Add Yahoo on Google

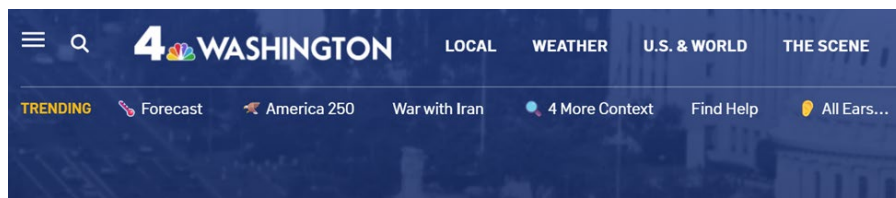
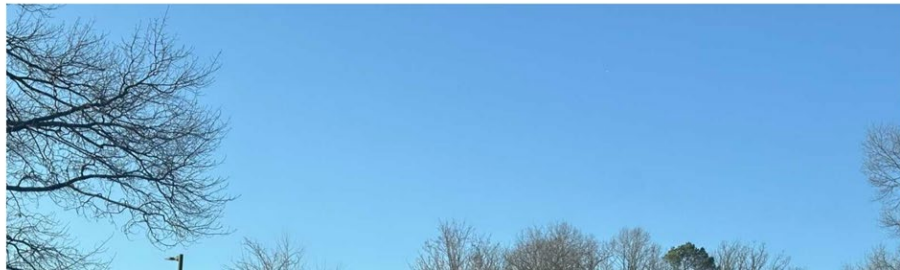


[Around Town](#)

Bike to Work Day returning Friday with dozens of Fairfax County pit stops

By **Angela Woolsey**

Published May 13, 2026 at 2:45PM | Updated May 13, 2026 at 4:09PM



[THINGS TO DO DC](#)

25+ things to do this May in the DMV

By **Sophia Barnes** • Published May 6, 2026 • Updated on May 6, 2026 at 12:45 pm

Log in or
create profile to:

Community Briefs

Bike to Work Day 2026 in Alexandria | Pit Stops, Perks & Prizes

 Judith Fogel  · 3 weeks ago

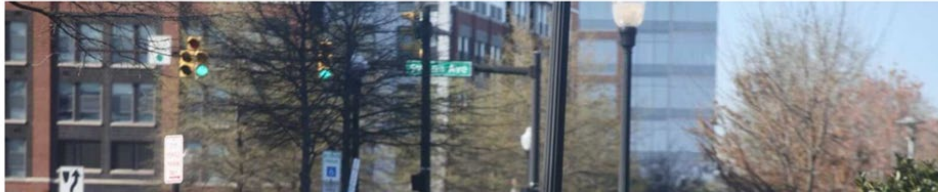
 1 minute read

Around Town

Alexandria participating in Bike to Work Day with prizes, giveaways next week

By **Katie Taranto**

Published May 6, 2026 at 1:45PM



Proclamations



Regional Proclamation

WHEREAS, the National Capital Region Transportation Planning Board through its Commuter Connections program promotes bicycling and organizes Bike to Work Day together with the Washington Area Bicyclist Association; and

WHEREAS, bicycle commuting is an effective means to support the region's air quality goals, improve mobility, and conserve energy; and

WHEREAS, bicycle commuting benefits both employees and employers through better health and fitness, and reduced commuting and parking costs; and

WHEREAS, many employers have embraced bicycling and provide secure parking and shower facilities to help encourage bicycle commuting; and

WHEREAS, Capital Bikeshare's regional system has thousands of bikes at hundreds of stations across eight jurisdictions; and

WHEREAS, more than 100 pit stops will be located within 23 COG-member jurisdictions on Bike to Work Day; and

WHEREAS, May is National Bike Month, and the week of May 11th is Bike to Work Week, celebrating bicycling as a viable means of transportation to and from work;

**NOW, THEREFORE, BE IT RESOLVED THAT THE
NATIONAL CAPITAL REGION TRANSPORTATION PLANNING BOARD:**

1. Proclaims Friday, May 15, 2026 as Bike to Work Day throughout the Washington, DC metropolitan region; and
2. Encourages TPB member jurisdictions to adopt similar proclamations in support of the event; and
3. Reminds all members of the importance of bicycle safety as advocated by the Street Smart campaign.



County Commissioners of Charles County

PROCLAMATION 2026-41

National Bike to Work Day

WHEREAS, bicycle commuting is an effective means to improve air quality, reduce traffic congestion, and conserve energy; and

WHEREAS, bicycle commuting benefits both employees and employers through better health and fitness, reduced parking and health care costs; and

WHEREAS, increasing numbers of Transportation Planning Board (TPB) member jurisdictions have added or improved bicycle paths and trails; and

WHEREAS, increasing numbers of businesses have installed bicycle parking and shower facilities to encourage employees to commute by bicycle; and

WHEREAS, the federal bicycle commuter benefit can be used by employers to assist employees with bicycle purchases, improvements, repair and storage; and

WHEREAS, biking to work or to school can help develop good exercise habits, lessen car traffic, reduce pollution and make a difference for your health and our community; and

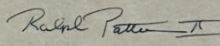
WHEREAS, the Transportation Planning Board (TPB) through its Commuter Connections program promotes and organizes the annual Bike to Work Day event along with the Washington Area Bicyclist Association and supports bicycling through its Employer Outreach program.

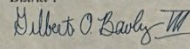
WHEREAS, Charles County supports initiatives that enhance bicycle safety, expand access to bike-friendly infrastructure.

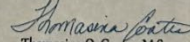
NOW, THEREFORE, BE IT RESOLVED THAT THE COUNTY COMMISSIONERS OF CHARLES COUNTY, MARYLAND, do hereby proclaim May 15, 2026 as National Bike to Work Day in Charles County, Maryland, and encourage residents to participate and support this environmentally friendly, healthy and fun event.

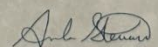
COUNTY COMMISSIONERS OF
CHARLES COUNTY, MARYLAND


Reuben B. Collins, II, Esq., President


Ralph E. Patterson, II, M.A., Vice President
District 4


Gilbert O. Bowling, III
District 1


Thomasina O. Coates, M.S.
District 2


Amanda M. Stewart, Ed.D.
District 3



Attest:

John Adelodun, Assistant Clerk to the Commissioners

LOUDOUN COUNTY, VIRGINIA

PROCLAMATION

- WHEREAS** Bicycling serves as a fulfilling recreational activity and a practical mode of transportation, contributing to the physical health and well-being of Loudoun County residents; and
- WHEREAS** Celebrated since 1956, Bike to Work Day is organized regionally by Commuter Connections at Metropolitan Washington Council of Governments (MWCOC) and the Washington Area Bicyclist Association (WABA), encouraging residents to explore alternative commute options as well as to enjoy the outdoors; and
- WHEREAS** Initiatives such as Loudoun County's Trails & Waterways system, the Residential Traffic Calming Program, and the Sidewalk and Trail Program, as well as engagement with groups like Bike Loudoun, exemplify the county's commitment to enhance transportation infrastructure and make multi-modal forms of transportation such as bicycling a safer and more attractive choice for all; and
- WHEREAS** Loudoun County is hosting two Bike to Work Day pit stops, in partnership with Bike Loudoun and Friends of the Washington & Old Dominion Trail along the Washington & Old Dominion Trail at the Sterling Ruritan Club and in Leesburg at Rafo Park.

NOW THEREFORE BE IT RESOLVED that the Loudoun County Board of Supervisors does hereby proclaim May 15, 2026, as

Bike to Work Day

Phillip J. Randall
Phillip J. Randall, Chair At-Large

Michael R. James
Michael R. James, Vice Chair, Ashburn District

Julie E. Baskin
Julie E. Baskin, Warrenton District

Sylvia R. Glass
Sylvia R. Glass, Broad Run District

Caleb A. Kershner
Caleb A. Kershner, Catoclin District

Matthew F. Letourneau
Matthew F. Letourneau, Dulles District

Karen C. Umstott
Karen C. Umstott, Leesburg District

Laura A. Tekrony
Laura A. Tekrony, Little River District

Koran T. Saines
Koran T. Saines, Sterling District

Loudoun County Board of Supervisors
May 5, 2026





Town Council of Indian Head

Proclamation Bike to Work Day 2026

WHEREAS, bicycle commuting is an effective means to improve air quality, reduce traffic congestion, and conserve energy; and

WHEREAS, bicycle commuting benefits both employees and employers through better health and fitness, reduced parking demand, and lower health care costs; and

WHEREAS, communities throughout the region continue to add and improve bicycle paths, trails, and facilities that make bicycling a safer and more accessible transportation option; and

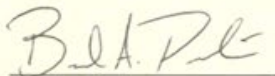
WHEREAS, bicycling to work or school helps develop healthy exercise habits, reduces vehicle traffic, decreases pollution, and contributes to the overall well-being of individuals and the community; and

WHEREAS, Bike to Work Day is an annual event that promotes bicycling as a healthy, environmentally friendly, and enjoyable transportation alternative while encouraging community members to experience the benefits of cycling; and

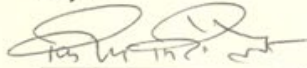
WHEREAS, the Town of Indian Head encourages residents, businesses, and visitors to support and participate in activities that promote active transportation and environmental stewardship.

NOW, THEREFORE, BE IT PROCLAIMED that the Mayor and Council of the Town of Indian Head, Maryland do hereby recognize May 15, 2026, as **Bike to Work Day** in the Town of Indian Head, Maryland, and encourage residents, employees, and visitors to participate in this environmentally friendly, healthy, and enjoyable event.

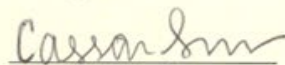
Signed this 15th day of May, 2026



Brandon Paulin
Mayor



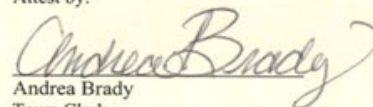
Ron Sitoula
Vice Mayor



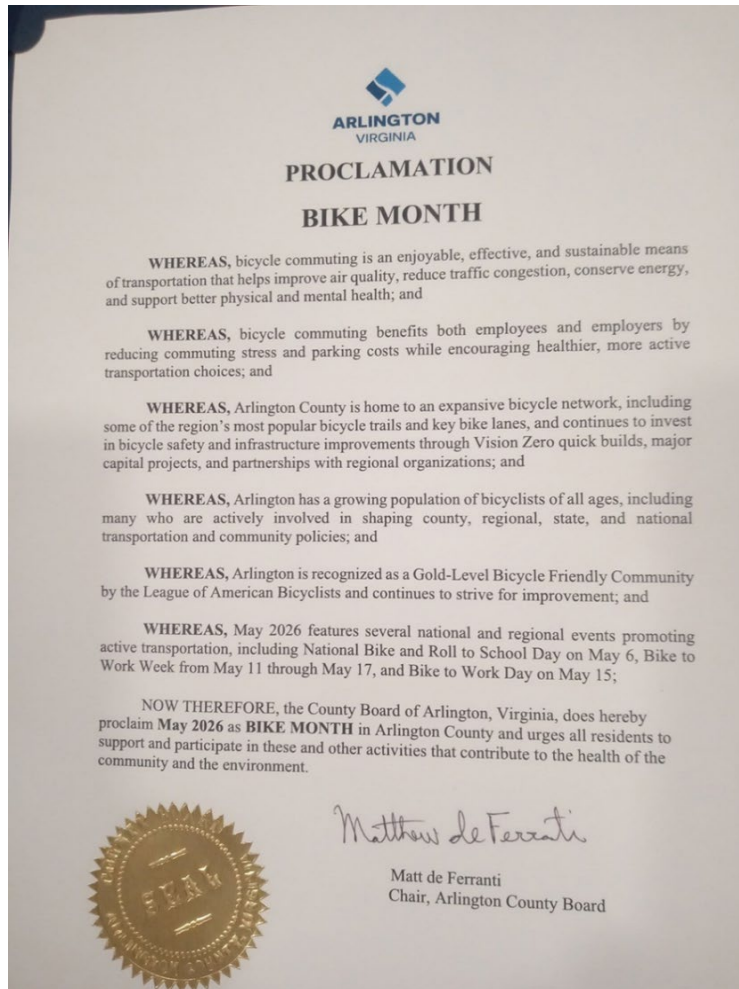
Cassandra Stillwell
Councilwoman



Attest by:



Andrea Brady
Town Clerk



Rippon Station Proclamation



Marketing

A comprehensive paid advertising campaign promoted the May 2026 Bike to Work Day event, including printed marketing materials that were distributed to each of the 107 local pit stops; all maintained a similar look and feel.

Flyer

A flyer for Bike to Work Day 2026. The top right features a decorative branch with purple blossoms. The main text on the right reads "BIKE TO WORK DAY 2026" in large purple letters, followed by "FRIDAY, MAY 15" and "25TH ANNIVERSARY" in a purple box. The left side lists event details: "FREE EVENT", "BIKETOWORKMETRODC.ORG", "REGISTER FOR FREE T-SHIRT* & BIKE RAFFLE", "WORKING FROM HOME? BIKE TO YOUR LOCAL PIT STOP & BACK HOME", and "FREE REFRESHMENTS & GIVEAWAYS AT PARTICIPATING LOCATIONS, WHILE SUPPLIES LAST". Below this is a grid of logos for various organizations including Commuter Connections, WABA, ICF, GO Alex, Arcteryx, National Landing, Bicycle Space, goDCgo, MDOT, VDOT, AASHTO, Fair Lakes, Giant, Capital Bikeshare, AL's, Vision Zero, Bikes & Vienna, Arlington Virginia, and American College of Cardiology. At the bottom left is a QR code and registration information. At the bottom right is a logo for "bike to work day 2026" featuring a silhouette of the Washington skyline and a cyclist. A small vertical text on the right edge says "Printed on recycled paper".

FREE EVENT
BIKETOWORKMETRODC.ORG
**REGISTER FOR
FREE T-SHIRT* & BIKE RAFFLE**
**WORKING FROM HOME?
BIKE TO YOUR LOCAL PIT STOP & BACK HOME**
FREE REFRESHMENTS & GIVEAWAYS
AT PARTICIPATING LOCATIONS, WHILE SUPPLIES LAST

**BIKE TO
WORK
DAY 2026**
FRIDAY, MAY 15
25TH ANNIVERSARY

Logos: COMMUTER CONNECTIONS, WABA, ICF, GO Alex, ARCTERYX, NATIONAL LANDING, BICYCLE SPACE, goDCgo, MDOT, VDOT, AASHTO, FAIR LAKES, Giant, capital bikeshare, AL's, VISION ZERO, BIKES & VIENNA, ARLINGTON VIRGINIA, AMERICAN COLLEGE OF CARDIOLOGY.

Register for free at
BIKETOWORKMETRODC.ORG
800.745.7433
#BTWD2026

Visit **biketoworkmetrodc.org** for pit stop locations and times.
*T-shirts available at pit stops to first 18,000 registrants.
Pit stops in D.C., Maryland, and Virginia!

The Bike to Work Day event is a program of the Metropolitan Washington Council of Governments and is funded by DDOT, MDOT, VDOT, and USDOT.

bike to work day 2026

Printed on recycled paper

EVENTO GRATUITO

CAMISETA GRATIS* Y EL
SORTEO DE UNA BICICLETA

REGÍSTRESE HOY EN
BIKETOWORKMETRODC.ORG

REFRIGERIOS Y OBSEDIOS EN LOS LUGARES QUE
PARTICIPAN HASTA AGOTAR EXISTENCIAS.

NO COMMUTER
CONNECTIONS

WABA

ICF

GO Alex

ARCTERYX

NATIONAL
LABOR

DC

GO

MDOT

VDOT

DC

AASHIO

FAIR LAKES

Giant

capital
bikeshare

ALC

VOICENERS

BEECHMOUNT

ARLINGTON
VIRGINIA

AMERICAN
COLLEGE of
LABOR RELATIONS

DÍA DE LA BICICLETA PARA IR AL TRABAJO 2026

VIERNES 15 DE MAYO
25TH ANIVERSARIO



Regístrate gratis en
BIKETOWORKMETRODC.ORG
644.745.3433



#OTWDC26

Visite biketoworkmetrodc.org para más información acerca de las paradas
localizadas en la ruta y los horarios. *Camisetas disponibles en las paradas
en la ruta a los primeros 10,000 participantes que se registren. Paradas en
la ruta en D.C., Maryland, and Virginia.

El evento de día de la bicicleta para ir al trabajo es un
programa de la Corporación Washington Council of Governments
y está financiado por DCOR, MDCOR, VDCOR, y UNICOR.



© 2025 Washington Council of Governments

Rack Cards



**BIKE TO
WORK
DAY 2026**

FRIDAY, MAY 15

25TH ANNIVERSARY

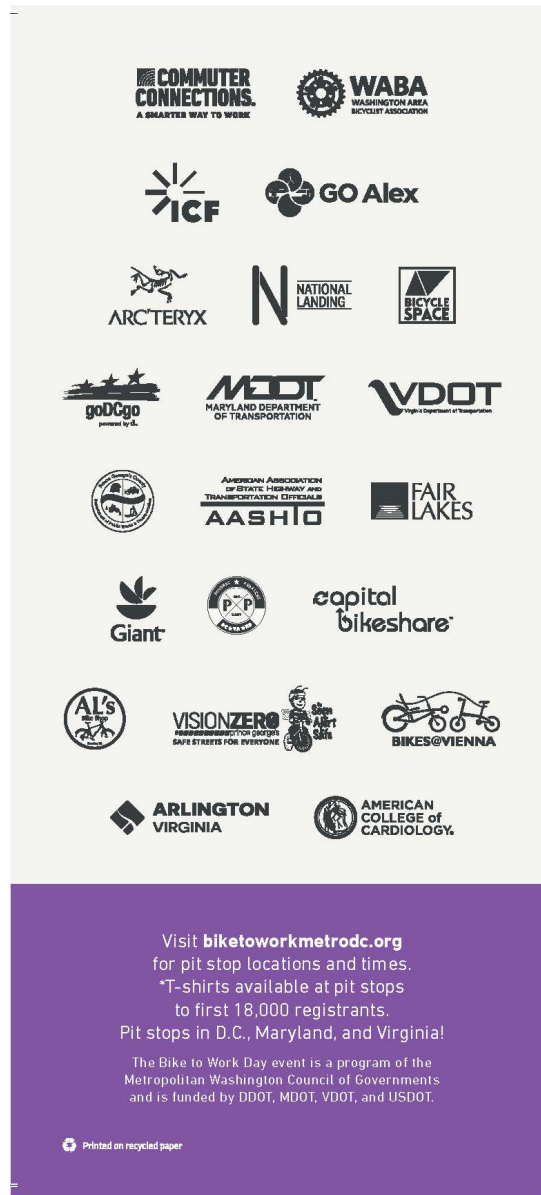
FREE EVENT
[BIKETOWORKMETRODC.ORG](https://biketoworkmetrodc.org)
 REGISTER FOR FREE T-SHIRT* & BIKE RAFFLE
 WORKING FROM HOME? BIKE TO YOUR LOCAL PIT STOP & BACK HOME

FREE REFRESHMENTS & GIVEAWAYS
 AT PARTICIPATING LOCATIONS, WHILE SUPPLIES LAST

Register for free at
[BIKETOWORKMETRODC.ORG](https://biketoworkmetrodc.org)
 800.745.7433

#BTWD2026

bike to work day
2026



COMMUTER CONNECTIONS.
A SMARTER WAY TO WORK

WABA
WASHINGTON AREA
BIKECLUB ASSOCIATION

ICF

GO Alex

ARC'TERYX

NATIONAL LANDING

BICYCLE SPACE

goDCgo
powered by d.c.

MDOT
MARYLAND DEPARTMENT
OF TRANSPORTATION

VDOT
Virginia Department of Transportation

AASHIO
AMERICAN ASSOCIATION
OF STATE HIGHWAY AND
TRANSPORTATION OFFICIALS

FAIR LAKES

Giant

P&P

capital bikeshare

AL's

VISION ZERO
REDUCING THE NUMBER OF TRAFFIC
DEATHS AND INJURIES TO ZERO

BIKES@VIENNA

ARLINGTON VIRGINIA

AMERICAN COLLEGE OF CARDIOLOGY

Visit biketoworkmetrodc.org
for pit stop locations and times.
 *T-shirts available at pit stops
 to first 18,000 registrants.
 Pit stops in D.C., Maryland, and Virginia!

The Bike to Work Day event is a program of the
 Metropolitan Washington Council of Governments
 and is funded by DDOT, MDOT, VDOT, and USDOT.

Printed on recycled paper

YouTube Video



Outdoor Banner Art Template



Digital Banner Ads



FREE EVENT
BIKETOWORKMETRODC.ORG

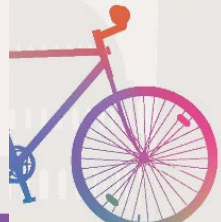


**BIKE TO
WORK
DAY 2026**
FRIDAY, MAY 15
25TH ANNIVERSARY

REGISTER AND ATTEND FOR
FREE T-SHIRT* AND BIKE RAFFLE
800.745.7433 *SEE WEBSITE FOR DETAILS



FREE EVENT
BIKETOWORKMETRODC.ORG



**BIKE TO
WORK
DAY 2026**
FRIDAY, MAY 15
25TH ANNIVERSARY

REGISTER AND ATTEND FOR
FREE T-SHIRT* AND BIKE RAFFLE
800.745.7433 *SEE WEBSITE FOR DETAILS



FREE EVENT
BIKETOWORKMETRODC.ORG



**BIKE TO
WORK
DAY 2026**
FRIDAY, MAY 15
25TH ANNIVERSARY

REGISTER AND ATTEND FOR
FREE T-SHIRT* AND BIKE RAFFLE
800.745.7433 *SEE WEBSITE FOR DETAILS



Social Media



**BIKE TO
WORK
DAY 2026**
FRIDAY, MAY 15
25TH ANNIVERSARY



**BIKE TO
WORK
DAY 2026**
FRIDAY, MAY 15
25TH ANNIVERSARY



**BIKE TO
WORK
DAY 2026**
FRIDAY, MAY 15
25TH ANNIVERSARY



**BIKE TO
WORK
DAY 2026**
FRIDAY, MAY 15
25TH ANNIVERSARY



T-Shirts

Front



Back



PANTONE® 2745 U



Press Releases



NEWS RELEASE

Bike to Work Day celebrates 25 years in the DMV; Register for the free event today

Mar 2, 2026



The annual Bike to Work Day is celebrating 25 years of healthy and happy biking in the metropolitan Washington region! Registration for this free event on Friday, May 15, 2026 is now open to commuters in the District, Suburban Maryland, and Northern Virginia.

Organized by the Metropolitan Washington Council of Governments' (COG) Commuter Connections program and the Washington Area Bicyclist Association (WABA), Bike to Work Day is a chance to feel the freedom and invigoration of pedaling to the office. Register today for the popular spring tradition that encourages commuters to try bicycling to work as a more affordable and greener way to work.

Participants have 100 "pit stop" stations to choose from on their commute to the office. Visit biketoworkmetrodc.org to find your nearest pit stop location and event hours. The first 18,000 who register and attend a pit stop will receive a free commemorative purple Bike to Work Day T-shirt and bike raffle entry. Many pit stops will provide free giveaways, snacks, beverages, and other entertainment.

Not an experienced bicyclist? No problem! Beginners are encouraged to participate as Bike to Work Day is a great opportunity to try bicycling to work for the first time. Bike solo or with a partner for a fun and rewarding experience. Free bicycle convoys will also be available along certain routes, led by experienced volunteer bicycle commuters.

Register at biketoworkmetrodc.org or by calling (800) 745-7433 to secure your spot! Follow Commuter Connections on X @BikeToWorkDay and Facebook @BikeToWorkDayMetroDC and use #BTWD2026.

Bike to Work Day 2026 is made possible, in part, through the generous support of regional sponsors, including ICF, GO Alex, National Landing, Arc'teryx, goDCgo, and BicycleSPACE.

Commuter Connections is a program of the National Capital Region Transportation Planning Board (TPB) at the Metropolitan Washington Council of Governments (COG).



NEWS RELEASE

DMV Region Rides into Bike to Work Day 2026 on Friday to Celebrate 25 Years

Area Leaders Join Thousands of Commuters in Annual Regionwide Celebration

Washington, DC (May 14, 2026) – More than 10,000 commuters across the region are expected to trade four wheels for two during Bike to Work Day 2026, happening this Friday, May 15. Organized by the Metropolitan Washington Council of Governments' (COG) Commuter Connections program and the Washington Area Bicyclist Association (WABA), this annual event promotes active commuting, cuts down on traffic congestion, and helps improve air quality.

With more than 100 pit stops across the District of Columbia, Maryland, and Virginia, cyclists will enjoy free refreshments, giveaways, and community spirit at most pit stops, while supplies last. The first 18,000 registrants will receive a free commemorative T-shirt, and all who register and check in at a pit stop will be entered to win a new bike. Many locations will also offer complimentary bike tune-ups and other family-friendly activities. Registration is free and open now at <https://www.biketoworkmetrodc.org/>

"Marking the historic milestone of 25 years, Bike to Work Day remains focused on choosing a healthier, more sustainable future for our region," said Daniel Sheehan, Director of Commuter Connections at COG. "Whether you are a daily cyclist or riding for the first time, Friday is the perfect opportunity to experience the benefits of biking and join our growing commuter community."

Elected officials and other public leaders are expected to make appearances at select pit stops, providing riders a unique opportunity to connect with local decision-makers while celebrating the cycling community.

The following Bike to Work Day pitstops will feature local elected officials:

DISTRICT OF COLUMBIA

Northeast

Pit Stop: NoMa at Wunder Garten
DC Councilmember Ward 6, Charles Allen

Northwest

Pit Stop: Adams Morgan
DC Councilmember Ward 1, Brianne Nadeau

Pit Stop: Franklin Park
District Department of Transportation Director, Sharon Kershbaum

Southeast

Pit Stop: Capitol Hill at Eastern Market
DC Councilmember Ward 6, Charles Allen

MARYLAND

Charles County

Pit Stop: La Plata
Town of La Plata Mayor, Jeannine James
Charles County Commissioner President and COG Board Chair, Reuben Collins

Pit Stop: Indian Head
Town of Indian Head Mayor, Brandon Poulin

Frederick County

Pit Stop: Frederick Downtown at Transit Center
Frederick County Executive, Jessica Fitzwater
City of Frederick Mayor, Michael O' Connor
City of Frederick Council Member, Sarah Hempel Irani
City of Frederick Council Member, Derek Shackelford

Montgomery County

Pit Stop: Downtown Bethesda
Maryland State Delegate, Marc Korman
Maryland State Delegate, Sarah Wolek
Montgomery County Councilmember, Andrew Friedson

Pit Stop: North Bethesda at Pike & Rose
Montgomery County Councilmember, Kate Stewart

Pit Stop: Silver Spring at Veterans Plaza
Montgomery County Councilmember, Evan Glass
Maryland Department of Transportation Assistant Secretary, Jawauna Greene

Pit Stop: Takoma Park - Downtown/Old Town
City of Takoma Park Mayor, Talisha Searcy

Prince George's County

Pit Stop: New Carrollton
City of New Carrollton Mayor, Phelecia E. Nembhard

VIRGINIA

Arlington County

Pit Stop: Ballston at Welburn Square
Arlington County Board Chair, Matt de Ferranti,
Arlington County Board Vice-Chair, Maureen Coffey

Pit Stop: Columbia Pike at Penrose Square
Arlington County Board Member, Julius D. "JD" Spain, Sr.

Pit Stop: Rosslyn at Gateway Park
Arlington County Board Vice-Chair, Maureen Coffey
Arlington County Board Member, Susan Cunningham

City of Alexandria

Pit Stop: John Carlyle Square Park
City of Alexandria Mayor, Alyia Gaskins
City of Alexandria Vice Mayor, Sarah Bagley
City of Alexandria Councilmember, John Chapman
City of Alexandria Councilmember, Canek Aguirre
City of Alexandria Councilmember, Jacinta Greene

City of Falls Church

Pit Stop: City of Falls Church at W&OD Trail
City of Falls Church Mayor, Letty Hardi

Fairfax County

Pit Stop: Herndon Town Hall Green
Virginia Department of Transportation NOVA District Engineer, Bill Cutler

Loudoun County

Pit Stop: Sterling

Loudoun County Supervisor (Algonkian), Juli Briskman

Commuter Connections thanks the major sponsors of Bike to Work Day 2026: ICF, GO Alex, National Landing, Arc'teryx, goDCgo, and BicycleSPACE.

Whether someone is a seasoned cyclist or a curious newcomer, Commuter Connections and WABA invites everyone to participate in Bike to Work Day. Those working from home can bike to a local pit stop and back home to work.

Free registration for Bike to Work Day is available at www.biketoworkmetrodc.org or by calling (800) 745-7433.

Follow Commuter Connections on X at @BikeToWorkDay and Facebook at @BikeToWorkDayMetroDC and use #BTWD2026.

CONTACT:

Izam Izzadeen; iizzadeen@mwkog.org; (202) 962-3250

Commuter Connections, www.commuterconnections.org is a program of the National Capital Region Transportation Planning Board at the Metropolitan Washington Council of Governments, www.mwcog.org. Commuter Connections has provided ridematching services since 1974, promotes bicycling to work, transit, and other alternatives to drive alone commuting, and offers the free Guaranteed Ride Home program, the CommuterCash app, and other incentives. Commuter Connections, is funded by the District of Columbia, Maryland, Virginia, and U.S. Departments of Transportation.

The Washington Area Bicyclist Association creates a healthy, more livable region by promoting bicycling for fun, fitness, and affordable transportation; advocating for better bicycling conditions and transportation choices for a healthier environment, and educating children, adults, and motorists about safe bicycling.



Contributors

Metropolitan Washington Council of Governments (COG)

Dan Sheehan 
Douglas Franklin
James Davenport
Christian Bacon
Lindsay Haake

Washington Area Bicyclist Association (WABA)

Colin Browne
Jeslyn Zakes

District, Maryland, Virginia, and U.S. Departments of Transportation

For their continued funding support of Commuter Connections

Both COG and WABA thank the organizations and individuals listed below who managed a local pit stop(s) to help make Bike to Work Day 2026 a fun and rewarding event!

Margaret Smith	A-1 Cycling/Active Prince William
Brian Barrie	Adams Morgan Partnership BID
Desiree McPherson	Amazon
Jacob Crouse	American College of Cardiology
Sharan Zirges	American Physical Therapy Association (APTA)
Ryen Washington	Anacostia Business Improvement District
Diana Gutierrez	Architect of the Capitol
Karen January	Army National Guard Bureau, HQ
Chris Militello	Arrow Bicycle
Marcus Johnson	Bethesda Transportation Solutions
Philip Koopman	BicycleSPACE
Lauren Hassel	BikeArlington
Robert Walker	Bladensburg Waterfront Park/ PG Parks/ M-NCPPC
Eirik Harteis	Bridgeway Bikes
Austin Shea	Bryant Street NE
McKenna Boyland	Capitol Hill Business Improvement District

Terra Sheppard	Capitol Riverfront Business Improvement District
Morgan Babcock	Carlyle Council
Tyler Stancill	Catbird Bike Outfitters
Markus Tarjamo	Charles County Government
Katye North	City of Alexandria/GO Alex
Ridwan Coker	City of Bowie
Carlos Nunes	City of College Park
Chloe Ritter	City of Fairfax
Jenna Brummond	City of Falls Church
Brian Fields	City of Gaithersburg
Patrick Mullen	City of Greenbelt
Alanna Mensing	City of Manassas Park
Sarah Lifsey	City of Mount Rainier Green Team
Araceli Guzman-Benitez	City of New Carrollton
Kaysi-Ann Webley	City of Takoma Park and Takoma Bicycle
Julian Morales	Conte's Bike Shop
Yue Han	DowntownDC Business Improvement District
Joy Faunce	Fairfax Alliance for Better Bicycling
Andrew Sheldon	Fairfax County Dept of Transportation
Joanna Fitzpatrick	Fairfax County Government
Ted Lockie	Fairfax County Park Authority
Doreen Henry	Fairfax County Park Authority
Boris Arevalo	Fairfax County Park Authority
Charmelis Reyes	Fehr & Peers
Jennifer Bolick	FOVNDRY (MCDOT Commuter Services)
Charice Smith	Garrison Safety Office
Kate Colgan	Georgetown BID with BellRinger
Kristin Knight	Golden Triangle BID
Megan Hurst	Great Harvest Bread
Ginger Brown	Langston Boulevard Alliance
Judy Galen	Loudoun County Transit and Commuter Services
Alyssa Brooks	Macerich - Tysons Corner Center
Jesse B Rauch	metrobar
James Carlson	Montgomery County Commuter Services
Michelle Golden	Montgomery County Commuter Services
Laura Van Eperen	Montgomery County Commuter Services
Maritza De La Vega	Montgomery County Commuter Services
Stacy Leach	Montgomery County Commuter Services
Molly Longton	National Geographic Society

Sean Cullinane	National Institutes of Health
Matthew Jones	National Landing Business Improvement District
Julie Kutruff	National Park Service, National Capital Parks-East
Gabriela Atkinson	Neo Niche Strategies
Delonte Kitt	NoMa Business Improvement District
Traci McPhail	North Bethesda Transportation Center
Kim Ward	Office of Sully District Supervisor Kathy L. Smith, Fairfax County Board of Supervisors
Curt Hansen	Old City Market and Oven
Sarah McGowan	OmniRide
Tina Hanna	Peterson Companies
Tiffany Jennings	Prince George's County Dept of Public Works and Transportation
Michael Jackson	Prince George's County Planning Department
Orlando Martinez	Prince William County
Bryce Barrett	Prince William County Dept of Transportation
George Phillips	Prince William County Dept of Transportation
Evandro Santos	Prince William County Dept of Transportation
Dan Pittman	Prince William Parks & Recreation
Soojin Choi	Southwest Business Improvement District
Peyton Onks	Supervisor Pat Herrity, Fairfax County Board of Supervisors Springfield District
Anne Cochrane	The Bike Lane
Janee Toy	The Town of Berwyn Heights
Mary Katherine Cusack	The Wharf
Reacha O'Neal	Tower Companies
Yvette Ragland	Town of Dumfries
Anarosa Chicas	Town of Herndon Parks & Rec
Charlie Strunk	Town of Vienna Bicycle Advisory Committee
Mary Dennis	Transit Services of Frederick County
Lisa Delamater	Transwestern
George Clark	Tri-County Council for Southern Maryland
Jessica Dee	Tysons Community Alliance
Kimber Heida	U.S. Coast Guard
David Manchas	U.S. Food and Drug Administration
Aysha Cohen	University of Maryland Dept of Transportation Services
Andy Fisher	Vélocity Bicycle Cooperative
Alexa Disch	VIDA Fitness City Vista
Daniel Hayes	Volunteer

Ezra Deutsch-Feldman
Linsey Burch
Hugh McGloin
Antonio Rossi
Sky Shane

Ward 3 Bike Advocates
Wells + Associates
WHS Transportation Management Program Office
WMATA
Workhouse Arts Center