



BIKE TO WORK DAY

2025 Participant Survey

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Bike to Work Day Steering Committee
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Survey Background

- Emailed to 12,223 Bike to Work Day 2025 registrants
- Collection period November 1 to November 20, 2025
- Included questions regarding use of bicycling for commuting before and after the event, and ongoing level of bike commuting
- 1,625 responses / 13.3% response rate
- Preliminary Findings

Demographics – Bike Ownership – Bike Type

Age

- 33% were 18 to 44 years of age
- 67% were 45 or older

Bike Ownership

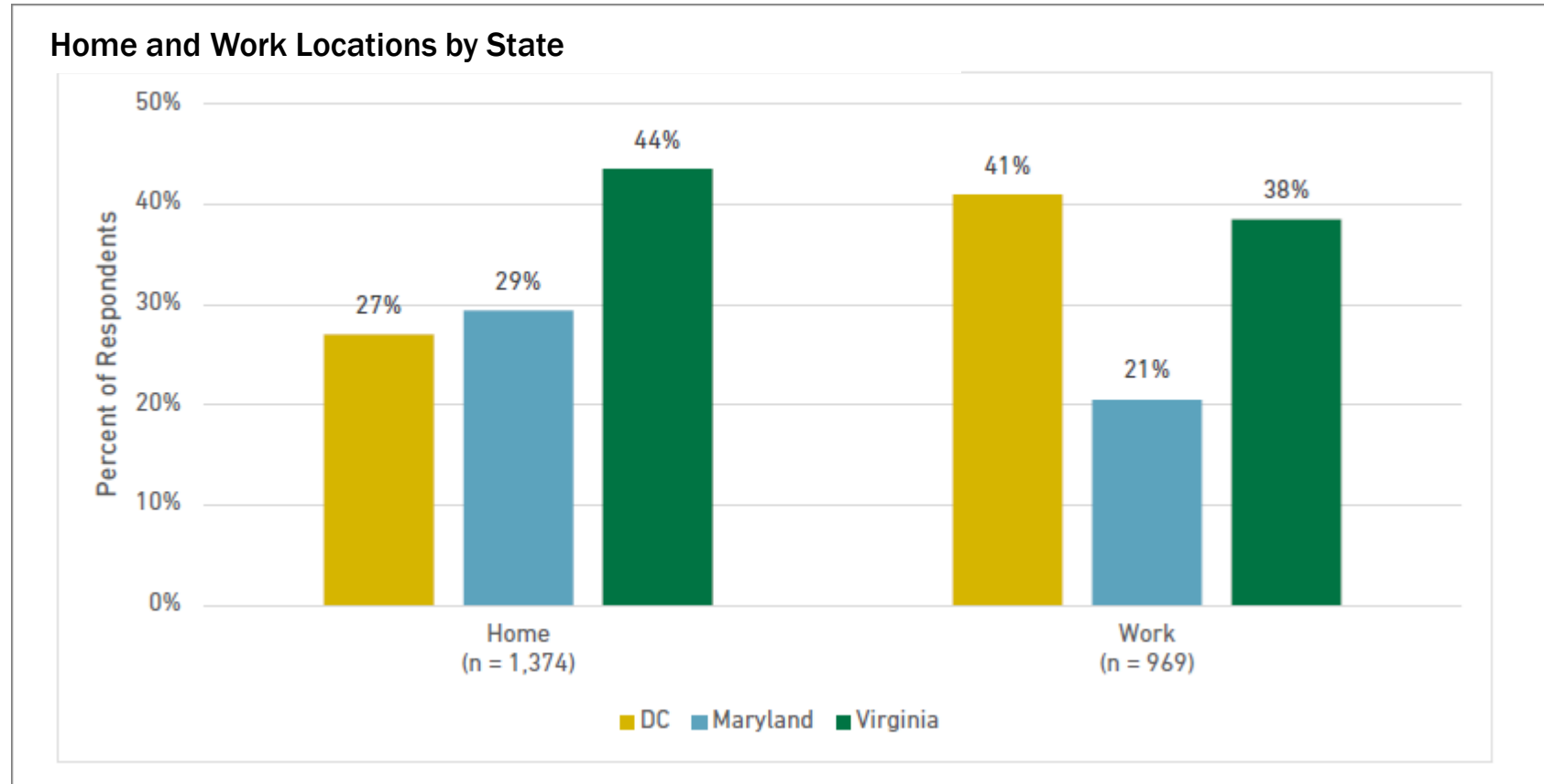
- 93% rode own bike
- 6% rode Capital Bikeshare
- 1% rode dockless or borrowed bike

Type of Bike

- 86% rode standard pedal bike
- 14% rode electric bicycle

Source: Commuter Connections 2025 Bike to Work Day Participant Survey Draft Report

Home and Work Locations



Source: Commuter Connections 2025 Bike to Work Day Participant Survey Draft Report

Distance

Distance Biked

- One-way distance avg of 9.1 miles for event

Portion of Commute by Bike

- 76% biked full distance from home to work
- 16% biked to event and back home to telework
- 5% biked part of the trip and took transit for part
- 3% drove to Park & Ride Lot then biked to work

Source: Commuter Connections 2025 Bike to Work Day Participant Survey Draft Report

Behavior

Bike Commuting Change

- 25% started or increased bike commuting after event

Recurring Participation and Referral

- 99% somewhat or very likely to participate again
- 98% somewhat or very likely to recommend event

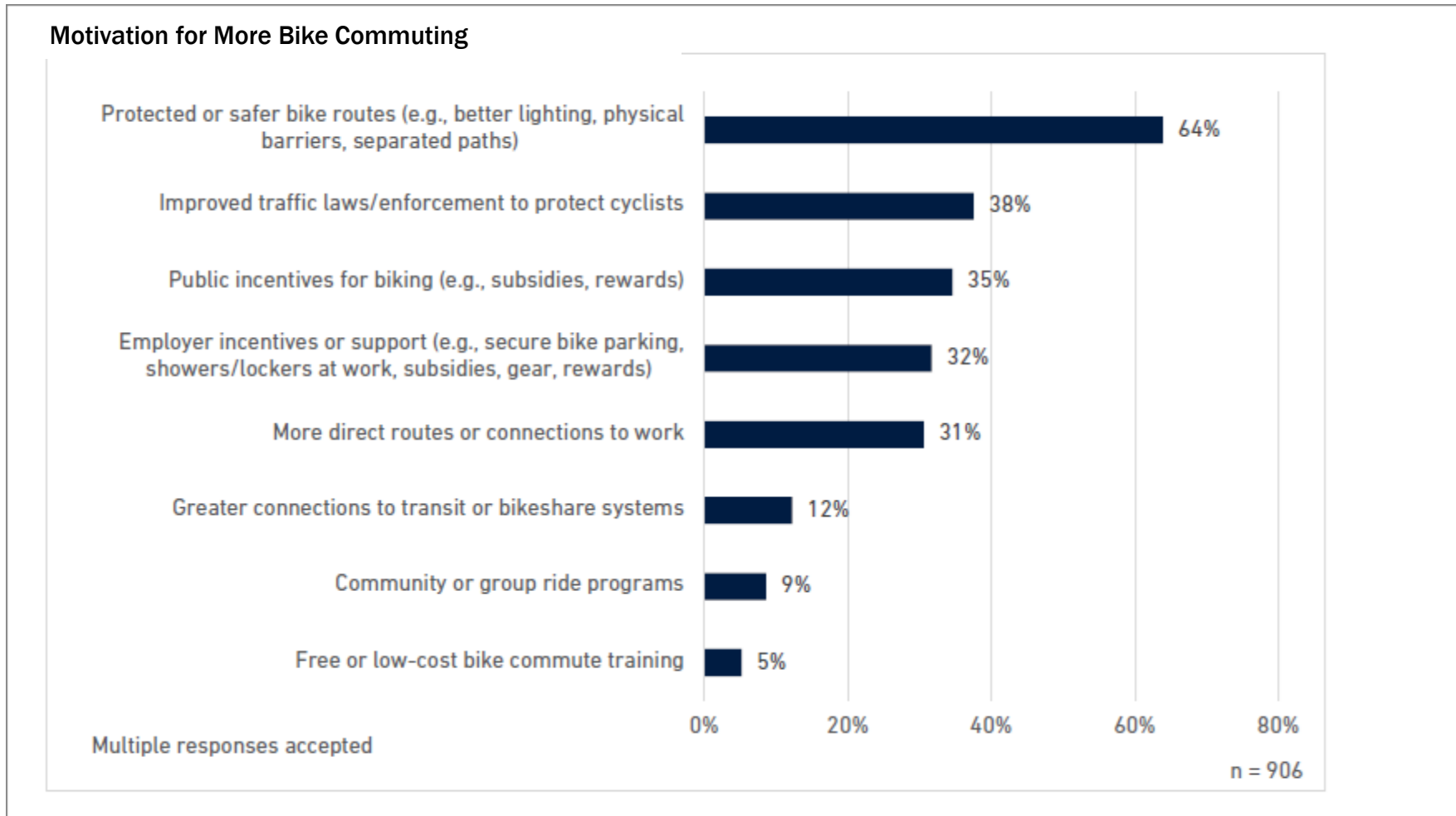
Source: Commuter Connections 2025 Bike to Work Day Participant Survey Draft Report

Employer Provided Bike Commute Assistance

- Most respondents (81%) reported some type of bike assistance provided by employer
- Common services cited include:
 - Bike racks (60%)
 - Secure bike storage (48%)
 - Showers on-site (59%)
 - Personal lockers / locker room access (37%)

Source: Commuter Connections 2025 Bike to Work Day Participant Survey Draft Report

Bike Commuting Motivation



Source: Commuter Connections 2025 Bike to Work Day Participant Survey Draft Report

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