

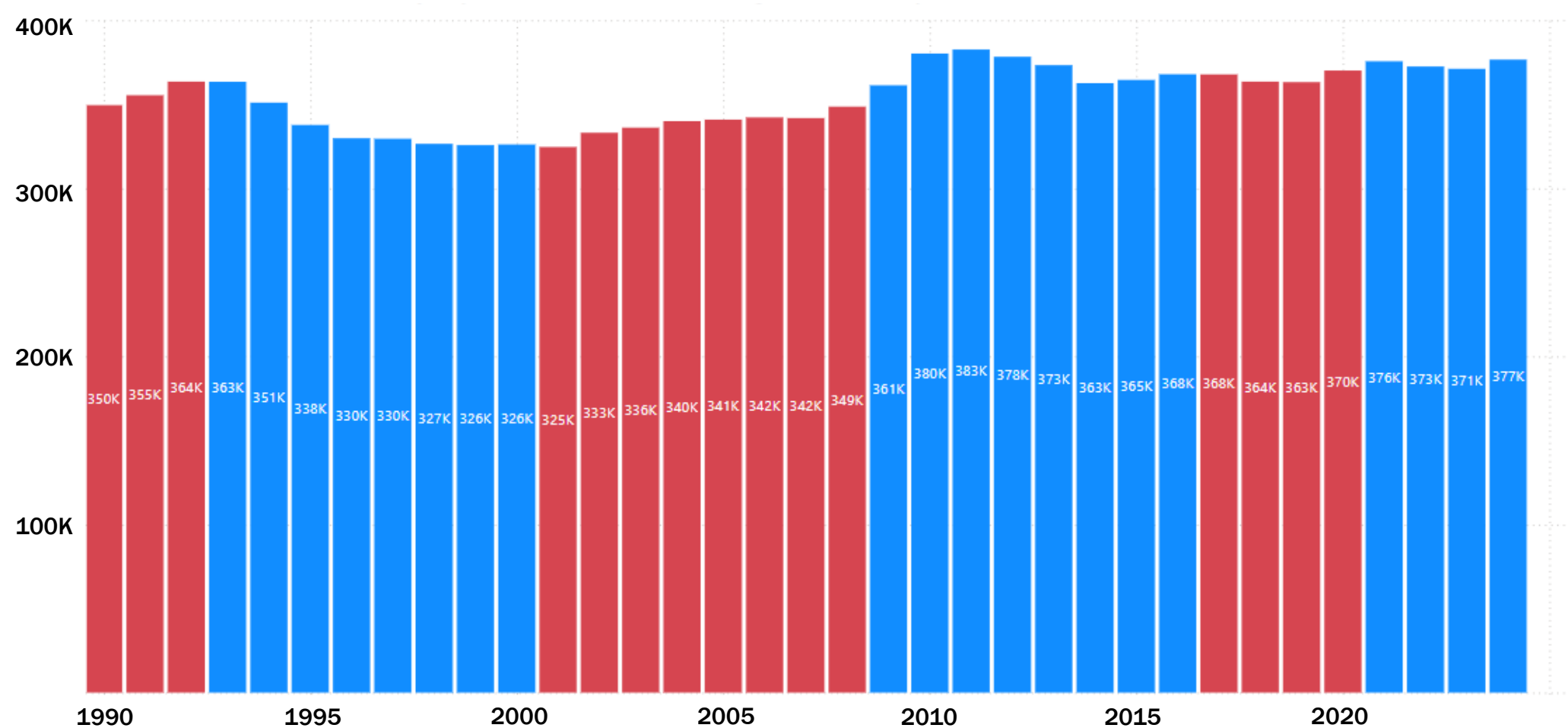
CHANGES TO THE FEDERAL WORKFORCE AND IMPACTS TO THE REGION

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Planning Directors Technical Advisory Committee
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Decades of Stability: Historical Employment Levels of the Federal Government

Federal jobs located in the COG metropolitan Washington region



Source: BLS, Current Employment Statistics. Not seasonally adjusted, 2024.

HHS Announces Transformation to Make America Healthy Again

Washington, D.C. — March 27, 2025 — Today, the U.S. Department of Health and Human Services (HHS) announced a dramatic restructuring in accordance with President Trump's Executive Order, "Implementing the President's 'Department of Government Efficiency' Workforce Optimization Initiative."



Trump administration plans for sharp FEMA cuts fuel worries for some Republicans, state officials

By Annie Grayer, CNN
5 minute read · Published 8:00 AM EST, Fri February 21, 2025



PRESS RELEASE

U.S. Department of Education Initiates Reduction in Force

MARCH 11, 2025

As part of the Department of Education's final mission, the Department today initiated a reduction in force (RIF) impacting nearly 50% of the Department's workforce. Impacted Department staff will be placed on administrative leave beginning Friday, March 21st.



Understanding the Impact: DC - MD - VA

- Some commonly cited statistics underestimate the full potential impact of changes to the federal workforce across the region.
 - The U.S. Census - American Community Survey shows where federal employees live in the region vs. where they work.



Pentagon (TouchOfLight/Wikimedia)



FEMA (COG)



NOAA (COG)

Federal Government Workers by Place of Residence

Source: U.S. Census Bureau, "Class of Worker by Sex for the Full-Time, Year-Round Civilian Employed Population 16 Years and Over," American Community Survey 5-Year Estimates, 2023, Table S2409.

JURISDICTIONS	RESIDENTS WHO ARE FEDERAL GOVT. EMPLOYEES (FULL-TIME, YEAR-ROUND CIVILIAN WORKERS)	RESIDENTS WHO ARE EMPLOYED (FULL-TIME, YEAR-ROUND CIVILIAN WORKERS)	SHARE OF EMPLOYED RESIDENTS WHO ARE FEDERAL WORKERS
District of Columbia	63,072	289,685	21.8%
Maryland (COG Region only)	163,818	964,020	17.0%
Virginia (COG Region only)	172,499	1,058,418	16.3%
COG Region	399,389	2,312,123	17.3%
District of Columbia	63,072	289,685	21.8%
Maryland (Statewide)	302,663	2,334,809	13.0%
Virginia (Statewide)	321,516	3,147,719	10.2%
Total DC MD VA (Statewide)	687,251	5,772,213	11.9%

Federal Government Workers by Place of Residence

Source: U.S. Census Bureau, "Class of Worker by Sex for the Full-Time, Year-Round Civilian Employed Population 16 Years and Over," American Community Survey 5-Year Estimates, 2023, Table S2409.

Jurisdictions	Federal Government Workers	Total Workers	Share of Employed Residents Who Are Federal Workers
District of Columbia	63,072	289,685	21.8%
Maryland COG Members			
Charles County	17,735	68,543	25.9%
Frederick County	12,171	109,928	11.1%
City of Frederick ¹	3,481	32,248	10.8%
Montgomery County	68,848	410,513	16.8%
City of Gaithersburg ¹	3,748	27,603	13.6%
City of Rockville ¹	6,092	27,266	22.3%
City of Takoma Park ¹	1,135	6,578	17.3%
Prince George's County	65,064	375,036	17.3%
Town of Bladensburg ¹	275	3,066	9.0%
City of Bowie ¹	5,419	24,872	21.8%
City of College Park ¹	800	8,334	9.6%
City of Greenbelt ¹	1,357	9,599	14.1%
City of Hyattsville ¹	1,317	9,151	14.4%
City of Laurel ¹	1,901	13,148	14.5%
Virginia COG Members			
Arlington County	25,067	116,039	21.6%
City of Alexandria	16,793	75,548	22.2%
Fairfax County	76,749	458,767	16.7%
City of Fairfax	1,120	9,737	11.5%
City of Falls Church	1,186	5,771	20.6%
Loudoun County	19,391	179,770	10.8%
Prince William County	29,833	188,258	15.8%
City of Manassas	1,634	16,974	9.6%
City of Manassas Park	726	7,554	9.6%
COG Region	399,389	2,312,123	17.3%

Analysis of American Community Survey data by COG Staff, Metropolitan Washington Council of Governments.

Data for small geographies are based on a smaller sample size, data at this level has a higher margin of error.

¹ Included in respective Maryland county total

Reduction in Force: Unemployment Scenarios

Urban Institute

- Scenario showing up to 75% reduction in the federal workforce for DC MSA would lead to 9.6% unemployment rate.

UVA Weldon Cooper Center

- 10% reduction in the federal workforce would result in 40K Virginia jobs lost, offsetting initial forecast of 40K jobs to be added for 2025.



VOA (COG)



DOE
(COG)



HHS (COG)

Median Earnings for Federal Government Workers

Source: U.S. Census Bureau, "Class of Worker by Sex and Median Earnings in the Past 12 Months (in 2023 Inflation-Adjusted Dollars) for the Full-Time, Year-Round Civilian Employed Population 16 Years and Over," American Community Survey 5-Year Estimates, 2023, Table S2419.

Jurisdictions	Federal Government Workers	Median Earnings for Federal Workers	Potential Loss of Earnings 10% Loss of Federal Workers
District of Columbia	63,072	\$127,336	\$803,133,619
Maryland COG Members			
Charles County	17,735	\$114,633	\$203,301,626
Frederick County	12,171	\$122,463	\$149,049,717
City of Frederick ¹	3,481	\$111,745	\$38,898,435
Montgomery County	68,848	\$136,195	\$937,675,336
City of Gaithersburg ¹	3,748	\$124,461	\$46,647,983
City of Rockville ¹	6,092	\$118,805	\$72,376,006
City of Takoma Park ¹	1,135	\$139,028	\$15,779,678
Prince George's County	65,064	\$110,383	\$718,195,951
Town of Bladensburg ¹	275	\$62,279	\$1,712,673
City of Bowie ¹	5,419	\$129,904	\$70,394,978
City of College Park ¹	800	\$124,231	\$9,938,480
City of Greenbelt ¹	1,357	\$111,806	\$15,172,074
City of Hyattsville ¹	1,317	\$120,156	\$15,824,545
City of Laurel ¹	1,901	\$108,255	\$20,579,276
Virginia COG Members			
Arlington County	25,067	\$140,594	\$352,426,980
City of Alexandria	16,793	\$130,475	\$219,106,668
Fairfax County	76,749	\$141,620	\$1,086,919,338
City of Fairfax	1,120	\$143,125	\$16,030,000
City of Falls Church	1,186	\$150,192	\$17,812,771
Loudoun County	19,391	\$147,763	\$286,527,233
Prince William County	29,833	\$126,452	\$377,244,252
City of Manassas	1,634	\$124,265	\$20,304,901
City of Manassas Park	726	\$107,185	\$7,781,631
Washington-Arlington-Alexandria, DC-VA-MD-WV Metro Area	431,635	\$129,768	\$5,601,241,068

Analysis of American Community Survey data by COG Staff, Metropolitan Washington Council of Governments
Data for small geographies are based on a smaller sample size, data at this level has a higher margin of error.

¹Included in respective Maryland county total

Median Earnings for Federal Government Workers

Metro area **\$130K** (median annual federal earnings) X **40,000 Workers** (10% of regional federal workforce)
= \$5.6 Billion

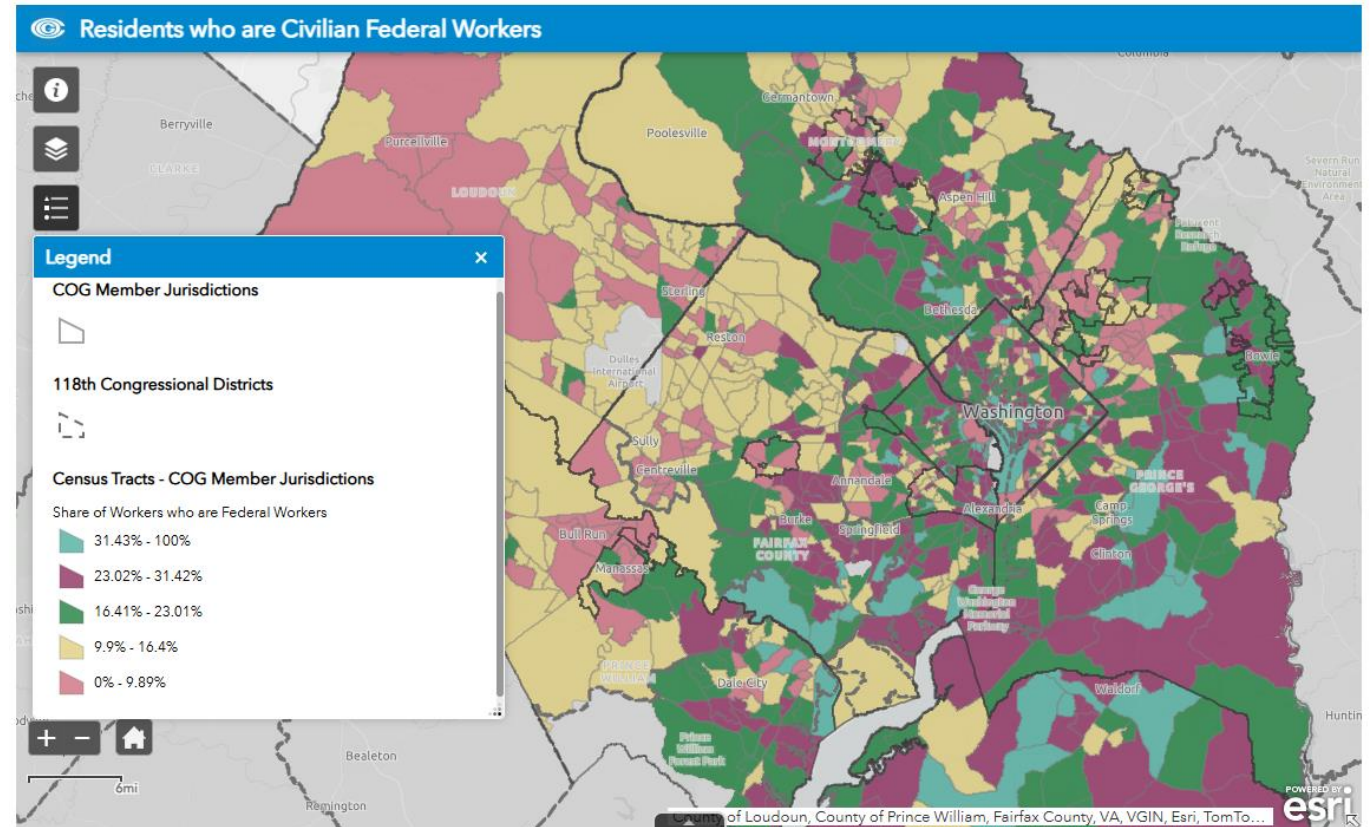
Analysis of American Community Survey 5-Year Estimates, 2023 data by COG Staff

Federal Workforce Resources and Data

Web page:

mwcog.org/federalworkforce

- Local/state government resources websites
- Employment events/job fairs
- Data dashboard on federal workers and jobs as well as regional economic indicators



Source: U.S. Census Bureau, "Class of Worker by Sex for the Full-Time, Year-Round Civilian Employed Population 16 Years and Over," American Community Survey 5-Year Estimates, 2023, [Table S2409](#)

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